



Opening To Grace

2023 Retreats

Hybrid In Person and Online

February 24 - 26 ~ May 19 - 21

September 15-17 ~ October 27 - 29

These retreats feature Gestalt Pastoral Care, a model of healing ministry that integrates our spiritual practices of prayer and awareness of our body. Involving the body with gentle yoga assists in that awareness as we explore our inner being and the present moment impact on our work, relationships and spiritual growth toward wholeness and health.

Gestalt Pastoral Care rests on the belief that God's healing Grace is available to us, and that God desires to heal holistically—body, mind, spirit, emotions and social context—in a way that is unique to each person. Opening to Grace retreats are inclusive and open to all regardless of religious belief, ethnicity or gender.

Presented by: Deaconess Susan Silhan

Gestalt Pastoral Care Minister,
Certified Yoga Instructor



These retreats will be in-person with an online zoom option. Contact susan.silhan@gestaltpastoralcare.org for information and room reservations. Online participants will need internet access and computer with a camera function.

Session Registration

In person participants who require lodging will be staying at the Selah Guest Rooms or The Burdett House for the additional fees listed below.

Registration is limited to 8 Participants and 3 Intercessor Observers

Fees

\$175 In Person Participant -

\$125 - In-Person Intercessor/Observer

100/night lodging single \$50 double 2 available (payable to retreat house)

\$125 Online Participant

\$75 Online Intercessor Observer

Financial assistance available if needed.

Register by clicking below.



<http://gestaltpastoralcare.org>