

CNN NEWSLETTER FEBRUARY 2021 Newsletter is always on our website: mycnn.org

Editor Ann Soares, annmail7@comcast.net



#### PRESIDENT'S MESSAGE By Sandy Panattoni for Susan Baas

From Sandy Panattoni - Susan is still in the acute care facility fighting hard to get rid of the infection in her wound from back surgery. It IS getting better ~ hooray!! I speak with her every couple of days, and this morning, she even worked on some CNN business on her laptop. (You can email her.) We pray that she recovers fully and SOON!

#### VICE PRESIDENT... MaryAnn Evans

I wish I had something exciting to report but as I'm sure all of you, like me, have continued to be careful and stayed at home as much as possible. Whoever thought going to the grocery store and doctor appointment was a fun time! At least the vaccine is available, we have had our first dose, and hopefully we can begin to meet soon.

My current needle point project is a Christmas stocking for our 12th grandchild, a girl, who will be born in late April.

As always I wish you well and we continue to pray for your safety. MaryAnn

**LUNCHEON RESERVATIONS...Sharon Quintana** We are canceling luncheons until further notice. When we are able to gather in large groups again, I will start scheduling luncheon venues and send out the word to begin making reservations. Until then, my friends, stay well and safe.

#### MEMBERSHIP... by Sue Stark and Nancy Hill

We now have 16 members, 15 renewals and one new member. To be included in this year's CNN Directory your dues must be received by March 1. The cost is \$20 (Checks payable to CNN), or in cash. You can mail it to Sue Stark, 2445 Meadowood Drive, Valley Springs, CA 95252. I hope you will all decide to stay with us for another year. If you decide to leave us, or have any changes to your information, we would like to know that in an email to Sue Stark by March 1 at: johnstark2445@comcast.net, so we can update the spreadsheet and Directory contents.

Please 'Welcome' our newest member:

Sandi Bush

Someday we will be able to have luncheons again. Remember, if you bring a guest to a luncheon and they would like to join, I always have applications available for them to sign up the day of the luncheon or mail the application to either Sue or Nancy. Prospective members may attend 2 luncheons as a guest before joining CNN.

#### SUNSHINE...Carolyn Edwards

Our President Susan Baas is still in rehab for her infected wound after surgery. Her wound looks better, but no date for when she will be going home. Send healing thoughts.....emails can be sent to her, she has her laptop with her.

A sympathy card was sent to Mary Mercurio-Hemphill and her husband Dave; his Mother Dorothy O'Conner passed away. They have both been involved in her care for some time. Dorothy was a former CNN member several years ago.

Healing wishes to Lynn Carpenter, a card sent after she had received a heart stent.

Elaine Alves called me yesterday and told me she had a heart attack, had treatment, and was now home. Always glad to hear happy results, and a card for good health was sent. That is it for now......Enjoy your day, Carolyn

If you know of a member or someone in a member's immediate family who are ill or bereaved, or if there is a death in the family, please let me know so I can send a card, Carolyn Edwards: 772-2462 or <u>bcedwards@comcast.net</u>.





Linda MacDermott-6<sup>th</sup>

Connie Porto-17<sup>th</sup>

Jeanette Pence-25th

Mary Antus-28th



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**Reminder**: Member Nadine Martin is continuing the CNN collection of urgently needed new or gently used items for the Calaveras Foster Care Program. These backpacks, totes, suitcases and duffle bags are used for children when they have to leave their homes suddenly. Please call Nadine 209/559-7755 to arrange for pickup or more details.

#### Member Businesses

Member **Sandy Huckaby:** *Huckaby Litigation Services* - Process Service. Cell: 209/351-4956. Member **Laurel Jolliff**: *Life Matters Insurance & Financial Services*, Life and Health Insurance, Lic # 0G06380 Call Laurel at 209/786-2021 or <u>www.mylifemattersnow.com</u> Member **Adela Hawkins**: *A*+ *Notary* - *Mobile Notary*. Call cell 209-968-8674 or home 772-0580.

Member **Sherry McWatters** is a Stylist for Ruby Ribbon Shapewear, Active Wear and Bathing suits, sizes 32 to 50. I do personal fittings at my home in Valley Springs. My website is <u>www.rubyribbon.com/sherrymcwatters</u> and my mobile number is (304)389-0112. Also my email is <u>slmroadwarrior@gmail.com</u>

# SPECIAL INTEREST GROUPS

## TIME FOR TEA ... Sharon Quintana 772-0783



I am canceling our teas until further notice. Keep joining me for tea at 1:00 each day, if you can. I will be toasting to your good health. Sharon

"In tea the host is simplicity and the guest elegance. If all is done in sincerity it is better than a thousand graces." Matsudaria Naritada"

#### WHAT'S COOKING? ...Susan Baas (786-9898)



The What's Cooking? group has nothing in the oven or on the stove. Susan



CANASTA...MaryAnn Evans 772-8630

No betting allowed during stay-at-home order, just collect your quarters. Cancelled until further notice.

## MEXICAN TRAIN... Marlene Buecher 209/224-4203



Here's hoping we can again get together this year, but we will play it safe till we can. May 2021 see the end of Covid and the beginning of a new social life as we move forward. Marlene

## GALS ON THE GO...Cathie Erickson 772-2835



Gals on the Go has no events planned in the near future.

## PINOCHLE... Elaine Alves...772-3490



2<sup>nd</sup> Thursday Pinochle: There will not be any Pinochle played until after this ban is lifted for us old folks, LOL ~Elaine

4<sup>th</sup> Monday Pinochle: will be put on hold until further notice. Sandy

### SOCIAL...Judy Bruenn 772-3555



Until further notice, all future Socials are cancelled. I am sure missing these fun evenings together, and I'm sure you are too. Hopefully, it won't be long before we can resume normal times.

#### **RECIPES AND MORE...**MaryAnn Evans 772-8630



Ladies, we want to hear from you regarding favorite recipes, cooking tips, and/or just to share kitchen experiences. Please send your info to me (MaryAnn) any time before each month's Luncheon. [EDITOR'S NOTE: be sure you send your recipe typed, NOT a copy of a page from a magazine, cookbook or newspaper.]

This month's recipe is from Sharon Quintana:

#### Mushroom Chicken

Skinless, boneless chicken, 6 to 8 pieces 1 can cream of mushroom soup

- 1 package dry Lipton onion soup
- 1 pint sour cream
- Prepared rice or egg noodles

Mix soups and sour cream together. Arrange chicken pieces in baking pan and cover with soup mix. Bake in 350 degrees for 1 hour. Serve over rice or egg noodles. This recipe tastes great and is rich in flavor. You can cut calories by using nonfat sour cream and Campbell's fat reduced soup.

Exercise and a second second

If you are a reader and would like to share your views on a book or an author, please send those to me, MaryAnn Evans, any time before each month's Luncheon. This month's submittal is from Sharon Quintana.

"A Sprinkling of Murder" by Daryl Wood Gerber (A Fairy Garden Mystery)

Murder in magical Carmel. Fairies are real or are they? If you love Carmel as much as I do, you will enjoy this book. ~Sharon

# Local Information for Golfers

This is NOT a CNN group, but if you are a golfer new to the area and are interested in joining a 9 or 18 hole ladies golf group at La Contenta Golf course, call member Sharon Moyles (18 hole), 772-7147 or for the 9 Hole group, call member Laurie Hemmes, cell: 510/205-3743. Sharon and Laurie are CNN members/golfers who can give you information/contacts on joining these groups.



# February 2021 Covid Winter Special Section



From Sandy Panattoni: I finished an afghan that I actually started around 17 years ago in Phoenix. I had to rip it out twice because I lost my place. I had to buy more yarn to "match" because the old colors didn't go with my room now. But many hours later, I finished it. I'm so happy with how it came out.

[Editor's Note: Now THAT is persistence! So beautiful! ]





From Judy Bruenn: Anyone that knows me well, knows that I love to shop. The covid-19 virus has kept me from my friends and social activities, but it sure hasn't kept me from doing what I like to do best. Although I golf 2-3 times a week, my shopping passion has continued. Thank you Amazon and Macys for free returns. I have redecorated our guest room, getting rid of the old and replacing with the new. My clothing purchases consist of warm lazy-wear. My nice looking, going out clothing has found its place in the back of my closet. I hope they still fit after this pandemic is over and I resume eating normally. Ed and I have watched so many movies and HGTV has captured me. Ed and I sit in front of the fireplace nightly with a glass of wine and share stories of times past. No wonder our wine supply seems to dwindle a lot faster than in the past. Must be that second glass of wine. We have gotten our first dose of the covid vaccine

and will get the second dose in a month. We have lost two close friends to the virus and feel it was the right thing for us to go ahead and get the vaccine. Stay well friends. Hope this pandemic goes away soon. Miss you all.

#### **From Mary Mercurio-Hemphill:** Happy Valentine's Day to all, and Happy Birthday to all the February birthday gals. Warmly, Mary Mercurio-Hemphill



**From Jeanette Pense**: First time ever, with the help of a friend, I learned to can, and made 20 jars of my Mom's Italian recipe: Caponata, an eggplant based relish, so good on sliced baguette. It reminded me so much of her.





With the same friend, we went on to another family favorite: Cucidati, a pastry based cookie with a filling of fig, dates, raisins, nuts, spices and special ingredient: Brandy Both recipes were a test run for a family reunion later this summer in Santa Barbara. My cousin's will be so surprised to have some of our family favorites on the table.



Best thing is both recipes have been well tested, and with no changes, we'll be in the kitchen again this spring to repeat the wonderful smells and adventure. Special thanks to a great cook and friend, Carron Findley.

**From Kay Mladinich**: Hello CNN ladies, Just a note to encourage everyone to send in their dues. It seems like we aren't getting anything for our money but this isolation will end and we can all meet again soon. I am anxious to see you and hear all your stories in person! Ann, you are a real asset to all of us for doing the newsletter. Thanks!

My trying to fix my household problems has been a challenge. My tall cypress and tall potted bamboo fell in the storm. Had to clean the front gutter that I had missed previously, installed Ring but it still doesn't ring inside the house even after I rewired it. I moved all my furniture around and then put it back. I bought a new computer and all my emails were duplicated—a day and a half deleting. My daughter lost her job but is now cooking for me and refilling my wine glass. She also had a nice meal delivered from Daun Cooks in Lodi. What more can I ask for?

Spring is coming and we will be able to enjoy tea together! I hope those of you that want one have received your COVID shot. I "fell through the cracks" and finally got an appointment for mine this week.

Keep a smile on your face and a joke in your pocket. Below are some fun Historical pictures to keep hope alive for many more fun memories to come! That Cooking Group knows how to eat and have a good time! ~Kay





**From Sharon Quintana:** Hello fellow CNN members, still going through closets, drawers and bookcases. My basement is full of items to sell at our elusive garage sale or donate or, maybe we should plan a swap meet. We will be able to get together sometime, go shopping, have lunch, and hold garage sales. I know we will. While going through my bookcase, I found my mother's notebook from her high school days. She graduated in 1938. I wanted to share with you this poem that she recorded:

"There is hope in the world--there is; for all the work of the years; there are hearts that love us and lips that kiss from weeping eyes the tears. There is hope in the world--there is; the song comes after the sigh. Let us meet the years with a morning kiss and smile when they say goodbye." Frank L. Stanton

Take care friends, stay safe and get your vaccination, God willing, soon. Hugs, Sharon

**From Betty Smith:** I just wanted to mention that our daughter, Sharon, is going in tomorrow morning (Thursday) for the beginning of the end of her cancer ordeal, we hope.

She was diagnosed a year ago October while we were in Europe. Fortunately, we had downloaded WhatsApp so we were able to video chat almost every day. After months of chemo, they finished it last spring. Unfortunately it came back so she was asked by U.C. Davis to be part of a clinical trial and has been on chemo again. A few weeks ago, her doctor told her, for the first time, that she was in remission; but with the stem cell procedure, it will hopefully never come back. She spent several days "harvesting" her stem cells and now she'll, again, have chemo, for the first five days and then they'll replace the stem cells. She'll be in the hospital for about three week, but her immune system will be gone.

In about three months, she can be revaccinated with all her childhood vaccinations. She is the most positive, happy, funny, brave person I've ever met which I'm sure has been in her favor. She even named her port "Yoda" (on her left chest) and her central venous catheter (on her right chest) "Obi Wan"!!!. She was an elementary teacher at Jenny Lind, but she retired last May because with this cancer and covid, it was just time!! She hasn't been out of the house (except to go to hospitals or clinics for 15 months.) This photo was taken about a week ago!! June 2020



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From Sherry McWatters: "I am pleased to say my husband and I got vaccinated today at Mark Twain hospital. Our friend Jan, who was vaccinated earlier was advised by her doctor, to eat a little something before and to take 1 aspirin and 1 Extra Strength Tylenol before the vaccine. We did so and had no problems with pain. Also KUDOS to the Mark Twain staff in implementing this procedure. We arrived at our appointment time of 9:15 AM, got in line social distancing of course, then moved up and showed our driver's license. Then we filled out a 1 page document. Next we were led to a chair where we were given the vaccine. Then we were led to the side of the building to wait with a timer for 15 minutes, to make sure we did not have a negative reaction to the vaccine. We were given a card with our next vaccine scheduled for March 3. By 9:40 AM we were heading to the car. Also the nurse told us we would be safe from Covid 3 weeks after our second vaccine on March 3. All of this was outside, so dress accordingly and wear a shirt you can roll up the sleeve. \*Lastly, if you have not called to make an appointment for the vaccine, here's the number (209)754-2968. I followed up weekly until I received an appointment date. Remember we need 85% of the population vaccinated to beat this virus. Please do your part, I did!"

\*[Editor's Note] this phone number to Mark Twain appears to be especially successful for age 75+ appointments.

**From Ann Soares**: Thought I'd throw these in for some good humor. Doc (all his siblings were named for the 7 dwarfs<sup>(2)</sup>) LOVES to lick and eat snow! So daughter Lee Ann got some funny pictures after the storm last week up in Arnold. Usually he goes out jumping and loping thru very deep snow like crazy, but either his age or the 4-5 ft. they got slowed him down this year. In the first pic he is licking up some snow he got himself. But then Lee Ann started throwing him snowballs - he is the best catcher I have ever seen, be it snow, or food!





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# **Running Out of Time**

Life is complicated. There will always be problems. Stress is a distraction from what's really important. Don't wait for things to get better. Count your blessings; Learn to be happy right now; Otherwise you might run out of time.

Well members/friends that is it for our February Newsletter. I know you've enjoyed all the pages as have I. Thank you so much to all those who provided such wonderful content and pictures. Not as many as usual, but what was sent was as fabulous or more so as any other month's contributions! Keep the Hope up, we may be "turning a corner"! Have a great February/Valentines Day Ann