



Northern Kentucky Middle School Athletic Association

PO Box 72511
Newport KY 41072

6th Annual NKMSAA Invitational Track Meet

(Only NKMSAA affiliated schools are permitted to enter)

- Date:** Wednesday, May 13, 2026
- Time:** 4:30pm (Coaches meeting at 4:15 at the finish line)
- Cost:** \$75 per team. Boys and Girls are separate teams. Checks payable to:
Highlands Middle School
Attn: Aaron Lense
2350 Memorial Parkway
Fort Thomas KY 41075
- Register:** [REGISTRATION LINK](#)
- Gate:** \$5.00 for adults, \$3.00 for students/seniors
- Location:** Tower Park, Fort Thomas KY
- Entries:** Only enter two (2) athletes per event and one (1) relay team. 1 boys team and 1 girls team per school. No B teams. Please submit entries through <https://ky.milesplit.com/>
- Entry Deadline:** Friday, May 8, 2025
- Scoring:** 10-8-6-4-2-1
- Awards:** There will be a team trophy given to the 1st and 2nd place teams. Individual medals will be given to 1st through 3rd place in each event.
- Running Events:** Regular order of events. All heats are final. The 3200m run will not be contested.
- Field Events:** All field events will be finals with 3 attempts. All rounds following round 1 will be on a rolling schedule. Triple jump will not be contested.

<p><u>Round 1 4:30pm</u> Boys Long Jump Boys Shot Put Girls High Jump Girls Discus Boys Pole Vault</p>	<p><u>Round 2</u> Girls Long Jump Girls Shot Put Boys High Jump Boys Discus Girls Pole Vault</p>
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Questions: Please contact: Aaron Lense aaron.lense@fortthomas.kyschools.us