



**GPC**  
Gestalt Pastoral Care



# Opening To Grace

## *Creating Sacred Space*

October 14 - 18, 2025

Selah Yoga Studio - Burdett, NY

A special time to center into a quiet, contemplative week this fall in beautiful FingerLakes , NY  
Tuesday - Wednesday we will gather for morning and evening yoga, prayer and creative arts.

Opening to Grace healing work will begin on Thursday and end Saturday at noon.  
Come to refresh your spirit in the presence of the surrounding natural beauty. Explore the unique ways in which God is working in you for your healing and integration of mind, body, and spirit.

**This is a change of location and dates with a few openings left. Local Commuters welcome**

This retreat is open to all.

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### Presented by: Deaconess Susan Silhan

Gestalt Pastoral Care Minister,  
Certified Yoga Instructor



Contact [susan.silhan@gestaltpastoralcare.org](mailto:susan.silhan@gestaltpastoralcare.org)  
for information and room reservations.  
Registration for the retreat is online clicking  
the link below.

### Session Registration

Registration is limited to Participants. 8 for sessions and 2 intercessor observers **Fees**

#### **Tuesday - Saturday**

\$900 Full Participant -

\$750 Intercessor observers -

**Fees Partial OTG only (Thurs. -Sat.) \$500**

Full Participant -

\$350 Intercessor observers -

Commuters - \$250

(Fee includes \$70 per night housing fee and meals)

**Financial arrangements are available if needed.**

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<http://gestaltpastoralcare.org>