Cancer Reverser – Part 6: Environment

# Step 6: Environment

* ✳️ Original:  
  Avoid all negative input—TV news, toxic relationships, overstimulation.

💡 Clarifier:  
Negativity is poison to the system. Whether it’s fear-driven news, drama-loaded relationships, or constant noise—it throws your body into fight or flight. Cut the cord. Your healing doesn’t need justification.

* ✳️ Original:  
  Your 5 senses must all support healing.

💡 Clarifier:  
What you \*see, hear, taste, touch, and smell\* needs to feel aligned and peaceful.  
If your senses are overwhelmed by artificial input (blue light, clutter, harsh sounds), it disrupts your nervous system and cellular repair.

* ✳️ Original:  
  Create a safe, joyful, loving environment—watch uplifting content, rest in nature, surround yourself with beauty.

💡 Clarifier:  
Your external world shapes your internal chemistry. Beauty, safety, joy—these are cues to your body that it’s safe to heal.  
Swap TV for documentaries or soul-stirring movies. Sit near trees. Rearrange your space with intention.

* ✳️ Original:  
  ACTION: Remove all negative input. Protect your energy like gold.

💡 Clarifier:  
Imagine constantly staring at a broken picture—that’s what most of society is doing. They expect suffering, not healing.  
But if you can shift the picture—see cancer as something that \*can\* be reversed—you change your entire physiology.  
Your picture matters. Paint it wisely.