

Exploring Healing Prayer

Beside Still Water



Beginning November 11th, each Wednesday for 8 sessions at 7 pm via zoom.

What is healing prayer? Journey with me as we explore and practice healing prayer for individuals, communities and institutions. We will also examine other healing modalities of Yoga, Gestalt Pastoral Care and various prayer practices that help us to center in God's presence through the Advent Season.

Registration link: <https://forms.gle/EYkgENPFhboVsEAAA>

Fee of \$50 with financial assistance available. Also purchase of text "Stretch Out Your Hand—Tilda Norberg/Robert D. Webber. Available at Amazon.com



Selah Healing & Wholeness

*Deaconess Susan Silhan RN, CYT,
Gestalt Pastoral Care Minister*



Schedule

Week 1. Stretch Out Your Hand—Stories of Healing

FAQ about Healing

**Week 2. Praying for the Person
God is calling me to be.**

Week 3. Praying for Others

**Week 4. Social Healing,
Praying for Institutions
Beginning of Advent
Meditations**

**Week 5. The Church as a
Healing Community
Advent Meditation,
Centering Prayer**

**Week 6. Healing Practices of
Breath and Movement.
Body Prayer Advent
Meditation, Lectio
Divina,**

**Week 7. Introduction to Gestalt
Pastoral Care. Advent
Meditation Expectation**

**Week 8. Gathering 2020 and
Praying in 2021**

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