



HIGH YELLOW BELT



Belt Meaning

The yellow belt symbolizes the sun that shines on a planted seed and is ready to sprout. Just as a young plant prepares to push through the soil, the yellow belt represents the early stages of your development.

Stripe Requirements

Basics (Yellow)	Stances: Back Stance + Knife Hand Block Form: All Previous, Taegeuk Ee Jang
Self Defense (Blue)	High Yellow Belt Self Defense 1-5
Kicking (Red)	Hop Step Kicks + Rear Leg Combinations, Roundhouse Kick + Back Kick Combination

Breaking Technique

Hop Step Side Kick