RISE OF THE DRAGONS RETURN OF LEMURIA



KEAHI HANAKAHI AND ROBERT WIEGAND



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Dedication

I dedicate this book to my friends in this world without whom these writings would not have been possible:

To my beloved friend Robert Wiegand, for the commitment, constant dedication, and support that he has given in organizing all the technical logistics necessary to get this book published. His time and energy are deeply appreciated.

To Maile Orme, for gracing my life with her presence, and for her beautiful poems that resonate with the wisdom of this book and have graced its pages.



To Vonnie Brenno Cameron, the illustrator of illustrators! My sincerest thanks. And Bruce MacDonald for editing and book production.

The first book, *Lemuria: The Wisdom of Mu*, was for my children. The second, Lemuria, The Land That Time Forgot: The Return to MU, is for the world.

Poems

Maile Orme, a poet, a confidant and a friend. Being native Hawaiian, Maile has a deep connection with Keahi and has benefited greatly from their friendship and the love and wisdom Keahi brings.

Over the years Maile has written a number of poems that Keahi loves and feels compliment the message in this book.

Keahi has selected the poems that resonate most deeply with the energy of this book's wisdom from Lemuria, the land time forgot, and the true care-takers of planet earth, the dragons.



Preface

Keahi Hanakahi, a native Hawaiian has dedicated his life to understanding divine love.

The underlying struggles of life require any sincere person on a spiritual path to ask: Who am I? Why am I here? What is the purpose of my existence?

The driving force behind these questions must come from the strongest "desire" to be free, and to know the truth of who we are at the deepest level.

Keahi's spiritual journey began at the age of nineteen. Later, he married and raised five wonderful children. His desire to understand and embrace the true nature of divine love, in all its complexity, took him beyond the average human perception of what unconditional love, and self-mastery are. This in turn taught him how to sensibly apply the wisdom of divine love in everyday life situations. These writings are just a drop in the bucket of wisdom that he gained from his journeys.

As complex as his growth has been, his only true message is this: All we have to do is simply feel, and live from the love of our hearts.

Forward

I Had a Thought – by Robert Wiegand aka Kimo.

I met Keahi, and his intelligence revamped me completely. Since I started learning from him, I neither need nor want for anything. He has taught me to live and be free. Living free is living the truth of what we are. He helped me find the highest path, his path, which I now walk. He led me to the Light we all seek, and that many turn from. In my new life I know that this life is all a big joke and that to live free means to take life less seriously.

Keahi's teachings showed me how to step out of this illusion we call life A new reality has opened up to me - one of love and freedom - which has showed me that Light is what we are. The writings in this book are embodied in and flow through me, and now, I Am.





Introduction

The language of the metaphysical is not earthly. Metaphysical laws and *knowings* that lie outside the physical are not human. On my journey into the metaphysical, I learned a new language of the heart and not the mind, one that forms the basis of the words used in this book.

Humans and religions have attachments to the idea of God and what God is. The word God itself has lost all reference to our Creator – the Father of all life.

So, with Keahi's help I was taught how to communicate with Creation through an alternative system of energy centered in the heart region. energy never lies, so as I grew through experiencing higher and higher frequencies of energies, I was shown their parameters, laws and taught how to call them forth into the physical world.

As I refined myself through extensive practice, the frequencies I could reach rose even higher. Over time with Keahi's guidance I found what we called the God energy or God realm. This is where I discovered that the creation of the universe is centrally located.

Upon reaching this central location of the universe, I realized I was experiencing and talking to myself. Standing in what I can only describe as "eternity" I realized that God is having an experience through me, through all of us. Thus realization showed me we are all actually unified in what I call the God-Field that is us. It was so simple and yet so difficult to let go and be this field.

My journey into eternity was not easy. I lost everything and died in order to be put back on earth, re-booted, with a new self - a knowing one. That is at least how my new self-expresses itself to me.

In January 2022, I died in a plane crash but was allowed back into my body to bring back an old message and energy system to earth. Since my near-death experience, I have been granted the ability to work with and clear people's energies so they can awaken to their full potential. I have realized that I can do this by turning other people's hearts on. Once the heart is on, I mean I actually seed another heart with divine love. Essentially the person's heart is rewired with a new energy system. My message is this freedom lies within the laws of one's own Divinity.

Keahi and I bring forth divine love back from times past, a time when dragons and Lemurians lived on earth. As people's hearts are turned on by the laws of divine love, each will experience their own journey to freedom. To step into freedom, one must bring their humanness, fragmented from Creation itself, back into Singularity. This is done in the heart Field, not the mind.

This book is encoded with this divine love, which realigns the human mind with the language of the heart. Perhaps the most amazing aspect of this book is that on the surface it appears as just words but it is filled with divine love and opportunities to see through the veil.

The ideas in this book reflect what Keahi mastered, and which he then passed to me through an energy system that totally remade me. And, it was effortless. The qualifier I had to have to receive this energy was sincerity. You will go nowhere without sincerity.

I have been re-tooled to pass all this on, and even given the techniques to help each person regain sincerity. If you so choose, you too can master these things and pass them on as well. When you live in sincerity and master the lessons herein, then you know that whatever you master you can give away.

Develop a Divine Connection

The brain is a mathematical, biological device, which tries to make sense of the world around it.



Give yourself the advantage of thinking through your heart. Soul tells the heart, which tells feelings, not emotions, that are interpreted by the brain about what is.



Be sincere; remain innocent, but don't willfully accept darkness.

Be pure with intent.



Make yourself sincere through desiring sincerity and directing this desire into your heart.

Life is a Teacher

When life throws you a curveball, you can either get bitter or better.

When you haven't faced your own darkness, you can never face your own light.

I ask of life only one thing: an opportunity to love. When love is expressed, love is experienced.

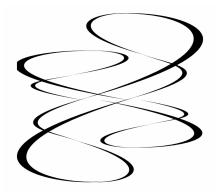
Loving yourself is the same as appreciating the Creator.

Your Vision Quest

You can have an attitude towards life, or gratitude for it.

Your outlook determines your outcome.

Life is a boot camp for the soul.



Whining will not serve you well.

It is through wrong decisions you find your right way.

Life is a race best run alone.

The Illusion of Life

True failure is known by one who gives up, gives into illusion, and accepts the idea of failure and self-defeat.



Step out of the illusion.



Walk your path away from the illusion.



Relationships come and go.

It is your connection to Divine Source that will fill your Soul.

Fear Not

What makes you cry owns you. When you can laugh at it you own it.



Crying distorts light and its joy into darkness.



When you go through the fires of life, don't be afraid. You will end up fireproof on the other side.

What Matters

Matter really does not matter; only energy matters.

Matter doesn't matter.

It's still pliable and can be rearranged.

It is a trick to convince matter.



It is not real as it appears physically. Master this concept and you have mastered the metaphysical game.



You may ask yourself the question, *What is dark matter*? Dark matter is matter broken down into its finest element.

It is future potentiality of creation waiting for a prime directive to be given by a creator.

Be Yourself

When I'm asked to jump off the cliff, one of two things will happen: Either He will catch me or I will grow wings.





Being you is enough, so ask yourself what is a *Being*.

What does it take to Be and what if the concept of being nothing is useful.





Me turned upside down is We, which will turn your life right side up.

Human Beautiful

How do you catch a rainbow? Be the rainbow. It works every time. I am more than affirmation. I am a Being, not a doing.



Perceptions are Illusions

Death is not real!

Think of death like a black hole.

A black hole in the Universe is nothing more than a recycling center.

When you reach your black hole of no way forward, expect to be recycled.



This is sometimes called being rebooted.



Creator created earth as a sandbox for us to play in. Don't forget to play.



Our Universe always wants to help you. You decline the assistance by placing curses into your reality with your human perception.

Divine Love

Divine love is more than a mirrored emotion.



Divine love is an element of the Universe setting all other elements in place.



Divine love is the creator of law, perceiving all law, with authority over all law to re-create itself.



God only intends love by divine intention.

You Determine Truth

When you are in your Divinity, there is no need for results.



Life is not a race of the strongest, smartest and most skilled, but is made of the purest intended decisions. So, refine, define, and never confine decisions that matter.



Everything has a degree of truth in it given the perspective from which it comes.

Imagine Divine Love

Happiness is the creation of the heart, not of the brain



Love is like an iceberg. What you see is the obvious part on top.

What lies beneath the surface? The potential to connect to divine love.



Knowledge is limited to what it knows. Imagination knows no limit. Imagination made the Universe.

Choose to Be Free

Life is a starting point.

Life will not determine here or how you end-up. Your choices determine how you end-up.



The only control you should indulge in is self-control.



Laughing at yourself is the best medicine. It's free.

Seeing Through Divine Eyes

Laws were made for the lawless, rules for the ruthless, judgment for the judgmental, love for the divine. No law, rule or forgiveness is needed to hold you when you become divine.

Realize, you are divine love.



RUK Sack of Life: What you Realize, you materialize. What you Understand, you expand. What you Know will grow.



Save yourself from yourself. You are your worst enemy. The Creator is already your best friend. He lives inside you! When are you going to be your best friend? When will you see yourself as the Creator sees you?

Moving Past Limitations

A great mind is like a hermit crab forever outgrowing its shell.



Hate hurts the hater more than the one hated.



Truth is not static or stagnant.

Truth is forever expanding.

Sometimes good things fall apart so greater things come together.

Love, The Only Truth

Reverence for all life is the beginning of wisdom.



Your primary directive as a free being is to be happy. It was never meant for you to make others happy. If it does happen that's just an extra benefit.



If life is money, love is the only thing worth buying.

What You Perceive You Receive

Regret, judgment, and fear exist only when you create it.



True perception is to peer from the heart into a thing, idea, or concept.



Perceiving the Universe, you will find Divine Law. Perceiving Law you will find divine love perceiving itself and recreating itself.

Wise Love is Self Love

You can know a man by the medals he wears, but more especially by the scars he bears.



You can know a man for what he is by how he treats his enemies, not his friends.



You will never be disappointed when you expect nothing from anyone or anything, but expect everything from yourself.

Everything You Need is Inside

Never seek to define yourself for defining oneself is confinement. Instead, allow yourself an endless array of options, which is re-defining yourself. Redefining is expansion, eternal progression. Progression is everything.



Character is a good habit made permanent.



A true teacher systematically removes the self from the equation, leaving the student as their own teacher.

Relationship of Grace

You can tell who a man is by the way he treats a woman.



You can tell who a woman is by the way she acknowledges a man.



Virtue is blessed and displayed by the way you treat your enemies, not your friends.

Open Mind Open Heart

A mind filled with all of its intelligence pales in comparison to the heart filled with divine love.



To see the obvious is human. To see beyond obvious is Divine.



A mind once expanded beyond its present dimensions cannot return to a previous one.

Lead the Way to Change

The surest way of ending a war is to never let the battle begin. Instead, bring to all situations divine love, which resolves potential issues and conflicts and makes your enemies your best friends.



When we ourselves are not willing to change, how can we change the world? Be the change this world looks for.



Your warm heart is what this cold world needs.

You're Already Home

Be the change you are looking for. Everything you need is inside you.



Your mind was created to serve you, never to be your master.



Your Master is the only Captain of the ship.



Your heart is the rudder pointing your compass towards divine love, which forever is your True North, guiding you Home from whence you came.

Control is an Illusion

Patience is a virtue best used with yourself.



A great genius is the one who can awaken it in others.



Control your destiny, never your relationships.

Loving What Is

Your greatest weapon against sorrow is your laughter.



Disrespect for life is found in the complainer.

If you ever wanted to be the best, the best way is to just get the hell out of the way!



Power in Emptiness

The greatest power on earth is the power to change the heart of another through your heart.



If you are confined, you are limited. If you are Nothing you are also Everything. Everything cannot be confined.



To let go of Everything is a way of becoming Everything.

Trust in Truth

What is important Is not what lies ahead of you, behind or around you, but what lies within you.



If you ever held a notion that you have been victimized it is because you lack a clear understanding of your Divine Nature.



Do your best and the Creator will do the rest.

Renew in Truth

In the presence of a child's laughter the heavens are renewed.



We begin life as caterpillars destined to be butterflies.



Sometimes wood and nails are needed to make a house, but to make a home Love and laughter are all you need.

Give to Receive

If at any time you think the world owes you something you are very mistaken.



To know instead of believing is for you to have something to offer that is Divine.



You are only needy when you are greedy.

Look in The Mirror

Like a dam holds back water, you hold back your own progression.



Judgment equates to damnation. Anything that you judge cannot go further than your assumption.



Blame is when you see yourself on the face of another person.

Point your finger at that person and blame them for your own crap.

Surrender the Past

Never enter into any relationship motivated by the possibilities of what you can gain from it.

Instead, always look for the opportunity to bring into the relationship what you can.



What you bring is what you get.

Give all get all.



Holding onto old things such as the past prevent new things from appearing.

Choosing How to See is Free Will

If your question to me is, Are you having a good day?

My answer is, It's not whether I am having a good day but just how good a day I am having.

Every day is always good even if we cannot see it.



Your gratitude affects your attitude which determines your altitude.



What you have mastered can never leave you. What you can laugh at can never hurt you. What you can see through can never affect you.

Peace from Pressure

If Source is Love and Source is inside you, then when you surrender to that Truth, you will see through the illusions of life.



Under extreme pressure diamonds are created. Through tremendous irritation pearls are formed. When you're under pressure and feeling irritated, your true Divinity is revealed.



What you were meant to bring to this world, no one else can. You can only give away what you have.

All is One

You only have one life to live, but it lasts forever.



Opposition is only opportunity in disguise.



Your reflection of yourself is best seen in another's face.

Named Beauty

A beautiful sunset on the horizon is an example of how beautiful love can be.



You can never touch it but you are most definitely touched by it.

Some say we come from the stars. When are you going to start acting that way?



When you know where you came from, you'll know what you return to.

Acceptance is Surrender

You are a human being not a human doing. Do nothing and be everything you would wish to be.



It is in the giving that you receive and in letting go that you are free.



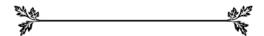
Be the master of your own disaster.

Peaceful Presence

Choose well the energies you wish to entertain for eventually you will become them.



Intimate relationships come and go, but friendships last forever.



I am not impressed with what you know but how much you care.

Set Yourself Free

What you let go of you are free of. What you hold onto you're a slave to.



Love is who you are. Love is why you are. Love is where you are. Love is all you are.



The greatest choice you'll ever have to make is whether or not to choose Love.

Face Darkness Create from Light

In every moment of every day, there is a reason to be grateful.



Become the master of your sorrows and never the victim.



Will it. Desire it. See it.

The Light is the Only Truth

Let the Universe flow through you, not around you.



You are the consequence of the Consciousness that you are.



You don't have to know. You just have to be willing to let go.

Step Backwards Into Your Heart

The Is-ness of our life is our business. You are the Is-ness that creates the business.
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You have to be out of your mind to be in your heart.



Love is spoken here. Love rewards its own.

The Homecoming

The mind creates perception, and the heart creates conception.



Love is the lifeblood of the Soul.



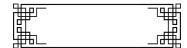
A moment of Divinity is more than a lifetime of humanity. A moment with God will change your life forever. Welcome Home.

To Know is to Love

The Creator can easily use you for the purposes of Love when you are clear of all junk energy.



You do not enact divine love. It acts on Its own.



Divine love is enough.

It is an element that sets all other elements in place and can make, break or create new Universal laws.

An Example of Love

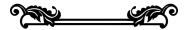
If you truly love your children, face your darkness. Otherwise, they will inherit it as an earthly birthright.

It is not what you say that they see. It's what you do, and it lingers forever.



Divorce is only a word.

The way you respond to it is what your children see, believe and perpetuate.



To have a gender is to have an agenda.

Focus

You must first be clear to see clearly.



Your outlook will always determine your outcome.

Give all. Get all.



Know Nothing Know Truth

Mimicking the sacrifice of another is a form of respect.



If you believe you have been victimized, you create a box where you reside in darkness.

If you are nothing, then nothing can affect you.



Love Working Miracles by You

Be it then see it.



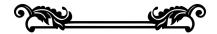
The human condition is to seek purpose, which is always based on defining and refining the self.



Love is not experienced until it is expressed.

You are Love Freedom is You

The purpose of life is to be free. Love will set you free.



You are what you are looking for. If you don't go within, you will go without.



How can you be depressed when you are in divine love.

Know that you Know Not

What you are chasing after is already in you. You have to see it outside of you in order for you to see it within.



The darkness within you is but a shadow of Light. You can change it at any time.

There is no such thing as true darkness because it can be eliminated or altered at any time.



Knowledge is limited to what it knows. Imagination is based on a knowing that knows no limits.

Ask to Understand

Knowing is overrated. Wisdom always supersedes law.



You have yet to meet your best friend. Look in the mirror.

Accept Life and Lean into Love

You will not find Truth through judgment.



Instead of overthinking a situation, you should over-feel it instead.

Worry is akin to working an eight-hour day without getting paid.



Lift the Self by Letting it Go

Don't talk about HIM. Be like HIM.

Be the Cape Canaveral that people need to launch their rockets from.

The greatest opinion you will have is the one you have about

yourself.

The weight of your opinions will determine how high your frequency will rise.

Release opinions to increase your personal frequency.

The Illusion of Self and Other

Earthly opinions stay on the earth. Divine opinions resonate in the Heavens.



Your opinion of yourself will determine how you experience life.



Others' opinions will determine how they experience theirs. Do not let others' thoughts determine yours.



Why get angry when an asshole does something asinine? That is what assholes do.

To Know God is to Let Go of God

Shadow is formless without Light. Shadow cannot create itself until Light appears.

Learn to work with both darkness and Light. This is why you are here.



It's easy to find a house, but Love and Laughter make a home.



I get to true Knowing when I let go of needing to know the how's and why's in life.



POEMS MAILE ORME



Wisdom

Wisdom from the Wise Often comes as a surprise Words ringing true are heard by few and very rarely listened to

Wisdom from the Wise Often comes as a surprise Words ringing true are heard by few

Wisdom is a sword often in disguise As razor sharp perception Discerning Truth from lies Those whose lives Are lived in Service To Mother earth, and Others

Are the Ones we're proud to call Our sisters and our brother

Those who always speak the Truth And wield it with Compassion Are in sync with Cosmic Laws Yes indeed...Old Fashioned!

Those who always speak the Truth And wield it with Compassion Are in sync with Cosmic Laws Yes indeed...Old Fashioned!

What If

What if...

We sang and would rejoice Open our hearts, and raise Our Voice?

What if...

When you stood, and spoke All who heard you speak, Awoke?

What if...

Wisdom was!...for the Youth At times refined, at times uncouth?

What if...

We spread, both our Wings And Sang, the way an Angel Sings?

What if...

WE made a choice...
To empower others,
through the sound of our Voice?
One Voice, of Love, Truth, and Peace
War on earth, would simply Cease!

What if....

Some..wanted war They're all the same

But

What If!...

This time, No One came?

What If...

Babies were taught to See What it takes to keep us Free?

What if...

Today, holding hands Across the Oceans, and the Lands WE remember that WE are One Sovereign earth, under the Sun?

The Trim Reaper

Just a little tongue and cheek

To set things straight For this week:

"People always call me Grim

But actually I am quite Trim

That's because I stay in shape

In the gym of no escape

Don't get me wrong

I know that Death

Is not easy when your breath

Suddenly, simply stops

and out of nowhere...pops

The Angel who escorts you to

The layers of Life that you lived through

A flash of Light before your eyes

When He appears there's no disguise

That's because Death is the great Liberator, and the fate

Of each and every one of us

When we get thrown Under the bus

Doesn't matter how we die

When it's over, we can fly

That is why... I stay so slim

To show you I'm not really grim But merely here to show you how

To live each moment

Here and Now

Live Life Fully

Add some sass

Book your Soul

Return of Lemuria

To fly First class With the Trim Reaper In the end, my friend.. it will be cheaper".

The Best of the Best

The Best of the Best This is the test Of not just getting by Or asking why

We've put up for so long With no place to belong Or that we were wrong To feel out of place In the human race Instead of SO strong!

Always wanted the best That life had to offer There must be a coffer Of treasures enoughDoes it have to be tough

To live here in Peace?

Why do we lease The time to enjoy Life to its fullest? Is there a ploy

That won't let us rest When we want the Best Of the Best from this Life?

In spite of the strife That we may have endured When will we be cured?

Perhaps today, Yes! I will say Time for the Best And time for a rest From all that the past Has taught will not last.

Well one thing's for sure There's always a cure And certain healing When we know what we're feeling

Return of Lemuria

For feeling good shows That our Soul knows What the Best of the Best...IS And the real litmus test is The JOY that's inside With each turn of the tide

The Best of the Best Is only a test Of God's way of Giving

A Life worth our Living.

All Cells Are Listening

All the Cells are Listening divine love Inside is Glistening

Beloved Creator, Innate in me Thanks to You, now I See Activate my DNA Turn it on in every Way

Until each and every cell Hears and Knows that it is well

Intend a Healing so profound So instant that it will astound

Here and now, show us how Deep you are, as we allow

Inner Space, Amazing Grace As we gaze upon your Face Join this Body with the Soul In Divinity, where we are Whole.

Don't Go Looking for Yourself

Don't Go Looking for Your-Self She is right there on the shelf In your backyard all along While you hummed that silly song

All your spiritual wanderings
All that navel pondering
All the people whom you thought
Were wiser, when it's them you taught
Simply by being you
And now that you are being true
To the only one you really knew

Answer the question Our Creator asks... Who are You?

Yes indeed, Who Am I? The eternal question Until one day Creation flips Our Soul around

And finally
We're on the ground
Plant our feet, and are found
Tending to the garden inside where we have always been
In the Sky

How Long it takes us on Life's trip

Don't go Looking for Yourself He's always been there, on the Shelf Residing in that heart of yours That is Opening All the doors

Don't go Looking for yourself Relax, let go, Just show up...

Then Source can really fill your Cup.

From Stardust We Came

We've come from the Stars and onto the earth From Life time to Lifetime We come to reBirth

The Wisdom of Sages from Here and Beyond Souls who are Ageless with each other we Bond

Like Guardians we hover close to our friends Sometimes we are Lovers making amends

Some think that Life's mystery is a puzzle to solve The Wise ones Let Go and simply Evolve

We've been Everyone Whoever we are For we are Souls Made out of the Stars

From Star Dust we came And to Stardust we'll go We're here for This Moment The record does show.

In Ka Hoots

Source and I are in Cahoots.. SHOOT! Gonna get myself some Boots Made for walkin'..my walk And talkin'.. my talk.

Engine check, All Systems Go All my Ducks, in a Row

To the Past there's no return.. In the Present I shall learn.. Both to Give Love, and Receive To be Open, and Believe..

In Simple Truth..never Uncouth It has been there since my Youth!

Always present, guiding me...

The Creator Within, where I am Free.

Jump into the light

Jump into the Light
Without going anywhere
Jump into the Light
Then you'll have more to share
Gotta be here now
Each moment shows us how

Release the past...

Past anything we thought would last of the dramas and the traumas... before the dye is cast

For anything we thought we knew anything we thought was true may disappear...
Out of the Blue
Our Souls do love to make things New

Quantum Times these are We are made...out of Stars! Our Rising Star is Shining Bright As HIGHer frequencies of Light

Frequently are stirring up Deeper layers from the Cup Darkness that was hidden revealing truths unbidden inside, out, and all about

All is rising now

As more of us allow God's Light into the heart And the body...Tis an Art!

Gotta feel it all An order...very Tall Aaaaah, but there is hope that each of us can cope

Return of Lemuria

With all that is arising And often times surprising Change is exponential revealing more Potential

In the end One thing remains

The Only Thing that keeps us sane Jump into the Light into the Starry Night

Jump into the Day divine love inside.. will show the Way.

Magical Child

Magical Thinking Is easy as Blinking As simple as Clinking

2 glasses together A toast to good weather

To Creation in the Sky To the All Seeing Eye

To the Goddess of Birth And to Mother earth

To the Source of it All Where we rise, or we fall

All part of the One When we're having Fun

A Magical Child Is always born Wild can never be tamed by fortune or fame

or a world that may name him with titles or labels As long as he's able

He'll remain free of illusions And Maya's delusions

Of grandeur or glamour From a world that will clamor

For his attention... Not to mention

Making his head spin Until he comes back within To the Land of Real Magic

Where the Love that's Inside Can come out and not hide

Where her true colors show And her Soul always Glows

We're ALL made of Stars earth, Venus, and Mars

Return of Lemuria

Beyond dark and light And physical sight

Real Magic is Quantum Not narrow-minded...or dumb!

Beyond time and space Has no passport, or face

A Magical Child Is always born wild

She never asks how To Live in the Now.

Mojo Man

From top of head to every toe the Man is filled with Life's Mojo

Magic, Mana, Chi, the Force

He's wired through and through from Source

Pure Joy, Compassion, and Intent It's clear that He is Heaven Sent

Filled with Emptiness, the Key His Presence Frees, you and me

The emptiness..from letting go of All the human world does know

His Life and Spirit can't be measured By any worldly standards treasured

He is the Guardian at the Gate When lost Souls come to him "too late"

He takes them into his own heart With profound skill..it is an Art

That only a true Master has And yet, He'll step aside them as

They grow into their very Own.. His Love for Life is not on Loan

It can't be bargained for or bought It is pure Grace, and can't be taught

Unconditional it is for when a Soul is ripe... then His

Magic Mojo fills the Cup with nourishment that fills one up

As only divine love can do For those who are... the destined few.

No Junk in Your Trunk

Wondering why you've got no spunk? Perhaps your mind just over thunk!

Analyzing All that stuff all the riff raff, and the fluff

Everything you thought was real even! everything you feel

When it's time to just.. let go

Then my friend, you will know

All the Mana in you Finally, can come through!

After you finally learn All your Life Force will return

With shock waves and plenty spunk When no more junk is in your trunk.

On a Mission

On a mission, new assignment In this year, deeper alignment

With the Highest Source in me Awakening ... until I'm free

Until there's nothing left of fear Until Divinity is Here

In heart, mind, body, Soul Until I remember that this goal

Is the only Game in Town
I am the Clown, upside down
Nowhere else to Play
Is there any other Way

Worth going the distance for? I see Miracles in store It's a matter now of choosing Not of winning or losing

Dropping personal history Going deep into the mystery

With the Unknown as my Guide And Intuition at my side

Letting go, while believing Grace comes softly, while receiving

In the Beauty of Here and Now Where I take my final vow.

Original Thought

Original thought Isn't really here For when the mind is empty All thought disappears

Original thought Can never be caught Can never be fought Can never be taught

Can only be shown For it stands alone ON its Own

Very Tall Yet, not really A thought, at all

Does not take sides In the heart, resides Is in Alignment Hence has no flaw It is harmonious With Natural Law

The only thing that matters At the end of the day Is whether Love Entered our hearts And Peace made its Way Into our Homes And is Here to Stay.

Starting Over

Beginning to Love all of You
The Good, the Bad, and Ugly too!
Asking what it means to Love
Surrendering to the Dove
Of Peace who reigns inside
Where Creation does reside
Waking up each morning now
Thanking Source, and asking how
To remain as close to You
As my heart is willing to
Intimacy takes great Trust
Patience turns my shields to dust

Letting go of self defense Or Expecting recompense For any wrongdoings Done to me

When in fact, I AM Free

Turning on a dime I See Shifting can be so easy All it takes is the Will To start over, and to fill The heart back up with divine love From within, below, And Up Above

Starting over, like a four-leaf clover Lucky I am ready for What awaits behind Your Door.

