it only felt like another life ago i'm certain and time has made no harsh breaks with its own beginnings because consistency is no hobgoblin but the very stuff of which our living faith is made yet still and all the feeling will not leave me that this bland old fool was not could not have ever been born from that incendiary genius that downward crashing volcanic lava that moonlanding rockstar acidfreak red brigadier i remember in my fixed old pattern of recall

my best friend and most recent wife would tell me i am positive that some old men have photographed the sun of their youth with a yellow soft-focus lens and returned to the darkroom unhappy as they are with the razor edge reality of the black-and-whites of their Ansel Adams days others she would say have moved on and now digitally enhance the image of those days replacing grays with color and noise with music not to say she would allow that any particular bland product of too much refining is guilty of the sin of carrying the truth so long in his tight fisted grip that it has worn smooth to fit the shape of his hand as polished as any mother of pearl

it cannot be i tell myself so much has changed yet still and all

she says to me that refining is what makes the polluted pure again and reminds me that the poor-shod runner never reaches her stride she says to me that boys bent on destruction frequently find it to our dismay and reminds me that soon our children will be arriving the grill needs lighting and someone with practiced hands must open the wine