

MASS SCHEDULE
WEEK OF FEBRUARY 8TH, 2026

SATURDAY, FEBRUARY 7TH, 2026

4:30 P.M. Leona Lacoste

The Family

SUNDAY FEB. 8TH, 2026-FIFTH SUNDAY IN ORDINARY TIME

9 :00 A.M. Jean Mackinnon

Mary Lynne Desbarats & Family

11 :00A.M. Claire L'Africain

The McDonaugh Family

MONDAY, FEBRUARY 9TH, 2026

TUESDAY, FEBRUARY 10TH, 2026-ST. SCHOLASTICA

7:00 P.M. Nicholas Pappas

The Maenz Family

WEDNESDAY, FEBRUARY 11TH, 2026

9:15 A.M. Jean Mackinnon

Deacon Gerry

THURSDAY, FEBRUARY 12TH, 2026

9:00 A.M. Peter Pigott

Ian & Marilyn

FRIDAY, FEBRUARY 13TH, 2026

9:00 A.M. Gisele Lytwynuk

Louise

SATURDAY, FEBRUARY 14TH, 2026

4:30 P.M. Hélène de Pardieu

The Sharp Family

SUNDAY FEB. 15TH, 2026-SIXTH SUNDAY IN ORDINARY TIME

9 :00 A.M. Erika Englage

Margarita & Family

11 :00A.M. Yolande Grant

Gregorio & Anita Layos

Reflection on Matthew 5 :13-16

Occasionally, Lord, the conditions are very stormy as we go about our work, and its hard to hold a steady course in high winds. We may remember instances when we felt less than steady in our following of Christ. We ask you. Lord, to continue to walk alongside us as we try to shadow you – and to let us feel your presence.



5th Sunday, Year A - SALT AND LIGHT: LIVING HOSPITALITY

In today's Gospel, Jesus challenges us to be "salt for the earth and light for the world." This is a message worth taking seriously! It is tragic that so many people dismiss the Christian faith as something bland or insipid. Eastern religions seem so much more exotic; is Christianity just a "Wonder Bread" religion: soft, white, tasteless?

The answer to that question lies within us. Do we hide our light under a bushel, or do we let it shine for all to see? When people look at us, at our parish, when they "taste" our worship and community, do they experience something bland and forgettable, or something tasty, spicy, delicious?

Too much salt can kill a dish; too little makes it dull and boring. In what way does my faith bring out the flavour in my daily life? How are we being called – as individuals, as community – to season the lives of the people around us: to be salt for the earth?

The 70 people who turned out for our Video Divina featuring the film "Chocolat" last week were not only entertained by a delightful movie, but also tasted an experience of welcome and hospitality – through the irresistible medium of chocolate cake and fondue! The psalm refrain "Taste and see the goodness of the Lord" took on new meaning!

There are so many ways in which we can improve the quality of our hospitality. How do we welcome one another? When we greet one another before or after Mass; when we welcome a stranger in our midst; when we extend the sign of peace to our neighbour: what difference does it make? When people meet us, when they come to our church, what taste remains with them? Is it the bitter taste of unwelcome? The bland taste of fading unnoticed into the woodwork? Or is it the delicious taste of feeling at home, among friends?

Let us embrace Jesus' invitation today to be salt and light to the world!

Fr. Raymond Lafontaine, Pastor

The parish is hosting an International Pot Luck Supper & Talent Show on Saturday, February 28th at the Surrey Community Centre (1945 Parkfield). Doors open at 5:15, and supper is at 6:15. Donation: \$2 for singles - \$5 for families. Bring a main course or dessert to be shared. (BYOB). Coffee, tea, and soft drinks will be provided. To **confirm your attendance** contact Beate 514-695-5752 or Cécile 514-631-1115. To express your talent contact Eric 514-636-0405 or ericlasotao7@gmail.com. The deadline to register is February 23rd. Hope to see many of you there!

Catholic Action Montreal Parish Bulletin Blurb :Catholic Action Montreal is a charity not-for-profit dedicated to service and social justice. Their mission is to activate the gifts and talents of members of our Catholic community in service of our fellow Montrealers living in marginalized communities. Communities like our seniors; asylum seekers; refugees; addicts; homeless; poor; and people with mental health challenges. In order to help these people, Catholic Action partners with individuals, parishes, and other charities, to launch new projects & programs to address their needs. We also rely on the gifts, talents, & skills of ordinary catholics like yourself to volunteer in these projects. So we invite you to get connected with us <https://www.catholicaction.ca/collabs>. Let us know what your gifts, talents, and skills are so that if a new service project starts that matches your gifts & talents we can know to reach out to you for help.

SAVE THE DATE!

St. Veronica's Lenten Mission: March 7-10, 2026

**Preached by Fr. Anthony Atansi, Newman Centre Chaplain
and Professor of Theology, McGill University**

Make Room for Peace (*cf. John 14:27*)

Filled and busy life, anxious mind, troubled heart, restive body, hurting spirit, dark imaginations, tensed and broken relationships! What life looks like for many in a fast-paced society with an endless list of changes, chances, and challenges. But is it meant to be so? Is that how life ought to be lived, with so much *dis-eases*? Is that God's purpose for us? Is that His design for our world or are we simply setting ourselves up for nothing? Can we do something about it so as to reconnect with the depth of living the life that God desires for us? We believe we can, by *making room for peace* – “the peace the world cannot give.” That's the peace the Holy Spirit desires to gift us this Lent and always.

Join us in this year's Lenten mission at St. Veronica's Parish in Dorval, to explore how to make room for that peace within ourselves, in our relationship with others and with God. Fr. Anthony will preach at the weekend Masses on March 7-8, and will preach two meditations on Monday and Tuesday evening at 7 PM. All are welcome!

