## How to celebrate Holy Week in isolation!

There is a simple, practical way to celebrate Holy Week in isolation for those who have either the Triduum Missal (for those who have the monthly Living with Christ weekday missal) or the "Living with Christ" Sunday Missal (2019-2020). Both of these have the complete Holy Week Celebrations.

Use either missal to read and pray the Liturgy of the Word at 8 pm on Holy Thursday. As well, on Good Friday at 3pm, use this missal to read and pray the Liturgy of the Word. I suggest possibly having a small crucifix visible that you meditate on as you pray this Liturgy. As well, on Holy Saturday at 8pm, read and pray the Liturgy of the Word of the Easter Vigil of the Resurrection of the Lord. Finally, on Easter Sunday morning choose an appropriate time to read and pray the Liturgy of the Word of the Resurrection of the Lord.

Some of you have shared that you are using Salt and Light and/or Vision TV to take in the different celebrations in Lent and will continue to do so during Holy week and into the Easter season. Share this info with your fellow parishioners and friends and neighbours.

Those technically inclined have told us how they are linked into the streamlined celebrations from Rome, the Archdiocese of Montreal, and several of our English Parishes. By all means please share this technology with your parishioners, your neighbours and friends.

We hope that you and others will find a unique way to celebrate Holy Week in isolation!

Please do visit our website throughout this Easter season of 2020. We will post information and reflections to help you experience this extraordinary Easter season. Father Fred's Easter Message will also be posted on the website.

We all look forward to the day when we will be posting on our Website an Invitation to come and celebrate once again a community Eucharist (mass) at St. Veronica's. In the meantime let's continue to be bonded by our faith, our hope and the strength that comes from the Resurrection of Our Lord.

Be Wise, Patient, and Care for others this Easter Season.

Fr. Fred and the parish team