

MIRRORS

“Whoever hears God’s truth, but does not act on it, is like someone who forgets their own reflection once they have moved away from a mirror. But whoever looks intently into, and continues in the perfect law, gains freedom and will be blessed.” James 1:23-25

We face challenges and temptations daily.

What are some situations in your life where you act, speak or think in a way that does not please God?

Look at the “Challenges” mirror. Reflect on what you see. Have you ever thought or acted differently than what God has instructed you to do? Maybe you struggle with something different than what is written. Feel free to take a marker and write it on the mirror.

Confess your sin to God. Acknowledge that your thoughts and actions are outside of His will for you. And, ask Him to replace those thoughts and desires with His truth.

Important Scriptures to Remember:

- “...if my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land. **2 Chronicles 7:14**
- “Who is a God like you, who pardons sin and forgives the transgression of the remnant of his inheritance? You do not stay angry forever but delight to show mercy.” **Micah 7:18**
- “Cleanse me with hyssop, and I will be clean; wash me, and I will be whiter than snow. Let me hear joy and gladness; let the bones you have crushed rejoice. Hide your face from my sins and blot out all my iniquity. Create in me a pure heart, O God, and renew a steadfast spirit within me. Do not cast me from your presence or take your Holy Spirit from me. Restore to me the joy of your salvation and grant me a willing spirit, to sustain me.” **Psalms 51: 7 - 12**

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Materials Needed:

- **Mirrors**
- **Dry Erase Markers**
- **Paper towels, White board erasers, or something to clean mirrors after each use**
- **Printed, laminated copies of the prayer guide above (I print 4-5 copies for each station)**