



PROUDLY SERVING THE ENNIS COMMUNITY SINCE 1908

“The mission of the American Sokol is to provide fitness and community for individuals and families through physical, educational, cultural, and social programs.”

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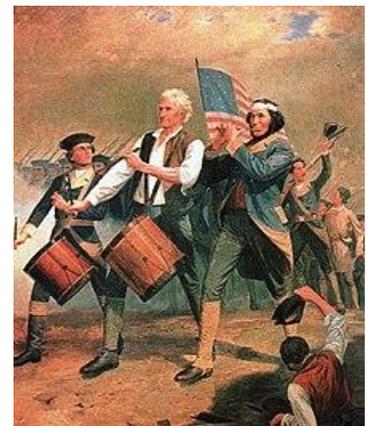
American Sokol Organization Ennis, TX
A non-profit membership organization - 501(c)3

Sokol Ennis is seeking volunteers for the following committees:

- Ways & Means Committee**
Fundraising enterprises & social events
(co-chaired by Joanna Wilson & Michelle Slovak)
- Property Committee**
Property & facilities upkeep (chaired by Thomas Betik)
- Educational Committee**
Sokol education & museum-library (chaired by Liz Moucka)
- Membership Committee**
New member solicitation & recruitment (chaired by David Slovak)
- Public Relations Committee**
Publicity, advertising & social media (chaired by Michelle Slovak)

If interested, email membership@sokolennis.com. Gold membership required.

Labels in the border: Gymnastics, Clubroom, Swimming Pool, Facility Rentals, sokolennis.com, Fitness, Museum & Library, Czech & Slovak Club



Frequently Asked Questions About Sokol Education Director's Report

The name Sokol: Sokol is the Czech word for Falcon, a courageous, agile bird; fast and high flying.

KHB: The initials of Karel Havlicek Borovsky [October 31, 1821 - July 29, 1856], a Czech writer, poet, political journalist, publisher. He advocated ideas like universal suffrage (right to vote) and Czech national independence. Our Ennis unit is named for him.

The Sokol motto: A strong mind in a strong body.

How Sokol started: Dr. Miroslav Tyrš [August 17, 1832 –August 8,1884] (*whose name is on our swimming pool*) and Jindřich Fügner founded the Sokol organization in 1862 in Bohemia. Tyrš was a Czech art historian and educator. His bad physical condition in earlier life gave him an interest in sports to strengthen himself, and he came to create a system of physical training based on the Greek ideal of harmony between physical and mental values. The first Sokol unit in the U.S. was founded in 1865 in St. Louis, Missouri. Sokol KHB Ennis, Texas was founded in 1908.

What we say at the end of every class: The instructor calls out, “Na Zdar!” which is Czech for “To Success!” The students then answer, “Zdar!” which means simply, “Success!”

Slet: A Sokol gymnastics meet. Our Southern District (Texas and Oklahoma) has a slet every June (*except last year and this year due to Covid-19*). The American Sokol hosts a national slet every 4 years. The Czech Republic hosts an international slet every 6 years.

We are part of the American Sokol's Southern District. Texas cities with Sokol units:

- Ennis
- Dallas
- Fort Worth
- West
- Houston
- Corpus Christi

and the Yukon, Oklahoma unit is also in the Southern District

The Sokol philosophy: While there are plenty of competitive opportunities, Sokol equally serves those who don't strive for a top sport performance, but simply like to exercise, be fit and healthy, and want to enjoy the experience. A fundamental part of the Sokol program is our general fitness program for people of all ages to improve health, fitness level and overall well-being. Sokol was founded on the philosophy that physically fit, mentally alert and culturally well-developed people make a strong community.

More about Sokol history: Sokol gymnasiums were built in even small communities throughout the region of the Austro-Hungarian Empire that would become Czechoslovakia after World War I. Besides regular training of all age groups, units organized sporting competitions, cultural events including drama, literature and music, excursions and youth camps. Sokol flourished in Europe between the two World Wars. During this time, membership grew to over a million. However, the organization was banned by totalitarian regimes in Czechoslovak history -- Nazis and Soviet Socialists. After Czechoslovakia was freed from the USSR, Sokols from the U.S., including our unit president at the time, Larry Laznovsky, helped the Czechs re-establish the Sokol organization in Czechoslovakia.

Websites to learn more about Sokol:

www.american-sokol.org

www.sokolennis.com

www.czechgallery.com/sokol

June, 2021

GYMNASTICS REPORT

We conducted a Mini-Slet on May 22, 2021 at our Sokol for all classes.



We raffled off a quilt (Marcie Pickler winner) and an Origami Owl Necklace (Madeline Wilson winner) at Polka Fest -- proceeds to benefit the gym program. Thanks to all who supported the raffle.

We will start our summer exercise/bootcamp program on Monday June 7th. Monday, Tuesday, Thursday 5:30pm-7:30pm. We're only doing this the month of June 11 Classes. Adults and Kids are welcome. It will be \$10 a class or \$40 for the whole month of June.

Volleyball Report

Coed youth volleyball free play night on Wednesday at 615 to 730. \$25 Registration per child and a Parent must be a Sokol gold member.

Adult Volleyball free play is Wednesday 730 till around 10. \$15 Registration and adult must be a gold member.



Adult Volleyball Group

The volleyball group raffled off a corn hole set at Polka Weekend -- Brian Zhanel was the raffle winner. Thanks to all who supported the raffle.

Nazdar !! Joanna Wilson - Gymnastic Director

June, 2021

Mini Slet Competition Winners / Participants



Members June / July Birthdays

Month	Date	Last	First		Month	Date	Last	First
June	1	Betik	Alexandra		July	1	Alfaro	Esmeralda
June	4	Chaheine	Jorge		July	4	Falkenbach	James
June	7	Holland	Rita Jane		July	7	Slovak	David
June	7	Navarro	Eudelia		July	9	Holland	Jerry
June	8	Beebe	Jean Paul		July	10	Threet	Ricky
June	8	Betik	Kristine		July	13	Dvorak	April
June	8	Hollingsworth	Ronda		July	16	Toth	Arthur
June	8	Pleiner	Sammy		July	17	Chandler	Retta
June	9	Pleiner	Libby		July	17	Moucka-Krajca	Elizabeth
June	11	Crow	Kirby		July	17	Wilson	Glen
June	11	Mullican	Cliff		July	21	Mikula	Andy
June	12	Gunn	Christina		July	21	Schumacher	John
June	13	Gillentine	Rebecca		July	21	Slovak	Darren
June	13	Hamilton	Stuart		July	22	Bouska	Charles
June	13	Lara	Jose		July	22	Wester	Jerry
June	15	Andrie	Paula		July	24	Fincher	Dillon
June	17	Cepak	Rick		July	25	Mercer	Norma
June	18	Toth	Robert		July	28	Jurcik	Charles
June	19	Evola	Corin		July	28	Patak	James
June	20	Anderson	Warren		July	30	Trojacek	Benny
June	21	Trojacek	Laura		July	30	Zmolik	Lawrence
June	22	Stacks	Cathy		July	31	Houdek	Jennifer
June	22	Wood	Rachel					
June	24	Kocurek	David					
June	26	Valek	Vickie					
June	27	Prachyl	Greg					
June	28	Hickman	Kari					
June	29	Davis	Cindy					
June	30	Collard	Mary Ann					
June	30	Wilson	Linda					

“We must not only learn to tolerate our differences. We must welcome them as the richness and diversity which can lead to true intelligence.” Albert Einstein

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Ellis County Czech Heritage Society

Czech Movie & Social

Thurs. June 3, 2021 in the Clubroom (back entrance)

Sokol Activity Center

2622 E Hwy 34 - Ennis TX

Doors Open 5pm - Accordion Music by David Slovak 6pm - Featured Film: "Grapes" 7pm

Clubroom

Old members, new members, friends and neighbors are all invited to the social & 2008 Czech movie:

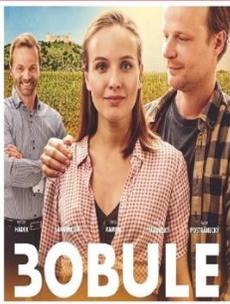
"Grapes" (Bobule)

Film is in Czech w/ English subtitles & will be shown in the Clubroom which offers sufficient space for social distancing for all.

No Cover Charge. Cash Bar.

Pizza, chicken strips, cheese sticks, jalapeno poppers, fried pickles & snacks available at bar.

SMOKE FREE EVENT
NO SMOKING PLEASE

Volleyball

This summer comedy takes us to the Moravian vineyards. It is a story of 2 friends Honza & Jirka, 2 friends who check in as complete opposites on every level; Honza is a polished urbanite, Jirka a nickel-&-dime crook with a flair for wooing women. The men's friendship is characterized by an unending series of wild schemes & escapades. When Honza learns of his grandfather's impending death, it brings him face-to-face with his own mortality & encourages him to fulfill his long-held dream, while he still has the opportunity to embark on a dream vacation to the vineyards of Moravia, with buddy Jirka in tow.

Questions or comments: Victor Havel 817-714-8323 or Kyle Stuckly 817-925-1673

The next Czech Movie & Social will be July 1st (event occurs every first Thursday of the month)

Gymnastics
Clubroom
Swimming Pool
Facility Rentals
sokolennis.com
Fitness
Museum & Library

CALENDAR – ONGOING ACTIVITY

- Gymnastics** -- Monday -Thursday 5:30pm
- Get Fit with Sara Jakubik** -- Mondays 5pm & Wednesdays 6pm
- Volleyball** -- Wednesdays - Youth 6pm & Adult 7:30pm
- Clubroom** -- regular business hours are 5pm to 11pm Mondays & Wednesdays
- Swimming Pool** CLOSED 2021 for renovation
- Museum & Library** -- open for special events and by appointment
- Membership meetings** -- every 3rd Wednesday of month in Dining Room 7pm
- Czech Heritage Society of Ellis County Social/Czech Movie** -- 1st Thurs of month at 7pm
- \$10K Giveaway Building Fund Benefit** -- annually the first Saturday of March
- Annual Members Day / Christmas Celebration** -- first Saturday of December
- Ennis Czech Music Festival** -- annually the Saturday following Superbowl (February)
- National Polka Festival** -- annually Memorial Day Weekend (May)

CALENDAR – UPCOMING EVENTS

- June (TBA) Annual Southern District Slet - Sokol West (CANCELED)
- June 3 Czech Heritage Society Social & Czech Movie: Grapes - Clubroom 5pm
- June 11 Feast Fundraiser - Dining Room 5pm (Menu TBD) / Studebakers - Clubroom 7pm
- Aug 28 Southern District Sokol Meeting - ZOOM 10am
- October 17th – Heritage Day Celebration - Dallas
- Nov 6 Southern District Annual Meeting & Elections - ZOOM 10am
- Dec 4 Annual Members Day / Christmas Celebration - Main Hall 10am-5pm
- Dec 12 Annual Ellis County Toy Run - Main Hall 12pm

2021 Sponsors of Sokol Ennis - Thank you for your support!

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“We must think of freedom not as the right to do as we please, but as the opportunity to do what is right.”

Peter Marshall

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SOKOL KHB ENNIS
MONTHLY MEMBERS MEETING
Weds, June 16, 2021 - 7PM
Dining Room
Sokol Activity Center - 2622 E Hwy 34, Ennis TX

All members encouraged to attend

Sokol values your interest & welcomes your involvement in the organization. There are many opportunities for youth & adult members to be involved. Involving the entire family in volunteer activities addresses the benefits of youth volunteering while utilizing the volunteer resource of adults with children. Sokol encourages parents and their children to volunteer together!

Members are also encouraged to provide feedback & offer ideas on Sokol's educational, physical, cultural, & social programs & activities.

Sokol KHB Ennis is a 501(c)(3) non-profit organization (American Sokol Org.)

Clubroom also open 5PM
(Members Meetings occur every 3rd Wednesday of the month)

sokolennis.com

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STUDEBAKERS
SOKOL ENNIS CLUBROOM
FRIDAY JUNE 11, 2021 7PM
Doors Open 5PM - No Cover charge
SOKOL KITCHEN will be open (Menu TBD)



SMOKE FREE EVENT
NO SMOKING PLEASE

sokolennis.com

Donations and news worthy items to support the Sokol KHB Newsletter should be sent to Sokol KHB Newsletter, P.O. Box 205, Ennis, TX 75120