

SMILE THROUGH ART WORKSHOP

In partnership with The American Parkinson Disease Association New Jersey Chapter, The Art Cart will be bringing their Smile Through Art Workshops to New Jersey! Come learn the benefits of creativity and movement for people living with Parkinson's Disease. Our workshops are designed to help strengthen fine and gross motor movements, rigidity, micrographia, and mood through art and exercise.

To sign up or for more information please contact Cheylena Williams at 732 745-7520 or through email Cheylena.Williams@rwjbh.org

For More information on The Art Cart and the Smile Through Art Workshops please visit www.smilethroughart.com



SPONSORED BY
APDA-NJ CHAPTER

COME LEARN THE
BENEFITS OF
CREATIVITY AND
MOVEMENT FOR
PEOPLE WITH PD
FAMILY MEMBER
OR CAREGIVER
WELCOME TO JOIN

LOCATION:
RWJ FITNESS AND
WELLNESS CENTER

100 KIRKPATRICK
STREET, 2ND
FLOOR, NEW
BRUNSWICK, NJ
08901
COMMUNITY
HEALTH ROOM

DATE:
FEBRUARY 19,
2018

TIME: 6:00-8:00PM