

# **The Aaron Roussos Organisation Inc. Constitution**

Date: April 2026

# CONSTITUTION

The Aaron Roussos Organisation Inc.

## 1. Name

The name of the association is:

The Aaron Roussos Organisation Inc. (“the Organisation”).

## 2. Definitions

In this Constitution:

- Organisation means The Aaron Roussos Organisation Inc.
- Committee means the governing body of the Organisation
- Member means a person admitted to membership
- Act means the Associations Incorporation Act 1985 (SA)

## 3. Purpose

The Organisation is a not-for-profit charitable entity established to improve human wellbeing through compassionate, practical, educational, and system-enhancing support.

Its purposes are:

**3.1** To advance mental health and wellbeing through the development, promotion, and delivery of educational, supportive, and lived-experience-informed services, including the Homeostatic Alignment™ framework, supporting whole-of-person wellbeing across physical, mental, emotional, lifestyle, and environmental factors.

**3.2** To support individuals experiencing chronic anxiety, mental health challenges, distress, and reduced wellbeing through accessible programs, education, and support services that are practical, compassionate, and complementary to existing care.

**3.3** To contribute to suicide prevention through supportive and complementary services, including Aaron’s Protocol™, delivered through:

- distance-based support
- fully supported programs
- services provided alongside or in cooperation with healthcare providers and existing care teams where appropriate

**3.4** To relieve hardship and support individuals experiencing or at risk of homelessness, including through ShelteRise as the Organisation’s primary homelessness initiative, and through connection services, dignity-first support, practical assistance, outreach, and pathways into broader support systems.

**3.5** To provide services, programs, and support to individuals who are financially disadvantaged or otherwise unable to access appropriate assistance.

**3.6** To advance public benefit through education, prevention-focused initiatives, and humanitarian support that address gaps in current systems while preserving dignity, human connection, and long-term wellbeing.

#### **4. Guiding Philosophy**

**4.1** The Organisation operates under an enhancement-based humanitarian model.

**4.2** The Organisation complements and strengthens existing health, mental health, and community systems and does not seek to replace or interfere with them.

**4.3** The Organisation's work is grounded in lived experience, practical application, compassion, and human connection.

**4.4** Its programs, including Homeostatic Alignment™, Aaron's Protocol™, and ShelteRise, are designed to address core human needs in accessible and practical ways.

**4.5** The Organisation prioritises dignity, compassion, and real-world support.

**4.6** The Organisation supports access to education and knowledge where reasonably possible in furtherance of its charitable purposes.

#### **5. Not-for-Profit Clause**

**5.1** The assets and income of the Organisation must be applied solely in furtherance of its purposes.

**5.2** No portion of the income or property may be paid or transferred directly or indirectly to members.

**5.3** Nothing in this clause prevents payment in good faith for:

- services rendered
- reimbursement of expenses
- reasonable remuneration for employment

#### **6. Powers**

The Organisation has all the powers of an incorporated association under the Act and may:

**6.1** Deliver programs, services, and educational initiatives

**6.2** Raise funds, receive donations, grants, and sponsorship

**6.3** Employ staff and engage volunteers

**6.4** Enter into partnerships and collaborations

**6.5** Acquire, hold, and dispose of property

**6.6** Do all lawful things necessary to further its purposes

## **7. Membership**

### **7.1 Eligibility**

Membership is open to individuals who support the purposes of the Organisation.

### **7.2 Application**

Applications must be made in a form approved by the Committee.

### **7.3 Approval**

Membership is subject to approval by the Committee.

### **7.4 Rights**

Members are entitled to attend and vote at general meetings.

### **7.5 Termination**

Membership may be terminated by:

- resignation
- non-payment of fees (if applicable)
- decision of the Committee for conduct inconsistent with the Organisation's purposes

## **8. Committee**

### **8.1 Composition**

The Committee must include:

- Chair / President
- Secretary
- Treasurer
- Additional members as required

### **8.2 Functions**

The Committee is responsible for governance, compliance, financial oversight, and strategic direction.

### **8.3 Appointment**

Committee members are elected at the Annual General Meeting.

## **8.4 Vacancies**

The Committee may appoint a person to fill a casual vacancy until the next AGM.

## **9. Meetings**

### **9.1 Annual General Meeting**

An AGM must be held at least once in each calendar year.

### **9.2 General Meetings**

General meetings may be called by the Committee or as required by members under the Act.

### **9.3 Quorum**

A quorum will be a majority of Committee members or as required by law.

### **9.4 Voting**

Questions arising at meetings will be determined by a majority of votes.

## **10. Financial Management**

**10.1** The Organisation must keep proper accounting records.

**10.2** A bank account must be maintained in the Organisation's name.

**10.3** Funds must be used solely for the Organisation's purposes.

**10.4** Payments must be authorised in accordance with Committee decisions.

**10.5** The Treasurer is responsible for financial oversight.

## **11. Records**

The Organisation must:

**11.1** Maintain proper records of:

- members
- meetings
- financial transactions

**11.2** Comply with all reporting obligations under applicable laws.

## **12. Winding Up Clause**

**12.1** If the Organisation is wound up, any surplus assets must not be distributed to members.

**12.2** Surplus assets must be transferred to another organisation:

- with similar purposes
- which is not carried on for the profit or gain of its members

### **13. Amendments**

This Constitution may be amended by special resolution of members in accordance with the Act.