

PROUDLY SERVING THE ENNIS COMMUNITY SINCE 1908

Covid Vaccinees at Sokol

The City of Ennis and the Ennis Doctors Center offered Covid-19 Vaccinees at the Sokol Activity Center on March 27 and April 3 and again on April 17 and April 24. Each date is on a Saturday.

Pre-registration is requested at EnnisDocs.com or call Ennis Doctors Center at 972-875-4700. When asked what if someone does not have an appointment, Doctor Jinks said, "Anyone who wants a shot, gets a shot."

Pfizer vaccines will be given to all adults 16 and up from 8 am to 10 am and Moderna vaccines will be given all adults 18 and up from 10 am to 4 pm. They are planning 1,000 vaccines per day and on the first day they were out of vaccines by 4 pm.

Please bring insurance or Medicare information. If you do not have insurance you will need a photo ID. This is for reporting purposes only. The vaccine is FREE to everyone.

Volunteers are need to help with parking, assisting disabled, and other logistical assistance. If you would like to volunteer to help, you can call Ennis Doctors Center or sign up at https://www.signupgenius.com/go/4090a45aeac22a4f58-ennis.



"Perseverance is not a long race; it is many short races one after the other." Walter Elliot



"THE ABILITY FOR A GROUP OF PEOPLE TO DO REMARKABLE THINGS HINGES ON HOW WELL THOSE PEOPLE CAN PULL TOGETHER AS A TEAM

SIMON SINEK

Education Director's Report Easter Baking

Easter Lamb Cake (Velikonoční Beránek) really is a cake that is just shaped like a lamb – no mutton. The forms are still manufactured, but I am honored to have inherited my mother's, and have continued the tradition since she passed. Most any type of cake recipe will work: yellow cake, pound cake, etc., or



traditional recipes can be found online. Beránek can be covered with white icing or even chocolate icing, and decorated in various ways. They make a wonderful grandma – grandchild project.

Today these cakes represent Christ as the sacrificial Lamb of God. The tradition of eating lamb on Easter has its roots in early Passover observances. Accustomed to eating roast lamb on Passover, Jews who converted to Christianity continued the tradition at Easter. Czechs who couldn't afford lamb for Easter instead made a lamb-shaped cake.

Judas Buns (Jidáše) are a sweet pastry most frequently shaped into spirals or knots, and coated with honey after baking. Jidáše are shaped to look as if they were made from a rope on which the apostle Judas hanged himself after he had betrayed Jesus. They are traditionally baked on Holy Wednesday. The legend goes that if you eat one of these buns on sunrise of Holy Thursday, you will be protected from human betrayal, snake bites and even bee stings for the following year.



Easter Stuffing (Velikonoční Nádivka)



On Holy Saturday velikonoční nádivka is baked as the first meat-based meal after the 40-day long Lenten fast before Easter. It's full of green spring herbs, eggs, butter, stale bread dipped in milk, and various smoked meat – pork, klobase, and/or rabbit or mutton. The velikonoční nádivka used to be baked in large quantities and eaten over the course of the whole Easter. Nádivka has other names in various regions of the Czech Republic: hlavička, řežábek, sekanina.

Sweet Easter Bread (Velikonoční sweet bread with rum-soaked raisins with slivered almonds. It's round with Christ. Mazanec is one of the oldest Czech history. It comes from the means to anoint. It is traditionally Saturday, and is eaten throughout

Recipes are easily found online for foods.



Mazanec or Bochánek) is a and dried fruit and topped a cross on top to represent documented Easter foods in expression, "mazat," which baked on White / Holy Holy Week.

these Czech Easter baked

GYMNASTICS REPORT

Our gymnastics teams are preparing for mini slet on May 22, 2021 at our Sokol.

We have the quilt raffle going and will pick a winner on May 30 at the end of Polka Fest.

We also have a Origami Owl earrings/necklace set we are going to be raffling off at Polka Fest.

We also are going to be having a summer program details will be coming shortly.

Volleyball Report

We have started a coed youth volleyball free play night on Wednesday at 630 to 730. The first Wednesday is April 7,2021. We are still taking registration for \$25 and a parent has to be a gold Sokol member \$80 and then every January dues are \$65.

Adult Volleyball free play is Wednesday 730 till around 10. A one time \$15 insurance fee per season and adult has to have a gold membership with Sokol and that is \$80 and then every January dues are due of \$65

Get fit with Sara Report

Sara Jakubik still has open spaces. \$10 registration fee per season, \$35 for 8 slot punch card for nonmembers and \$30 for 8 slot punch card for Sokol members or \$5 a class. Get Fit with Sara is Monday 5pm-6pm and Wednesday 5pm-6pm.

Nazdar !! Joanna Wilson - Gymnastic Director





CALLING ON ALL VOLUNTEERS

Now that Polka Festival is on, we are scheduled for:

- Friday evening King and Queen Dance
- Saturday all day, plus Country Concert
- Sunday Polka Show and 1 afternoon dance

This is a great opportunity for Sokol to put their best foot forward and let the people know about our

cooking, hospitality, and service. To accomplish this, we need our great membership base to come out and support this event to make it a success!! So, we are needing volunteers, workers, and supporters to cover these areas:

- Taking money at the front door.
- Sign In for alcohol bracelets.
- Kitchen for food prep and servers

Please contact your officers and let us know what time would be best for you and where you would like to volunteer:

- Emal <u>tbetik@yahoo.com</u>;
- Call cell# 214-236-5168; or,
- call the hall at 972-875-7959 and leave message.

Thank you in advance for your time and support.

Thomas Betik, President Sokol KHB







Gymnastics

American Sokol Organization Ennis, TX



Museum Feature of the Month - March 2021

Photo Sokol Activity Center Grand Opening in April 1991. Were you in this photo 30 years ago during the dedication of the current Sokol building? Next month will mark 30 years since this photo was taken. Wouldn't it be great if we could get everyone identified? If you can identify any of the unnamed, please let us know.

1 __, 2 __, 3 __, 4 __, 5 __, 6 __, 7 __, 8 __, 9 Kyle Toth, 10 Matt Valek, 11 __, 12 __, 13 __, 14 __, 15 __, 16 Rome Milan (Ft.Worth), 17 Rhonda Liska, 18 __, 19 __, 20 __, 21 Sarah Liska, 22 __, 23 __, 24 __, 25 __, 26 __, 27 __, 28 __, 29 __, 30, __, 31 Robert Toth, 32 Nannette Liska, 33 __, 34 __, 35 __, 36 Julie Penrod Thompson, 37 Kristi Carter? 38 __, 39 __, 40 __, 41 Lezlee Wester Hernandez, 45 Rusty Liska, 46 Paul Liska, 47 Dwight Toth, 48 __, 49 Dusty Lawrence, 50 Ryan Mullican, 51 Tina Avery, 52 __, 53 Ginny Dowdy Shangley, 54 Jennifer Zabojnik Mauldin, 55 Lori Laznovsky, 56 Taylor Killans, 57 Heather Larson,

> 58 Amiee Lawrence, 59 Jana Langham Baston, 60 Bethany Larson, 61 ___, 62 John Lawrence, 63 ___, 64 Henrietta Milan (Sokol Ft.Worth), 65 Rosie Steinman (Ft.Worth), 66 Jerry Milan (Ft.Worth), 67 Martha Milan (Ft.Worth), 68 Caroline Cleveland (Ft.Worth), 69 Leslie Milan (Ft.Worth), 70 Lisa Laznovsky, 71 Sylvia Laznovsky, 72 Barb Vonda (Stickney, IL), 73 Frank Michalek (Chicagoland), 74 Vlasta Laznovsky, 75 Emil Milan (Ft.Worth), 76 Carolee Michalek (Chicagoland), 77 Chuck Kalat, 78 Jan Kalat, 79 Jolene Dalton (S. Omaha), 80 Eric Toth, 81 Jessica Obannon, 82 Mike Liska, 83 Laurie Southwell, 84 June? (Ft.Worth), 85 Al Alhome (Ft.Worth), 86 Lydia Alhome (Ft.Worth), 87 Joan Sedlacek (Minn.), 88 Cilff Mullican, 89 Stuart Hamilton, 90 Kim Oates

> (Unless otherwise noted, all are of Sokol KHB Ennis.)

& Librar

Fitness



Calendar of Upcoming Events

Gymnastics Monday -Thursday 5:30pm Get Fit with Sara Jakubik Mondays 5pm & Wednesdays 6pm Volleyball Wednesdays - Youth 6pm & Adult 7:30pm Clubroom regular business hours are 5pm to 11pm Mondays & Wednesdays Swimming Pool regular business hours are 1pm to 6pm daily (closed Mondays), June – Aug Museum & Library open for special events and by appointment Membership meetings take place every 3rd Wednesday of month in Dining Room 7pm Czech Heritage Society of Ellis County Social/Czech Movie 1st Thurs of month at 7pm \$10K Giveaway Building Fund Benefit occurs annually the first Saturday of March Annual Members Day / Christmas Celebration occurs the first Saturday of December Ennis Czech Music Festival occurs annually the Saturday following Superbowl (February)

National Polka Festival occurs annually Memorial Day Weekend (May)

| Month | Date | Last | First | Month | Date | Last | First |
|-------|------|----------|----------------|-------|------|-----------|------------|
| March | 3 | Garcia | Albert | April | 2 | Strunc | Danny |
| March | 4 | Thomisee | Gregory A. | April | 3 | Snodgrass | Megan |
| March | 7 | Boyd | Jonathan | April | 8 | Petruy | Willie |
| March | 8 | Zajic | Lewis | April | 11 | Slovak | John Paul |
| March | 9 | Eddins | Abby | April | 15 | Mullican | Ryan |
| March | 10 | Taylor | Liz | April | 17 | Washburn | Rosemary |
| March | 12 | Sanders | Mark | April | 18 | Valencia | Dulce |
| March | 12 | Mach | John Wesley Jr | April | 21 | Jones | RaeAnne |
| March | 15 | Kalat | Janet | April | 21 | Kalat | Charles A. |
| March | 15 | Ramirez | Christian | April | 24 | Havel | Victor |
| March | 17 | Kasowski | Elaine | April | 25 | Mikula | Edwin |
| March | 18 | Mokry | Benjamin | April | 26 | Macik | Debbie |
| March | 20 | Trojacek | Jessica | April | 27 | Kapavik | Keith |
| March | 21 | Hamilton | Bernice | | | | |
| March | 25 | Slovak | John J. | | | | |
| March | 26 | Pleiner | Ned | | | | |
| March | 28 | Slovak | Josef F. | | | | |
| March | 31 | Bohanon | Stacey | | | | |

March / April Birthdays

"You cannot bring about prosperity by discouraging thrift.
You cannot strengthen the weak by weakening the strong.
You cannot help the wage earner by pulling down the wage payer.
You cannot further the brotherhood of man by encouraging class hatred.
You cannot help the poor by discouraging the rich.
You cannot establish sound security by spending more than you earn.
You cannot build character and courage by taking away man's initiative and independence.
You cannot help man permanently by doing for them what they could and should do themselves."

A. Lincoln

NI ZISK, NI SLAVU NEITHER PROFIT, NOR GLORY

All to often, members are turned off to Sokol – not by its ideals, programs, or history, but by personality conflicts. We should all examine ourselves and our behavior.

We should sincerely attempt to heal every misunderstanding we have had or now have. Drain off your grievances. Practice liking people until you learn to do so genuinely. Never miss an opportunity to say a word of congratulations upon someone's achievement or express sympathy in sorrow or disappointment. Give spiritual strength to people and they will give genuine affection to you. Cultivate the quality of being interesting, so people will get something of value from associating with you. Don't be egotistical or dogmatic. Guard against the impression that you know it all. Our greatest asset is the human resource. The relative success of a unit is determined by the quality of its members. The building of an effective Sokol Unit is only possible through leaders who understand human behavior.

The Chinese philosopher Lao-Tse wrote the following 2500 years ago: "A leader is best when people barely know he exists; not so good when people obey and acclaim him; worse when people despise him. Fail to honor people and they fail to honor you." But when a good leader, who talks little, has done his work and fulfilled his aim, they will say, "We did it ourselves."

Our Sokol founders said it simply: NIETHER PROFIT, NOR GLORY!

Bro. Paul Lebloch – National Educational Director

"Perseverance is the hard work you do after you get tired of doing the hard work you already did."

Newt Gingrich

Message from the Membership Committee

Sokol KHB Ennis is continuing its annual membership drive for 2021. All members are needed to help with this endeavor. Please encourage your family, triends, and relatives to join. The membership application can be found on the membership page at <u>sokolennis.com</u> or in the Sokol clubroom. For more information regarding membership, please contact Membership Director David Slovak 214-906-0891 or membership@sokolennis.com.

David Slovák Membership Director - Sokol KHB Ennis membership@sokolennis.com 972-875-7959 https://sokolennis.com/

PLEASE ENCOURAGE YOUR FAMILY, FRIENDS, AND RELATIVES TO JOIN.



"Either We Are Pulling Together or We're Pulling Apart. There is No In-Between!"

Kobi Yamada



SAVE THE SOKOL ENNIS SWIMMING POOL

American Sokol Organization Ennis, TX

Dear Members & Friends of Sokol Ennis,

dub

Sokol Ennis' current swimming pool was built in 1972. There have not been any major renovations made to the pool except for maintenance and in recent years, painting, patching, and replacement of pumps and motors. Sad to say, but the pool is in dire need of repair!!!

We solicited quotes from four reputable pool companies to bid on resurfacing the inside of the pool, repair the coping around the pool, and to replace the underwater lights. As you can imagine, the cost is not cheap. Since COVID, Sokol Ennis has not had the cash flow for this kind of renovation project. This project is needing a minimum of \$75,000 to restore the pool.

We are soliciting donations, sponsors, ideas for fundraisers, and anyone willing to help with this endeavor. Due to the current condition of the pool and the uncertainty of COVID this year, we are unsure the pool will be able to open this summer. This does provide us with an excellent opportunity to make the necessary renovations if funds are raised within the next couple of months.



Please contact us at 972-875-7959 or facilities@sokolennis.com if you are able to help. Thank you & Nazdar!

Fitness

sokolennis.com



Applicant,

Thank you for your interest in the Sokol Ennis scholarship. This scholarship is open to all high school seniors who are current members of Sokol Ennis or has a parent/legal guardian that is a current member of Sokol Ennis. Two - \$250 scholarships will be awarded. Completion of the attached application, essay and Sokol Ennis questionnaire are required to be considered for the scholarship. The scholarship deadline is May 17th with the scholarship recipient to be announced no later than June 1st. All applications should be mailed to Sokol Ennis, PO Box 205, Ennis, Texas 75120, postmarked by the 17th. No late applications will be accepted. Nazdar!

School

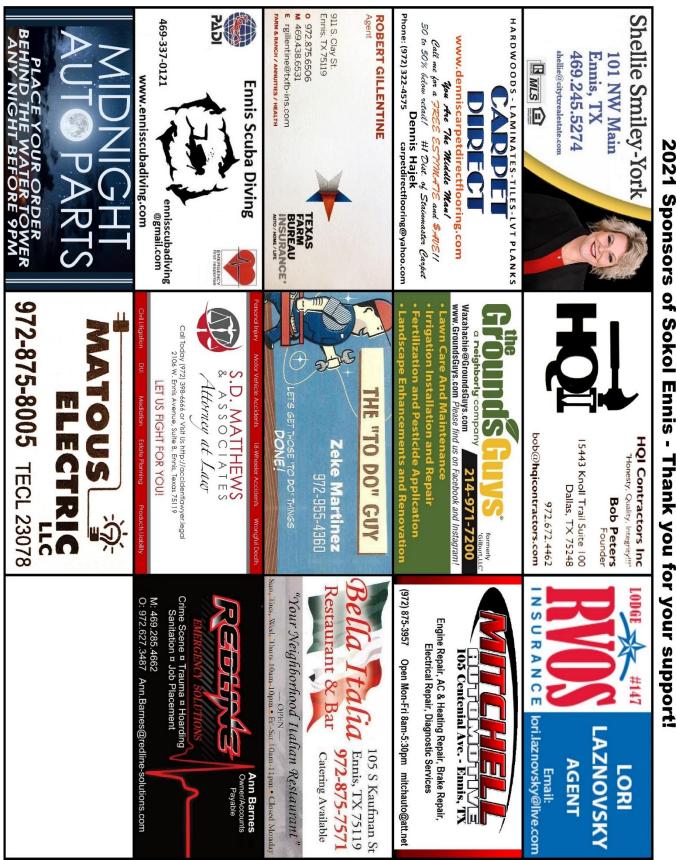
| | Personal Information |
|---------------------------------------|--|
| Name of Applicant | Sex |
| Home Address | |
| Telephone Number | Date of Birth |
| Social Security | /# |
| | Father's Information: |
| Name: | |
| Address: | |
| Employer/Occupation: | |
| | Mother's Information: |
| Name: | |
| Address: | |
| Employer/Occupation: | |
| | Financial Information Parent/Parents Gross Income Range |
| (Whoever cla | ims you as a dependent for income tax purposes) |
| Belo | ow \$10,000\$11-20,000\$21-30,000 |
| - | \$31-49,000Over \$50,000 |
| Number in household | Number in household in college |
| hool & Non-School Activities & Honors | |
| - | mbership, office held, extracurricular activities and honors outside of school. ttach an additional sheet if necessary. |
| SCHOOL YR. ACTIVITIES/CLUB/ | ORGANIZATIONS HONORS/AWARDS/OFFICE COMMUNITY/CHURCH |
| | |
| | |
| | |

SOKOL ENNIS SCHOLARSHIP APPLICATION

| Work Experience |
|--|
| Do you work? Yes No If yes, where? |
| Work Supervisor: |
| Number of hours per week |
| College Information |
| Best SAT Score: V M Date Taken: |
| Best ACT Score: ENGLISH MATH COMPOSITE |
| READING SCI. REAS |
| Grade Point Average RankRank |
| What is your anticipated college major? |
| What is your anticipated college minor? |
| College (s) applied to: Accepted: |
| 1Yes No |
| 2 Yes No |
| Essay |
| You will not be considered without completing the essay. The essay must be a minimum of 500 words, double-spaced typed, on a separate sheet of paper and attached to this application. Essay title: "Youth Membership: How to attrac " new membership from a youth perspective " |
| Student Signature Date |
| Sokol Ennis Questions |
| 1. Are you or a member of your family a current member of Sokol Ennis? If so, who is the member? |

2. Explain how you or a member of your family have been involved in Sokol Ennis.

3. As you become an adult, do you plan to become a member of Sokol Ennis separate from your parents? Do you feel that you could be an active member of the organization?





Sokol KHB – Ennis PROUDLY SERVING THE ENNIS COMMUNITY SINCE 1908

"The mission of the American Sokol is to provide fitness and community for individuals and families through physical, educational, cultural, and social programs."

Donations and news worthy items to support the Sokol KHB Newsletter should be sent to Sokol KHB Newsletter, P.O. Box 205, Ennis, TX 75120

SOKOL KHB P.O. Box 205 Ennis, TX 75120 U.S. Postage Paid Non-Profit Permit # 131 Ennis, Texas 75120