



Explore

Inclusion of Spirituality in Healthcare Practices

A presentation of Gestalt Pastoral Care for
Medical and Mental Health Practitioners

January 15th, 2023 * 2-4 pm

Presented by:

Deaconess Susan Silhan RN
Certified Yoga Instructor,
Gestalt Pastoral Care Minister



Location

To Be Determined

Scientific Research has demonstrated the importance /increased efficacy of the inclusion of sn individuals spiritual practices in the care for their medical and mental health treatments. Gestalt Pastoral Care is a model of healing ministry that integrates our spiritual practices of prayer and awareness of our body. Involving the body with gentle yoga assists in that awareness as weone explores our inner being and the present moment impact on our work, relationships and spiritual growth toward wholeness and health. This practice fat God's healing Grace is available to us, and that God desires to heal holistically—body, mind, spirit, emotions Opening to Grace retreats are inclusive and open to all regardless of religious belief, ethnicity or gender. GPC was recently involved in research through a grant and is now preparing publication on the findings



<http://gestaltpastoralcare.org>