

## Draw near to God and he will come near to you. James 4:8a

Use the verse on the floor to reflect on each word as you draw near to God. Pause on each word and pray as the Spirit leads.

On the posters write our words praising God for who He is:

- All-powerful
- All-Knowing
- Protector
- Provider
- Healer

- Good Father
- Creator
- Sustainer
- Friend

**Optional:** Grab a feather or rock from the pile. Meditate on the verse that corresponds with the item you chose and praise God for who He is. Use the item to help you think of ways you can praise God. Psalm 62:6 - The Lord is my Rock, and my fortress, my deliverer... and Psalm 91:4 - He will cover you with his feathers, and under his wings you will find refuge.

Example: God, you never bend or break just like this rock. Thank you for being constant and true.

## And they were calling to one another: "Holy, holy, holy is the LORD Almighty; the whole earth is full of his glory."

## Isaiah 6:3

Copyright © 2025 He Leads Me Through Ministries. All rights reserved. www.kristenblanford.com Important to Note: This station has multiple aspects that someone could use to engage in prayer. Words taped to the floor, a poster for writing the Names of God and tangible elements to help them meditate on the aspects of God's nature. To simplify, I would take out the rocks and feathers.

Materials:

- Posterboards with the words "God is..." written in large letters at the top (the number of posters you need will be determined by your group size. I recommend 1 poster for 20 women)
- Sharpies or Markers
- Verse Print-out for the floor. Print and laminate one word per 8 ½ x 11 sheet. "HOLY" "HOLY" "IS" "THE" "LORD" "GOD" "ALMIGHTY". You will tape these to the floor with space in between each sheet. The goal is for the ladies to step beside each word and prayerfully meditate on that one word of the verse before moving to the next word. (I have at least 2 sets of these for this station, but you may need more if your gathering is larger)
- Rocks and Feathers on a side table. Ladies can pick these up and hold onto them as they prayerfully meditate on "God is my Rock" (Psalm 62:6) and "He covers you with His feathers" (Psalm 91:4). You can print out small strips of paper with these additional scriptures.