



# NGS New Generation Scaffold, Inc

**Attention All Employees**

## **COVID-19 Newsletter**

At NGS New Generation Scaffold Inc, we are dedicated to your safety both in and out of the field and will be continuing our operations with more precautions in place. We are Essential Workers and with more people staying inside and using vital utilities, it is even more important now that we continue our work to ensure the people at home have everything they need without having to resort to going outside and risk contracting the virus. However, we must also ensure our workers don't contract the virus themselves which is why we have provided information below that might be of service to you as well as links to websites that have more up to date information about COVID-19. Below is a link to the Southwest Carpenter's Union website with certificates you can print out and carry to prove you are an essential worker and must travel to work.

Southwest Carpenter's Union: <https://www.swcarpenters.org/covid19/>

### **What is a Coronavirus?**

- Coronaviruses is a virus that can cause respiratory problems. Symptoms include fever, cough and difficulty breathing. The virus is spread similar to the flu by coughing and sneezing. Symptoms may appear between 2 to 14 days after exposure.

### **What are the Signs and Symptoms of COVID-19 infection?**

- Patients with confirmed COVID-19 infection have reportedly had mild to severe respiratory illness with symptoms such as fever, cough, and shortness of breath.

**If you develop emergency warning signs for COVID-19 get medical attention immediately. Emergency warning signs include\*:**

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face
- \*This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.

### **What Should I Do if I Think I Have Been Exposed to or Infected with COVID-19?**

- Alert your healthcare provider immediately if you think you may be infected with COVID-19, including if you have been exposed to someone with the virus and have signs/symptoms of infection. If you are experiencing symptoms, you should tell your healthcare provider about any recent travel to areas where COVID-19 is spreading.
- Immediately self-quarantine and don't go outside or to work in order to limit risk.
- If you believe you have been exposed, alert your supervisor immediately and do not come in to work. We will take the necessary precautions to ensure the safety of everyone at the worksite.
- Alert anyone you may have been in contact with, especially coworkers who will be the ones most at-risk.

## **General guidance for all U.S. workers and employers**

- For all workers, regardless of specific exposure risks, it is always a good practice to:
- Frequently wash your hands with soap and water for at least 20 seconds. When soap and running water are unavailable, use an alcohol-based hand rub with at least 60% alcohol. Always wash hands that are visibly soiled.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Cough and sneeze into elbow or shoulder.
- Avoid close contact with people who are sick.
- Try to stand at least 6ft (2 meters) away from others unless necessary for job.
- When not at work, try to stay home as much as possible. Trips to stores to stock up on essentials will be necessary but if travel can be avoided, it should.
- Avoid carpooling.
- Avoid congregating in areas with more than 10 people or where you are expected to stand less than 6ft (2 meters) away from another person.

Remember NGS New Generation Scaffold Inc is here for you and will be willing to answer any questions or concerns you may have. Our families, friends, and community are counting on us in these trying times. Work safely as you always have and we will see this through.

## **Additional and more up-to-date information may be found at:**

- CDC Website: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- OSHA: <https://www.osha.gov/SLTC/covid-19/>

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