

SMILE THROUGH ART™ WORKSHOP



In partnership with The American Parkinson Disease Association Massachusetts Chapter, The Art Cart will be continuing their Smile Through Art Workshops in **Worcester, MA!** Come learn the benefits of creativity and movement for people living with Parkinson's Disease. Our consecutive workshops, explore different mediums of art and teach participants how to temporarily alleviate symptoms of Parkinson's disease. Participants do not need to have any prior artistic abilities and all materials are provided for the workshops.

RSVP Required via Email, [smilethroughart@gmail.com!](mailto:smilethroughart@gmail.com)
For more information please contact APDA-MA Board Member Saba Shahid at smilethroughart@gmail.com or (203) 565-9647.

For More information on The Art Cart and the Smile Through Art Workshops please visit www.smilethroughart.com

Sponsored By:



Supported by a grant
from the APDA-MA

**FAMILY MEMBER OR
CAREGIVER
WELCOME TO ATTEND
(SPACE PERMITTING)**

LOCATION:
121 LINCOLN STREET,
WORCESTER, MA

2018-2019 DATES:
January 24, 2019
February 21, 2019
March 14, 2019
April 4, 2019
May 23, 2019
June 27, 2019
July 25, 2019
August 22, 2019
September 19, 2019
October 24, 2019
November 14, 2019
December 7, 2019

TIME:
6:00-8:00PM