

Dear Parents,

Although the days have been hard in so many ways, we have arrived at the week of Ash Wednesday and the beginning of Lent. This reminds me that Easter is just around the corner. We need the hope and rejuvenation that Easter brings now, more than ever.

Let's pray together this week for:

- For the church, open to the spirit of change during Lent
- For world leaders that they use their authority wisely
- For those struggling with difficulty in their lives
- For our parish community as we work to bring the Good News to everyone we meet

The lesson plan this week is to complete the exercise in their duo tang and cover the chapter in their work book. If you have been keeping up with the weekly lessons that is great. If you have fallen behind, don't worry... it is never too late to put in a bit more time to catch up. I will be collecting the duo tangs in the Spring.

The chapter to cover in their "Be My Disciples" book this week is:

- Level One – Chapter 24
- Level Two – Chapter 24
- Level Three – Chapter 24
- Level Four – Chapter 24
- Level Five – Chapter 24
- Level Six – Chapter 24

You will find below the duo tang masters that show different questions than those you received in your duo tang. Remember, the questions to be answered are those in the duo-tang you received at book pick-up, not the questions on the masters below. I encourage you to use the questions below to open a dialogue with your child.

The prayer service this week can be found at <https://worship.pastoral.center/day/2021-02-21>

Feel free to email me if you have any questions.

Have a Blessed week!

Beverley

*Beverley Wiltsie*

Director of Family Faith Education

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# THE LORD'S PRAYER

## *Learn the Lessons*

Matthew 6:9-13; Luke 11:1-14 ♦ RHYTHM STORY

“Our Father in heaven”  
are the words that we say  
as we begin the prayer  
Jesus taught us to pray.

Our daily bread’s a gift  
that shows God’s loving care.  
May we always want to share  
with God’s people everywhere.

Hallowed be Thy name—  
God’s great. It’s true.  
Let our words and our deeds  
honor God in all we do.

“Forgive our sins” we pray  
as we forgive each other  
Let’s show God’s love to all—  
each sister and each brother.

“Thy kingdom come” seems simple!  
These are easy words to say.  
They mean we must do God’s will  
each and every day.

Temptation—lead us from it.  
Keep us from evil, too.  
May our life be an example  
of praise in all we do.

Thy will be done on earth  
as it is in heaven, too.  
May others know God’s love  
through all the things we do.

The kingdom and the power  
and all the glory, too  
Are given unto God—  
unto the Lord it’s due.

# Stay Strong

*This Week's Readings at Mass*

- ▶ Genesis 9:8-15 - Covenant with Noah
- ▶ 1 Peter 3:18-22 - The purpose of Christ's suffering
- ▶ Mark 1:12-15 - Jesus' temptation; the call to conversion

This is the first Sunday of Lent, and we have 40 days stretching ahead of us before Easter. Maybe by now you have settled on some sort of Lenten commitment for the next six weeks. We often think about Lent as a time to give up a bad habit or something that we know isn't good for us, such as coffee, sweets, or alcohol. Traditionally, Catholics are encouraged to commit to something in three areas: prayer, fasting, and almsgiving (giving to the poor).

We are encouraged to strengthen our prayer lives. If we have a prayer practice, maybe we can add a little time to it or add in something extra. If we haven't been good at making regular time for prayer, Lent can be the push we need to get a regular practice started. It could be as simple as following a Lenten prayer booklet or online daily retreat program, or getting up a few minutes early to pray and journal.



JFD

IT'S NICE TO KNOW YOU LOVE ME. ...and I do, unconditionally.

THROUGH THICK AND THIN. yes.

SO TODAY WITH THAT GUY IN THE CHECKOUT LINE... um-hmm - thin.

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"I will recall the covenant I have made between me and you and all living beings."  
**Sheepish Question:**  
How do I respond to God's loving promise of salvation?

Also, we are called to fast from something that is unloving, unproductive, or just not good for us and the world community. That might mean fasting from gossip. It could mean fasting from social media that keeps us from connecting in-person in our daily lives. Or maybe it is fasting from buying things we don't need. Finally, with almsgiving, we are called to share our resources with the poor. It is exciting to think of all the good that can come from Lent if we can stick to our promises, and many other people do the same.

Of course there will be temptations. Satan, who tempted Jesus in the desert, doesn't want us to stay faithful to our commitments either, because he knows how much good we can do.

## Questions of the Week

- 1 What are you committing to for a Lenten practice this year?
- 2 What do you think will be your greatest temptations to "cheat" or abandon your promises? How might you ask for help to stay strong?

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