



**PROUDLY SERVING THE ENNIS COMMUNITY SINCE 1908**

**"The mission of the American Sokol is to provide fitness and community for individuals and families through physical, educational, cultural, and social programs."**

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**It's Czech Heritage Month!** Official legislation designating October as Czech Heritage Month in the state of Texas: Acts 1999, 76th R.S., HCR 308 Whereas the month of October typically brings many festivals throughout the state of Texas to celebrate and honor the heritage of this state's Czech descendants; Whereas, in the primary period of migration from Czech lands, over a quarter of a million people of Czech ancestry arrived in Texas to make this place their home; and Whereas, since that time, the number and stature of Czech descendants living in Texas has grown tremendously; there are now well over one million people living in all areas of the state and walks of life who can claim Czech heritage; and Whereas, Texans of Czech ancestry take great pride in sharing with the rest of the state their contributions in the areas of art, music, literature, food, folklore and many other fine customs that are a part of Texas' rich, diverse culture; and Whereas, this pride is displayed annually in the month of October by Czech Heritage Societies throughout the state as they stage various festivals, some of which have been passed down from generation to generation; now therefore for be it Resolved, that the Legislature of the state of Texas hereby declare the month of October "Czech Heritage Month" in Texas and commemorate the contributions of Czech culture to this great state; and be it further Resolved, that through the adoption of this resolution, the Legislature of the state of Texas calls upon all Texans to join in celebration in honor of our friends of Czech descent; and be it further Resolved that an official copy of this resolution be prepared for the Czech Heritage Society of Texas, Inc as a token of high regard from the Legislature of the state of Texas.



## **SOKOL MEMORIAL DAY - OCT. 8**

**An Important Day in Czech Republic (and for American Sokol)**

Each year the Czech Sokols commemorate October 8<sup>th</sup> as the reminder of the tragic events in the organization's history. On the night of October 7, 1941, the "Sokol Action" was launched by a decree of Reinhard Heydrich, acting Reich Protector of Bohemia and Moravia. The decree's orders were to arrest and subsequently deport Sokol representatives to concentration camps and to paralyze the organization's resistance activity. On that day hundreds of Sokol members were arrested, the organization was dissolved, and its property was confiscated.

Throughout the Second World War Sokol was among the most prominent sources of resistance. Over 3,000 Sokol members were executed during the Nazi totalitarian regime and another 8,000 were imprisoned.

During 2018, the Civic Democratic Party proposed the inclusion of Sokol Memorial Day as an "Important Day" of the Czech Republic. In January of 2019 the Senate of the Czech Republic approved October 8<sup>th</sup> to be recognized as Sokol Memorial Day. President Milos Zeman signed this legislation.

At the October 22, 2019 Executive Board meeting of American Sokol, a motion was approved that American Sokol will observe Sokol Memorial Day. We share our roots with Sokols and together we will always remember October 8<sup>th</sup> with Sokol around the world.



## Educational Director's Report

### What are a few seasonings that are most used in Czech meal cooking that are not as prevalent in American food?

**Paprika** (Paprica) is used in practically every Czech meat dish. Paprika chicken (kuře na papric) is one of the most traditional Czech meat dishes, along with pork roast (vepřová pečeně) and goulashes (guláš) of all types. Hot paprika was a Turkish product made from pepper seeds that had been brought to the Mediterranean area by the Spanish conquistadors. They made their way to the Czech and Slovak lands, where Slovaks developed a sweet variety that found great popularity not only regionally, but worldwide. Paprika farms and mills became a major industry in Slovakia. Pound for pound, paprika has a higher content of Vitamin C than citrus fruit.

**Caraway seeds** (kmín) quickly come to mind as well. They are what give rye bread its flavor. Beef or pork stew (guláš), sauerkraut (kysele zeli), pork and beef roast just would not be right without caraway. First used in antiquity in Asia, caraway has been cultivated in Europe since the Middle Ages, widely used in Czech and German cooking. It is also considered a medicinal herb, as an antiseptic, antispasmodic, and to aid digestion and flatulence, stimulate milk production in mothers as well as treat infant colic. If you don't visually like to see caraway seeds in gravies, grind them.

**Marjoram** (majoránka) has a special place in Czech cuisine. It is used to flavor pork sausages, it's the dominant taste of potato soup (bramborová polévka), mushroom soup (houbová polévka), and the traditional Czech potato pancake (bramborák),

**Dill** (kopr) Where would the humble cucumber (okurka) be without dill to season the sour cream for cucumber salad, and more importantly – dill pickles (koprové okurky). Dill is also added to sauces and vegetables.

**Dobrou chuť** (Bon appetit!)

**Na Zdar!** Sister Liz Moucka Krajca -- Educational Director, Sokol KHB Ennis

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### Time for a New Treasurer -- By Ray Elleven

They say elected positions are not supposed to be career and I believe this is true for political position and organizations like Sokol. It's been a good ride for me and when this term is completed, it will be time for me to move on and return to my retirement. I'd like to thank the membership for electing me to this position and everyone who helped and supported me over the past four years.

This means Sokol will be looking for a new treasurer for the December elections. If you have basic computer skills and a basic understanding of bookkeeping or accounting, you are a candidate to be our next treasurer. Duties include:

- Recording all receipts, making the deposits, and paying the bills at least once a week.
- Preparing weekly Club Room report
- Complete payroll twice a month.
- Reconciling the checking and savings accounts at the end of the month.
- Completing monthly reports and end of the month.
- Maintaining the Sokol Calendar.
- Maintain all passwords.
- Other duties as assigned

I will be available to assist with the transition and help train the new person. If you are interested, or know someone who is interested, contact President Thomas Betik who will refer you to the nominating Chair for consideration at the next election.

Again, thank you for this opportunity to be your Treasurer.

October, 2022

## GYMNASTICS REPORT

Gymnastics is still taking registration for the new season.



**Gymnastics has started their first raffle of the season!**  
**A Duromax XP12000EH Generator**  
**Tickets are \$10 a piece**  
**Drawing will be held December 3, 2022**

## VOLLEYBALL REPORT

Volleyball has postponed the annual tournament to sometime in November. Date to be announced.

## POOL REPORT

Pool is coming along. Pictures are always on facebook of progress to look at! We still are accepting donations for the pool!



Thank you, Joanna Wilson -- Physical Director/Gymnastic Manager Sokol

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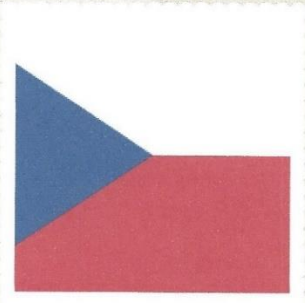
THE AMERICAN CZECH CULTURE SOCIETY AND ITS MEMBER SOCIETIES  
SOKOL DALLAS, SPJST, BETTER LIFE, KJT, KJZT, RVOS, AND VH CZECH SCHOOL

present

# CZECH & SLOVAK HERITAGE DAY

9TH OCT 2022 | 12 PM - 6 PM

@ SOKOL DALLAS  
7448 GREENVILLE AVE  
DALLAS, TEXAS 75231



Music | Food | Vendors | Raffle | Silent Auction | Jump Houses

## LIVE MUSIC BY:

Jodie Mikula Band  
Dallas Czech Orchestra  
Laddie Gajdica  
Czech Folk Singers

EXHIBIT: **MORAVIAN GLORY**

Admission \$10  
per person  
(ages 16 & under free)

Cash bar, food for purchase

For more information, contact - Bob Podhrasky [eventinfo@sokoldallas.org](mailto:eventinfo@sokoldallas.org)  
Nina Marcussen [czechschoolofdallas@yahoo.com](mailto:czechschoolofdallas@yahoo.com) • Lynda Novak [magiclady\\_46@hotmail.com](mailto:magiclady_46@hotmail.com)



DOOR OPEN: 11:30 AM

**MAIN HALL:**

12:00-1 PM DALLAS CZECH ORCHESTRA

12:45 PM OFFICIAL WELCOME AND ANTHEMS

1:00 - 1:20 PM BESEDA DANCERS WITH DALLAS CZECH  
ORCHESTRA

1:20-1:30 PM VH CZECH SCHOOL STUDENTS

1:30- 1:40 EUROPEAN SOCCER SCHOOL SHOWCASE

1:45 - 2:30 PM JODIE MIKULA ORCHESTRA

2:30 - 3:00 PM LADDIE GAJDICA SING-A-LONG

3:00 - 4:00 PM MIKULA ORCHESTRA

4:00 - 4:30 CZECH FOLK SINGERS

4:30 - 6:00 JODIE MIKULA

**SILENT AUCTION AND RAFFLE**

**CZECH ITEMS FOR SALE, COOKBOOKS, GINGERBREAD,  
EASTER EGGS, CHRISTMAS ORNAMENTS, JEWELRY,  
KOLACHES, BREAD, ROHLIKY**

**JELINEK SLIVOVITZ TASTING**

**MORAVIAN GLORY EXHIBIT**

**MARTINA MORAVCOVA OLYMPIC MEDALIST EXHIBIT**

**ROME MILAN MEMORIAL EXHIBIT**

**JERRY MILAN SOKOL EXHIBIT**

**PHOTO BOOTH**

**"CALL OF DUDY" - A BAGPIPE MUSIC DOCUMENTARY**  
**CRAFT TABLES**

**OUTSIDE:**

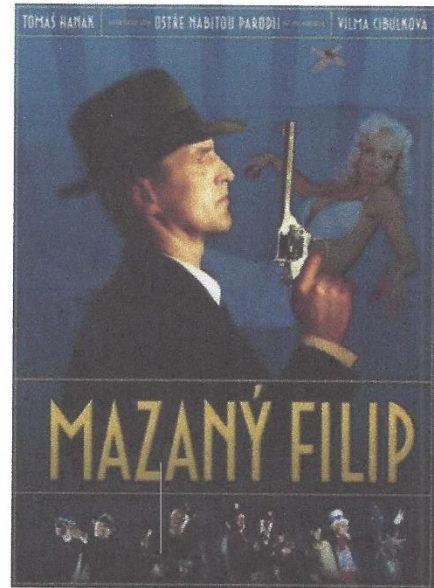
**EUROPEAN SOCCER SCHOOL SHOWCASE**  
**INFLATABLE JUMP HOUSES**



## Monthly Czech Movie & Social Oct. 6<sup>th</sup> & Nov. 3<sup>rd</sup>

The next Monthly Czech Movie & Social is Thursday, October 6<sup>th</sup> in the Clubroom. Doors open 5pm & accordion music by David Slovak at 6pm. The featured film is "Smart Phillip" at 7pm (Czech title: "Mazaný Filip"). The film is inspired by the stories of the American writer Raymond Chandler, the classical hero is private detective Phil Marlowe, a romantic cowboy, who takes the law into his own hands in the rough prairie of a large city. He is honest, skeptical and hardworking. He toils away on the cases that he solves after numerous mistakes, while often being tormented and beaten up by criminals and even the police. In this world of violence, mistrust and corruption, everything is for sale. Everything except him.

Pizza, chicken strips, corn dogs, French fries, cheese sticks, jalapeno poppers, fried pickles, onion rings, bread pretzels & snacks available for purchase at bar. Non-smoking event (smoking allowed on patio). Czech Movie & Social occurs monthly on the first Thursday by the Ellis County Czech Heritage Society. All Sokol members welcome.



## Monday Polka Party set for Oct. 17<sup>th</sup> & Nov. 21<sup>st</sup>



Pictured L-R: Mike Snapka, Chris Trojacek, Danny Zapletal, Andy Mikula, John Marek & David Slovak

We all had a fun time at the Monday Polka Party on August 22<sup>nd</sup>. The next party is set for October 17<sup>th</sup> in the Clubroom. Doors open 5pm. Music provided by David Slovak & Friends 7pm – 9pm. Food provided. Bring a covered dish or snack if you like. No cover charge. We will also have Monday Night Football on the TV's. A great way to get the week started!

## Monthly Membership Meeting Oct. 19<sup>th</sup> & Nov. 16<sup>th</sup>

Membership Meeting is held the 3<sup>rd</sup> Wednesday of the month at 7pm in the Dining Room. All members are encouraged to attend. Sokol values your interest & welcomes your involvement in the organization. There are many opportunities for youth & adult members to be involved. Involving the entire family in volunteer activities addresses the benefits of youth volunteering while utilizing the volunteer resource of adults with children. Sokol encourages parents and their children to volunteer together! Members are also encouraged to provide feedback & offer ideas on Sokol's educational, physical, cultural, & social programs & activities.

## Monday Night Football Watch Parties!

Join us in the Clubroom for Monday Night Football October thru Jan 2. Drink Specials! Football Boards!

## October / November Member Birthdays

Month	Date	Last	First	Month	Date	Last	First
October	1	Lanicek	Wesley	November	1	Matous	Joseph
October	1	Morales	Trenton	November	1	Hernandez	Lezlee
October	1	Block	Marilee	November	2	Hambrick	Tricia
October	1	Gonzales	Ricky	November	3	Liska	Mike
October	1	Liska	Russell	November	6	Morales	Calleigh
October	2	Kalat	Patti	November	8	Green	Caitlin
October	4	Wilkins	Jessica	November	9	Marek	John
October	5	Ozmy	Patricia	November	9	Liska	Stanley
October	5	Sobczak	Holly	November	9	Bouska	Loraine
October	8	Almond	Kalea	November	9	Trickett	Benjamin
October	9	Larson	Nancy	November	12	Matus	Wilma
October	9	Langer	Emily	November	14	Valek	Jerry
October	9	McGuire	Johna	November	15	Clark	Brian
October	11	Liska	David	November	15	Martinez	Ezekiel
October	12	Liska	Kyle	November	17	Reeve	Chip
October	12	Slovak	Anna	November	18	Bacak	Deborah
October	13	Liska	Nannette	November	18	McElroy	Greg
October	15	Hickman	Michael	November	19	Betik	Thomas
October	15	Valek	Matt	November	20	Holderman	Thomas
October	16	Hernandez	Joel	November	23	Spurgeon	Lisa
October	17	Mikel	Steven	November	23	Zembala	Dennis
October	18	Slovak	Jennifer	November	24	Johnson	Wyatt
October	18	McCaskey	Carole	November	27	Barak	Marita
October	19	Valek	Benny	November	27	Bragg	Connie
October	20	Frossard	Dianne	November	28	Elleven	Ray
October	20	Houdek	David	November	30	Elleven	James
October	21	Ledesma	Eddie				
October	21	Matus	Harry				
October	22	Barham	Amber				
October	25	Houdek	Jim				
October	27	Morales	Georgie				
October	27	Langtry	Annette				
October	27	Wilson	Joanna				
October	28	Laznovsky	Lori				

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### CALENDAR – ONGOING ACTIVITY

**Gymnastics** -- Monday -Thursday 5:30pm  
**Get Fit with Sara Jakubik** – Mondays & Wednesdays 5:30pm & Tuesdays & Thursdays 6pm  
**Volleyball** -- Wednesdays - Youth 6pm & Adult 7:30pm  
**Clubroom** -- regular business hours are 5pm to 11pm Mondays & Wednesdays  
**Swimming Pool** CLOSED for renovation  
**Museum & Library** -- open for special events and by appointment  
**Membership meetings** -- every 3rd Wednesday of month in Dining Room 7pm

### CALENDAR – UPCOMING EVENTS

Oct 8 Sokol Memorial Day  
 Oct 9 ACCS Czech & Slovak Heritage Day – Sokol Dallas 12pm – 6pm  
 Oct 17 Monday Polka Party w/David Slovak & Friends 7pm – Clubroom 5pm  
 Oct 19 Monthly Members Meeting – Dining Room 7pm  
 Nov 21 Monday Polka Party w/David Slovak & Friends 7pm – Clubroom 5pm  
 Dec 3 Annual Members Day / Christmas Celebration – Main Hall 10am  
 Dec 11 Annual Ellis County Toy Run – Main Hall – 12pm



## **SOKOL ENNIS CLUBROOM WILL BE OPEN SUNDAYS FOR DALLAS COWBOYS GAMES**

**OCT 02 ~ 12PM ~ vs Washington 12:00**  
**OCT 09 ~ 2PM ~ vs Rams 3:25**  
**OCT 16 ~ 5PM ~ vs Eagles 7:20**  
**OCT 23 ~ 12PM ~ vs Lions 12:00**  
**OCT 30 ~ 12PM ~ vs Bears 12:00**  
**NOV 13 ~ 2PM ~ vs Packers 3:25**  
**NOV 20 ~ 2PM ~ vs Vikings 3:25**  
**DEC 04 ~ 5PM ~ vs Colts 7:20**  
**DEC 11 ~ 12PM ~ vs Texans 12:00**  
**DEC 18 ~ 12PM ~ vs Jaguars 12:00**  
**JAN 08 ~ 12PM ~ vs Washington 12:00**

**AND FOR SUPER BOWL!**  
**FEB 12 ~ 12PM ~ Game at 5:30**

## **FUNDRAISING GAMES BENEFITTING SCHOLARSHIP FUND**

**NOV 24 Thanksgiving ~ vs Giants**

**DEC 24 Christmas Eve ~ vs Eagles**

(Clubroom will not be open / ask bartender for football boards)

**SOKOL KHB ENNIS ANNUAL  
MEMBERS DAY**  
**SAT. DEC. 3, 2022 10AM-5PM**

**10:00 Annual Meeting & Elections**  
Kolaches & Coffee provided

**12:00 Luncheon**  
Meat provided / Please bring covered dish

**1:00 Member Awards**

**1:30 Gym Exhibition**

**2:30 Santa & Christmas Social**

*Members Day occurs annually on the first Saturday of December*

**SOKOL ACTIVITY CENTER - 2622 E Hwy 34, Ennis TX**  
972-875-7959 fundraising@sokolennis.com sokolennis.com

**SMOKE FREE EVENT  
NO SMOKING PLEASE**

## ELECTION OF OFFICERS FOR 2023

Our annual meeting & elections will be December 3rd at 10am. If you are interested in being an elected officer of Sokol KHB Ennis, contact President Thomas Betik 972-875-7959 who will refer you to the Nominating Chair for consideration at the upcoming election. Please contact by November 25th.

Elected officers required:

- President,
- Vice-President,
- Second Vice-President,
- Secretary,
- Financial Secretary,
- Treasurer,
- Educational Director,
- Membership Director,
- Public Relations Director,
- Editor of Newsletter,
- Bylaws Chairman,
- Auditing Committee Officers (3),
- Budget & Finance Committee Officers (3),
- Reconciliation Committee Officers (3),
- Delegates to Southern District (2).

Info & forms about elected officers & the annual meeting can be found at [sokolennis.com/about](http://sokolennis.com/about) under the "Our Annual Meeting" section. Thanks & Nazdar!

Gymnastics

American Sokol Organization Ennis, TX  
A non-profit membership organization - 501c3

Czech & Slovak Culture

# SOKOL ENNIS GENERATOR RAFFLE



## DuroMax XP12000EH

12,000 Watt Dual Fuel (Gas/Propane) Portable Generator

**\$10 per ticket / 300 Chances**

**Benefitting Sokol Ennis Gymnastics**

**For Tickets**  
972-875-7959 / [fundraising@sokolennis.com](mailto:fundraising@sokolennis.com)  
or buy from our gymnastics members

Also available at Sokol Ennis Clubroom  
Mondays & Wednesdays 5PM-10PM

**Drawing is Saturday, Dec. 3, 2022**  
**Need not be present to win**

Visit [sokolennis.com](http://sokolennis.com) & follow us on Facebook  
Sokol Activity Center - 2622 E Hwy 34, Ennis TX

Clubroom

Volleyball

Swimming Pool

Facility Rentals

[sokolennis.com](http://sokolennis.com)

Fitness

Museum & Library



Donations and news worthy items to support the Sokol KHB Newsletter should be sent to Sokol KHB Newsletter, P.O. Box 205, Ennis, TX 75120

2022 Sponsors of Sokol Ennis - Thank you for your support!

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