**21 Days of Prayer & Fasting Guide**

**Theme: I Surrender All**

**Day 1 – A Living Sacrifice**

📖 *Romans 12:1* – “I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service.”  
💭 **Reflection Question:** What area of my life (habits, thoughts, actions) do I need to present as a living sacrifice to the Lord?

**Day 2 – Search Me, O God**

📖 *Psalm 139:23–24* – “Search me, O God, and know my heart; try me, and know my anxieties; and see if there is any wicked way in me, and lead me in the way everlasting.”  
💭 **Reflection Question:** Am I willing to let God expose and remove hidden things in my heart?

**Day 3 – A Clean Heart**

📖 *Psalm 51:10* – “Create in me a clean heart, O God, and renew a steadfast spirit within me.”  
💭 **Reflection Question:** What unclean attitudes or desires do I need to surrender for God to give me a clean heart?

**Day 4 – Undone Before God**

📖 *Isaiah 6:5* – “So I said: ‘Woe is me, for I am undone! Because I am a man of unclean lips, and I dwell in the midst of a people of unclean lips; for my eyes have seen the King, the Lord of hosts.’”  
💭 **Reflection Question:** How does seeing God’s holiness change the way I see my own life and words?

**Day 5 – Deny Yourself**

📖 *Luke 9:23* – “If anyone desires to come after Me, let him deny himself, and take up his cross daily, and follow Me.”  
💭 **Reflection Question:** What does denying myself look like in my daily routine?

**Day 6 – Not My Will**

📖 *Luke 22:42* – “…nevertheless not My will, but Yours, be done.”  
💭 **Reflection Question:** Where in my life do I need to stop insisting on my will and submit to God’s will?

**Day 7 – Humble Yourself**

📖 *James 4:10* – “Humble yourselves in the sight of the Lord, and He will lift you up.”  
💭 **Reflection Question:** In what ways do pride or self-reliance keep me from full surrender?

**Day 8 – Cast Your Cares**

📖 *1 Peter 5:7* – “Casting all your care upon Him, for He cares for you.”  
💭 **Reflection Question:** What burdens or worries am I still carrying that I need to release to God?

**Day 9 – Lay Aside Every Weight**

📖 *Hebrews 12:1* – “…let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us.”  
💭 **Reflection Question:** What weights (distractions, habits, relationships) do I need to surrender so I can run freely with Christ?

**Day 10 – Trust in the Lord**

📖 *Proverbs 3:5–6* – “Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths.”  
💭 **Reflection Question:** Where am I still leaning on my own understanding instead of trusting God fully?

**Day 11 – Surrender Your Mind**

📖 *Romans 12:2* – “And do not be conformed to this world, but be transformed by the renewing of your mind…”  
💭 **Reflection Question:** What worldly patterns or thoughts do I need to surrender for my mind to be renewed?

**Day 12 – Guard Your Heart**

📖 *Proverbs 4:23* – “Keep your heart with all diligence, for out of it spring the issues of life.”  
💭 **Reflection Question:** What influences do I need to remove from my life to keep my heart pure before God?

**Day 13 – Surrender Your Tongue**

📖 *Ephesians 4:29* – “Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers.”  
💭 **Reflection Question:** How can I surrender my words so they bring life instead of harm?

**Day 14 – Be Still**

📖 *Psalm 46:10* – “Be still, and know that I am God…”  
💭 **Reflection Question:** What areas of my life do I need to quiet so I can fully recognize God’s presence?

**Day 15 – Forgive Others**

📖 *Matthew 6:14* – “For if you forgive men their trespasses, your heavenly Father will also forgive you.”  
💭 **Reflection Question:** Who do I need to surrender my bitterness toward and forgive?

**Day 16 – Surrender Your Plans**

📖 *Jeremiah 29:11* – “‘For I know the thoughts that I think toward you,’ says the Lord, ‘thoughts of peace and not of evil, to give you a future and a hope.’”  
💭 **Reflection Question:** Am I willing to lay down my plans and trust God’s plan for my future?

**Day 17 – Walk in the Spirit**

📖 *Galatians 5:16* – “I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh.”  
💭 **Reflection Question:** What fleshly desires do I need to surrender in order to walk fully in the Spirit?

**Day 18 – Surrender Your Possessions**

📖 *Matthew 6:19–21* – “…lay up for yourselves treasures in heaven… For where your treasure is, there your heart will be also.”  
💭 **Reflection Question:** What material things or comforts have I been holding onto more tightly than God?

**Day 19 – Take Every Thought Captive**

📖 *2 Corinthians 10:5* – “…bringing every thought into captivity to the obedience of Christ.”  
💭 **Reflection Question:** Which negative or unholy thoughts do I need to surrender daily to Christ?

**Day 20 – Surrender Your Fears**

📖 *2 Timothy 1:7* – “For God has not given us a spirit of fear, but of power and of love and of a sound mind.”  
💭 **Reflection Question:** What fears do I need to surrender and replace with God’s power, love, and sound mind?

**Day 21 – Complete Surrender**

📖 *Philippians 3:7–8* – “But what things were gain to me, these I have counted loss for Christ. Yet indeed I also count all things loss… that I may gain Christ.”  
💭 **Reflection Question:** After these 21 days, what am I fully surrendering so that Christ may be all in all in my life?