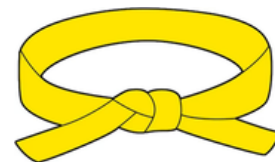




YELLOW BELT



Belt Meaning

The yellow belt symbolizes the sun that shines on a planted seed and is ready to sprout. Just as a young plant prepares to push through the soil, the yellow belt represents the early stages of your development.

Stripe Requirements

Basics (Yellow)	Blocks: Knife Hand Block Stances: Back Stance Form: All Previous, Taeguk Il Jang
Self Defense (Blue)	Yellow Belt Self Defense 1-5
Kicking (Red)	Hop Step Kicks, Back Kick, Drop Kick

Breaking Technique

Drop Kick