



**GPC**

*Gestalt Pastoral Care*

# One Day Workshop Online

## January 24, 2026

10 AM - 4 PM ET

### *Exploring Your Dreams*

Finding meaning and guidance for your life

**This workshop will give you an opportunity to:**

Understand the gift of dreams that will change your life. "Your dreams send you nightly invitations to grow... Dreams spring from your feelings and fears, your scars and strengths, your hidden depths and desires....Dreams are God speaking your language."

*Tilda Norberg, The Chocolate Covered Umbrella*

**This workshop is open to seekers. dreamers and those who serve others as counsellors and spiritual directors. You will have an opportunity to work on your own dream or be an observer.**

**Full participant - \$100**

**Receives a Certificate of Attendance, slide deck, and works on a dream.**

**Observer by donation**



Facilitator: Susan Silhan  
United Methodist Deaconess  
Gestalt Pastoral Care Minister/Trainer  
With Training Associates



**For more info contact [susan.silhan@gestaltpastoralcare.org](mailto:susan.silhan@gestaltpastoralcare.org)**