

# SMILE THROUGH ART WORKSHOP

In partnership with The American Parkinson Disease Association Massachusetts Chapter, The Art Cart will be bringing their Smile Through Art Workshops to **Lexington, MA!** Come learn the benefits of creativity and movement for people living with Parkinson's Disease. Our consecutive workshops, explore different mediums of art and teach participants how to temporarily alleviate symptoms of Parkinson's disease. Participants do not need to have any prior artistic abilities and all materials are provided for the workshops!

To sign up or for more information please contact APDA-MA Board Member Saba Shahid at [smilethroughart@gmail.com](mailto:smilethroughart@gmail.com) or (203) 565-9647.

You can also register for these workshops with APDA-MA at (800) 651-8466 or [information@apdama.org](mailto:information@apdama.org)

**For More information on The Art Cart and the Smile Through Art Workshops please visit [www.smilethroughart.com](http://www.smilethroughart.com)**

**Sponsored By:**



Supported by a grant  
from the APDA-MA



**FAMILY MEMBER OR  
CAREGIVER WELCOME  
TO ATTEND (SPACE  
PERMITTING)**

**LOCATION:  
LEXINGTON COMMUNITY  
CENTER, 39 MARRETT  
ROAD, LEXINGTON, MA  
02421**

**2018 DATES:**

- April 25<sup>th</sup>
- May 23<sup>rd</sup>
- June 20<sup>th</sup>
- July 18<sup>th</sup>
- August 22<sup>nd</sup>
- September 19th  
from 2:30-4:30

**TIME:**

- 3:30-5:30PM