

## Minor Consent Form for Massage

Parent or legal guardian must be present in helping complete the Health History Form for the minor, along with giving consent for the massage therapy session.

Guidelines:

- Minors (all clients under the age of 18) can only receive massage with written parental/legal guardian consent.
- In collaboration with the consenting adult and child, the massage therapist will assist in establishing goals for the session (s).
- For clients 15 years and under, the parent/legal guardian must always be present in the room.

\*\*\*\*\* For clients age 16-17, if both client and parent/guardian are comfortable with the child being in the treatment room by themselves, please initial here: \_\_\_\_\_

- Otherwise a parent/guardian should be in the treatment room during each session. Once a comfortable therapeutic relationship has been established and the massage therapist, child and parent are comfortable, the parent/legal guardian does not have to be present in the room.
- Appropriate draping will be used at all times during the massage; only areas being massaged are uncovered.

I, \_\_\_\_\_, am the parent/legal guardian of \_\_\_\_\_.  
I have read the above information and give permission for my child, age \_\_\_\_\_, to receive massage therapy from Laurie Geest, LMT.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_