



GPC
Gestalt Pastoral Care



Opening to Grace Circle

Tuesday Afternoons - 4-5:30 pm-and Evenings
7- 8:30 pm

Selah Studio, Burdett NY

Sessions are open to all interested.

Registration is required

Seeking a Sanctuary for Your Soul?

Are you yearning for a place to refresh your spirit?

A haven to bolster your resilience in a constantly evolving world?

Come together with others in a confidential environment for movement toward wholeness

Everyone will have the chance to engage in Gestalt Pastoral Care for personal inner growth.

Offered by: Deaconess Susan Silhan

Gestalt Pastoral Care Minister,
Certified Yoga Instructor



Session Registration

Registration is limited to 8 Participants.

We will gather at Selah Studio to:

- Read Scripture and other writings
- Pray with our body - a very gentle movement that can be done in a chair
- Pay attention to any nudges from God
- Time for one person to work each session.

These sessions are free - Donations are accepted to be sent to Gestalt Pastoral Care

Contact susan.silhan@gestaltpastoralcare.org for
information

Registration **CLICK HERE**

<http://gestaltpastoralcare.org>