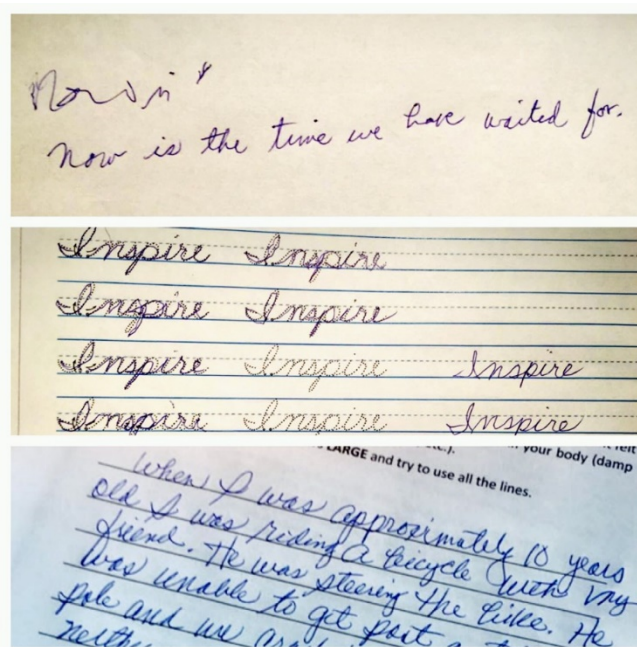
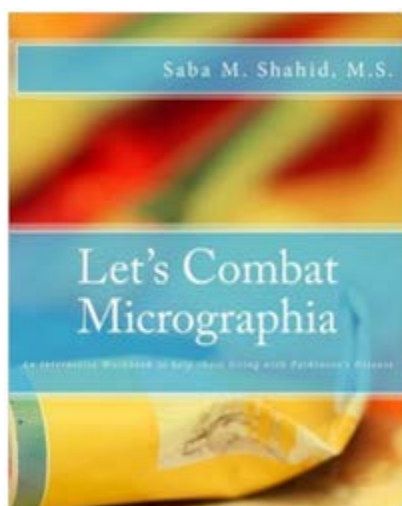


# Let's Combat Micrographia Book Tour

Micrographia, or small handwriting, is one of the first symptoms of Parkinson's Disease (PD) that arises but most of the time ends up being one of the last symptoms patients learn about. The Art Cart, a creativity and movement program for people living with Parkinson's disease, has created an interactive workbook to help improve micrographia. The Art Cart's Smile Through Art Workshops are sponsored by The American Parkinson Disease Association Massachusetts' Chapter.



The picture above is a person living with Parkinson's that used our workbook to improve their symptom of micrographia. We worked with them over a six-week period. The first picture is week one, the second picture is week three, and the third picture is week six.



Written by Saba Shahid, M.S., the Chief Smiling Officer of The Art Cart. *Let's Combat Micrographia* is available on Amazon, Barnes & Noble, and our website!

## Book Tour coming 2018

If you would like us to come to your support group to give a presentation on Micrographia and what can be done to improve it, please email us or contact us directly.

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