



PROUDLY SERVING THE ENNIS COMMUNITY SINCE 1908

“The mission of the American Sokol is to provide fitness and community for individuals and families through physical, educational, cultural, and social programs.”

Gymnastics American Sokol Organization Ennis, TX A non-profit membership organization – 501c3 Czech & Slovak Culture

SOKOL KHB ENNIS
MONTHLY MEMBERS MEETING
Weds, August 18, 2021 - 7PM
Dining Room
Sokol Activity Center - 2622 E Hwy 34, Ennis TX

American Sokol KHB Ennis Sokol KHB ENNIS Volleyball

All members encouraged to attend

Sokol values your interest & welcomes your involvement in the organization. There are many opportunities for youth & adult members to be involved. Involving the entire family in volunteer activities addresses the benefits of youth volunteering while utilizing the volunteer resource of adults with children. Sokol encourages parents and their children to volunteer together!

Members are also encouraged to provide feedback & offer ideas on Sokol's educational, physical, cultural, & social programs & activities.

Sokol KHB Ennis is a 501(c)(3) non-profit organization (American Sokol Org.)

Clubroom also open 5PM
(Members Meetings occur every 3rd Wednesday of the month)

Swimming Pool Facility Rentals sokolennis.com Fitness Museum & Library

“He who is not courageous enough to take risks will accomplish nothing in life”. Muhammed Ali

August, 2021

Education Director's Report

The Summer Olympics are underway in Tokyo, but with quite a bit of uncertainty due to the Covid-19 virus. Two thoughts that hit home are that we will no longer see glimpses of Brother Rome Milan, our Sokol historian from Fort Worth, holding up the USA flag in the spectator's seats at the gymnastics events. So frequently on camera, NBC once issued a challenge to viewers to "Find This Man Everyday" during their Olympic broadcasts. Sadly, Rome succumbed to ALS this past April. The other connection Sokol has with the Olympics is in the origins of the Olympics of the Modern Era, as I heard Bro. Rome explain a few years ago.

1862 – The Sokol physical fitness organization was founded by Dr. Miroslav Tyrš and Jindrich Fügner. At first only men participated, but apparatus was a part of the program from the start: pommel horse, a real horse, rings, horizontal bar and parallel bars.

1882 – The first Sokol gathering "Slet" for physical games and competitions in Prague drew 700 participants.

1889 – Members of Prague Sokol participated in the World's Fair in Paris, creating interest among the French for the Czech culture.

1891 – The second Sokol Slet in Prague had more than 2,400 participants and 7,000 spectators. French Baron Pierre de Coubertin attended as a spectator. This grand international event, sparked his vision to create a similar international event for all sports, and thus the idea of a Modern Olympic Games was born. During the mid-1800s, a number of small local competitive games calling themselves Olympics were being organized throughout Europe, but were nowhere near the magnitude of the 1891 Slet that proved so inspirational.

1895 – The third Slet brought together 5,000 participants including adolescents and non-Czech foreign nationals and more than 30,000 spectators.

1896 – The games of the First Olympiad of the Modern Era were held in Athens, Greece.

1901 – Women were included for the first time as participants in the Sokol Slet. Women's gymnastics events were not a part of the Olympics until 1928. The American Sokol was a pioneer of Women's Modern Rhythmic Gymnastics, which became an Olympic event for the first time in 1984.

While the Sokol program is based fundamentally on general fitness for people of all ages to improve health, fitness level and overall well-being, there are Olympians in our ranks. These are a notable few:

- Sister Mildred Prchal introduced rhythmic gymnastics into women's training after studying this new concept in Prague and Paris in the 1920s.
- Brother Frank Kriz, Sokol New York, won a gold medal in the long horse vault at the 1924 Olympics in Paris. He was also a member of the US team in 1920 and 1928. The 1924 US team also included these Sokol men: Bros. Rudolf Novak, Sokol Cedar Rapids; Frank Safanda, DA Sokol New York; and Edward Knourek, Chicago.
- Sister Laddie Hniz Bakanic, Sokol New York, was a member of the US Olympics Gymnastic team for the 1948 London games.
- Sister Marie Provaznikova, who defected during the 1948 London Olympics and immigrated to the United States, became president of Sokol New York and taught gymnastics for most of her life.
- Bro. Jim Hartung, Sokol Omaha, was a member of the 1984 US Olympics Gymnastic team, which won the Gold.
- Sister Pauline Gardiner Milan, now manager of Sokol Fort Worth gymnastics, competed in the 1964 Tokyo Olympics on the New Zealand team. She was also on the staff of the 1984 Olympic Games in Los Angeles.

Na Zdar! Liz Moucka Krajca, Education Director

August, 2021

GYMNASTICS / VOLLEYBALL REPORT

Gymnastics is gearing up for the new season. I will be announcing on Facebook nights for pre-registration for the upcoming year.

Gymnastic Season will start September 13, 2021.

Volleyball has postponed the annual tournament to sometime in November. Date to be announced.

Youth Volleyball is going to be a co-ed league based starting back September 14. Tuesday nights 6 to 8pm.

Nazdar !! Joanna Wilson Gymnastic Director

GATEWAY TO THE FUTURE GRANT



Ennis Sokol KHB was awarded a Gateway to the Future Grant from the American Sokol Foundation in the amount of \$1,450. The grant was used to purchase an AED. It was placed on the wall in the bar serving area next to the ATM machine. This will allow easy access from any area of the hall including the gym, kitchen, dining, and club room. It is the Foundation's hope that the Gateway to the Future grants help budgets of all Sokols to retain and expand their units while keeping their programs and buildings in good condition.

In the picture is Mike Liska Audit and Financial committee chairman who filed the grant application and Benny Trojacek, vice-president, who hung the AED case and signage.

Polka Festival Thank You!!!

Wow!!!! What a great and successful Polka Festival we had. This could not have happened without the leadership of our officers. They stepped up in the areas that needed to be organized such as the Kitchen, Front Door, Bar, Decorations, and Cleaning. So, THANK YOU so much for the time and effort you put in to making it a success. What was amazing to me, is how they recruited both our membership and non-members to help in these areas. Volunteers contributed by cooking BBQ, making Kolaches and Dumplings, food prep, serving on the line, front door tickets, temporary sign ups, cleaning, and the Bar Area. These volunteers need a huge Thank You and gratitude from all of us. What I enjoyed the most, was the comradery and the socializing with some of those members I have not seen in quite a while. Again, my appreciation and gratitude goes out to each of the officers, members, and non-members, for all their hard work, time and effort that was put into this event. We could not have done it without all of you.

August, 2021

Bernice Hamilton 1934-2021

Sokol lost a long-time dedicated member on July 16, 2021. You might say Bernice Hamilton was born into the Sokol life. Her Grandfather, Alois Jurcik, was known as the Father of Sokol in Texas. He was one of the founders of Sokol KHB in 1908 and our first President serving from 1908 to 1910. Her Father, Charlie A. Jurcik, was President 1965 to 1968.

Bernice began Sokol gymnastics as a little girl and as an adult was an instructor. Her children continued the Sokol gymnastics tradition and later became instructors.

She served many rolls in Sokol KHB including helping with bingo, Kitchen Chair, Treasurer, and Financial Secretary to name a few. She was the Southern District Treasurer for 20 years.

Helping in the kitchen was probably one of her favorite things to do however she always had time to take off her apron and take a spin or two on the dance floor. She was known for leading the kitchen crew in making Kolaches for the Polka Festival for many years. About three years ago father time caught up with her hampering her kitchen endurance.

At a Sokol volleyball tournament, Bernice met a young man, Harrell Hamilton, when she bounced a ball off his head. They fell in love and married on August 29, 1953.

Bernice Frances Jurcik Hamilton was born in the town of West to Charlie A. Jurcik and Annastazie Elleven on March 21, 1934.

She is survived by her children Stuart and Margie Hamilton, Mark Hamilton, Becky and Bill Snodgrass, and Tracy and Raymond Toupal, Brother Charles L. Jurcik and wife Rose, Sister Jeanette Zajic and husband John, 14 grandkids and their spouses, 28 great-grandkids, 2 great-great -grandkids and much-loved daughter in law Dee Dee Hamilton.

Bernice was preceded in death by her parents, husband Harrell L. Hamilton, son Lee Hamilton, daughter-in-law Carolyn, and great-grandson Cole L. Hamilton.

American Sokol Organization Ennis, TX
A non-profit membership organization - 501c3

**Sokol Ennis Now Hiring for Gymnastic Coaches
In Evening & Part Time**

Must be 18 years of age

Undergo a complete background check

Complete U101 Safety / Risk Management & U110 Safe Sport Course

Complete CPR/BLS Certification

Become a Sokol Gold Member

**Be available some weekends
(for competitions, parades, programs, meetings & training)**

Hourly Wages based on experience

Contact Joanna fitness@sokolennis.com

sokolennis.com

Icons: Gymnastics, Czech & Slovak Culture, Volleyball, Museum & Library, Fitness, Facility Rentals, Swimming Pool, Clubroom.

August, 2021



PRESENTED BY THE AMERICAN CZECH CULTURE SOCIETY AND ITS MEMBER SOCIETIES
SOKOL DALLAS, SPJST, WFLA, KJT, KJZT, VH CZECH SCHOOL OF DALLAS, AND RVOS

WE ARE BACK!

**OCTOBER
17
2021**

11AM - 6PM

Sokol Dallas
7448 Greenville Ave
Dallas, Texas 75231

Family time!
Stay tuned for more information

**SAVE
THE
DATE**

For more information, contact - Bob Podhrasky pod@att.net
Nina Marcussen czechschoolofdallas@yahoo.com • Lynda Novak magiclady_46@hotmail.com

Happy Birthday!!!!

Month	Date	Last	First		Month	Date	Last	First
August	3	Livingston	Sherry		September	1	Cook	Kenneth
August	4	Wester	Elizabeth		September	5	Mikel	Stanley
August	5	Pochobradsky	Dena		September	9	Browning	Julia
August	7	Kalat	Charles		September	9	Marek	Kevin
August	8	Chapman	Richard		September	9	Mikula	Sandra
August	8	Collins	Dana		September	9	Barr	Donna
August	9	Wester	Chad		September	9	Frossard	Johnny
August	11	Kubin	Bruce		September	12	Anderson	Lou
August	12	Vyers	Lisa		September	14	Harris	Keyna
August	14	Toth	Eric		September	15	Barton	Joe
August	14	Boletto	Demetrio		September	16	Crow	Casey
August	15	Gilburt	Savannah		September	16	Hajek	Dennis
August	15	Knapp	Shirley		September	16	Smith	Brandon
August	15	Cryer	Phillip		September	16	Valek	Larry
August	16	Zmampa	Krystal		September	18	Patak	J Gayle
August	17	Green	Sarah		September	20	Zhanel	Brian
August	17	Zapletal	Madalyn		September	21	Rejcek	Denise
August	18	Morales	Pete		September	21	Slovak	Deborah
August	18	Wiginton	Joe		September	21	Sullivan	Lisa
August	20	Tabb	Judi		September	22	Hamilton	Jay
August	21	Liska	Rhonda		September	22	Pike	Kristen
August	21	Liska	Tommy		September	23	Betik	Deanna
August	21	Mikula	Lucy		September	24	Liska	Barbara
August	22	Zapletal	Patricia		September	24	Watson	Hannah
August	23	Kudrna	Dorothy		September	29	Vrla	Libbie
August	23	Phillips	Ronald		September	30	Knize	Wesley
August	31	Hutyra	Matt					
August	31	Pochobradsky	Victor					

“We all have dreams. But in order to make dreams come into reality, it takes an awful lot of determination, dedication, self-discipline, and effort.” — Jesse Owens

CALENDAR – ONGOING ACTIVITY

- Gymnastics** -- Monday -Thursday 5:30pm
- Get Fit with Sara Jakubik** -- Mondays 5pm & Wednesdays 6pm
- Volleyball** -- Wednesdays - Youth 6pm & Adult 7:30pm
- Clubroom** -- regular business hours are 5pm to 11pm Mondays & Wednesdays
- Swimming Pool** CLOSED 2021 for renovation
- Museum & Library** -- open for special events and by appointment
- Membership meetings** -- every 3rd Wednesday of month in Dining Room 7pm
- Czech Heritage Society of Ellis County Social/Czech Movie** -- 1st Thurs of month at 7pm
- \$10K Giveaway Building Fund Benefit** -- annually the first Saturday of March
- Annual Members Day / Christmas Celebration** -- first Saturday of December
- Ennis Czech Music Festival** -- annually the Saturday following Superbowl (February)
- National Polka Festival** -- annually Memorial Day Weekend (May)

CALENDAR – UPCOMING EVENTS

- Aug 5 Czech Heritage Society Social & Czech Movie: Vera 68 - Clubroom 5pm
- Aug 13 Friday Night Party - Clubroom 5pm / Lonestar Legends Band 7pm-11pm
- Aug 18 Monthly Members Meeting - Dining Room 7pm
- Aug 28 Southern District Meeting - ZOOM 10am
- Sept 13 Burgers & Tots Feast Fundraiser - Dining Room 5pm / Mon Night Football - Clubroom
- Sept 15 Monthly Members Meeting - Dining Room 7pm
- Oct 17 ACCS Czech & Slovak Heritage Day - Sokol DALLAS 11am
- Nov 6 Southern District Annual Meeting & Elections - ZOOM 10am
- Dec 4 Annual Members Day / Christmas Celebration - Main Hall 10am-5pm
- Dec 12 Annual Ellis County Toy Run - Main Hall – 2pm

Gymnastics
American Sokol Organization Ennis, TX
A non-profit membership organization – 501c3
Czech & Slovak Culture

Ellis County Czech Heritage Society

Czech Movie & Social

Thurs. August 5, 2021 in the Clubroom (back entrance)

Sokol Activity Center

2622 E Hwy 34 – Ennis TX

Doors Open 5pm – Accordion Music by David Slovak 6pm - Featured Film: “Vera 68” 7pm

Old members, new members, friends and neighbors are all invited to the social & 2012 Czech movie:

“Vera 68”

Film is in Czech w/ English subtitles & will be shown in the Clubroom which offers sufficient space for social distancing for all.

No Cover Charge. Cash Bar.

Pizza, chicken strips, cheese sticks, jalapeno poppers, fried pickles & snacks available at bar.

SMOKE FREE EVENT
NO SMOKING PLEASE

všetky a paky medaile: české gymnastky Věry Čáslavské
dokumentární film Olga Schmittová
režie: Olga Schmittová / Zuzana Nováková / Václav Štepl
www.sokol.org / www.avis-studio.com / Redaction Fund Inc.

Věra Čáslavská is a Czech Olympic champion who, in 1968, was voted the world's second most popular woman after Jackie Kennedy. A cheerful blonde who excelled in every area of gymnastics, Věra shot to fame in 1964 after winning three gold medals at the Tokyo Olympics. Four years later, in Mexico City, she won four more. But Věra's life has not been all sunshine and adulation, and VERA 68 tells her story.

Questions or comments: Victor Havel 817-714-8323 or Kyle Stuckly 817-925-1673

Clubroom
Swimming Pool
Facility Rentals
sokolennis.com
Fitness
Museum & Library

August, 2021

American Sokol Organization Ennis, TX
A non-profit membership organization - 501c3

Czech & Slovak Culture

SOKOL KHB ENNIS

**MUSIC BY
LONE STAR LEGENDS**
7PM - 11PM

FRIDAY NIGHT PARTY
AUGUST 13, 2021 - 5PM
SOKOL ENNIS CLUBROOM



No Cover Charge

All Sokol members & guests welcome

SOKOL KHB ENNIS

Pizza, Chicken Strips, Corn Dogs, French Fries, Cheese Sticks, Jalapeno Poppers, Fried Pickles & Snacks available for purchase at bar









SOKOL ACTIVITY CENTER - 2622 E Hwy 34, Ennis TX - 972-875-7959 - fundraising@sokolennis.com - sokolennis.com

Swimming Pool

Facility Rentals

sokolennis.com

Fitness

Museum & Library

SMOKE FREE EVENT
NO SMOKING PLEASE

SOKOL KHB ENNIS

Only \$5 a plate
5pm to 7:30pm

LIVE POLKA MUSIC
by David Slovak 5pm - 7pm
in the Dining Room

SOKOL KHB ENNIS

BURGERS & TOTS



FEAST in the DINING ROOM

MONDAY SEPTEMBER 13, 2021

SOKOL ACTIVITY CENTER - 2622 E Hwy 34, Ennis TX
972-875-7959 fundraising@sokolennis.com sokolennis.com

SOKOL KHB ENNIS

Includes all the trimmings
Here or To-Go

MONDAY NIGHT FOOTBALL

7:15 in Clubroom

SMOKE FREE EVENT
NO SMOKING PLEASE

2021 Sponsors of Sokol Ennis - Thank you for your support!

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<p>MIDNIGHT AUTO PARTS</p> <p>PLACE YOUR ORDER BEHIND THE WATER TOWER ANY NIGHT BEFORE 9PM</p>	<p>MATOUS ELECTRIC LLC</p> <p>972-875-8005 TECL 23078</p>	<p>Tul.Craft Screen Printing</p> <p>TG</p> <p>www.tulcraftscreenprinting.com tulcraft.sales@gmail.com 214-717-9604</p> <p>Screen Printing • Spirit Wear • Online Store</p>

Donations and news worthy items to support the Sokol KHB Newsletter should be sent to Sokol KHB Newsletter, P.O. Box 205, Ennis, TX 75120



Sokol Ennis Gymnastics

2021-2022 CLASSES & TUITION RATES

August 2021 - June 2022

MONTHLY / SEASONALLY (August -June)

45 minute class 1x week Tots/ Pre-schoolers / Novice Level	\$60.00 per month \$500.00 for the season if paid by September 15, 2021
1 hour class 1x week Boys	\$65.00 per month \$552.50 for the season if paid by September 15, 2021
1 hour class 1x week Tumbling	\$65.00 per month \$540.00 for the season if paid by September 15, 2021
1 hour class 1x week Girls Levels 1 & 2	\$65.00 per month \$540.00 for the season if paid by September 15, 2021
1-1/2 hour class 2x a week Girls Levels 3 and Up (Competitive)	\$120.00 per month \$1000.00 for the season if paid by September 15, 2021

Monthly tuition is due during the first week of classes each month if not pre-paid annually.

A \$10 late fee will be imposed if not paid by the 10th of the month

Families having more than one child enrolled in our program will receive a tuition adjustment of \$5 per child.

Payment is accepted by check and cash

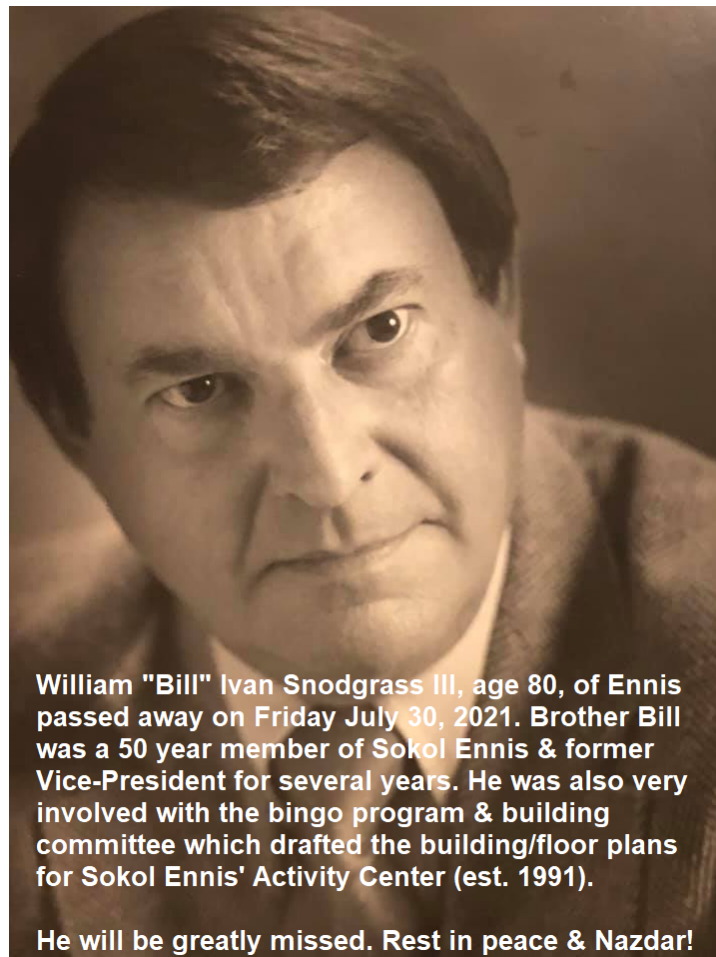
We are unable to accept credit cards.

Registration Packet 2021-22 can be found at sokolennis.com/gymnastics-%26-fitness

2622 East Hwy. 34 | Ennis, TX 75119
Gymnastics Manager: 972-765-3733

www.sokolennis.com
fitness@sokolennis.com

sokolennis.com



William "Bill" Ivan Snodgrass III, age 80, of Ennis passed away on Friday July 30, 2021. Brother Bill was a 50 year member of Sokol Ennis & former Vice-President for several years. He was also very involved with the bingo program & building committee which drafted the building/floor plans for Sokol Ennis' Activity Center (est. 1991).

He will be greatly missed. Rest in peace & Nazdar!