Relationship Relationship





Eva Carroll Inspire and Achieve Life Coach Relationship Specialist



• Are you fed up of being single?

- Trying to find 'the elusive one' with little success?
- Do you constantly swipe right with no success?
- Do you send out multiple emails and get no response?
- Do you go on 1 or 2 dates and then nothing?
- Are you constantly ghosted and have no idea why?



Having endured online dating on and off for a few years myself, I see many profiles that are simply NEVER going to get you the results that you are looking for.

Even if you do match with somebody and they respond, do you know how to engage in an interesting conversation that is likely to lead to an actual date?

There is such a lot to consider when dating and trying to find a life partner.

EVA CARROLL - EMCC CERTIFIED COACH

If you are just after casual fun, then sure, put a photo of you bare chested holding a fish and keep swiping right, you'll eventually get lucky, but if you are looking seriously for a committed relationship, then maybe you need some relationship coaching?

The dating rules are changing and there are also other avenues to explore when looking to find your ideal life partner. Let me help you to navigate the world of dating and increase your chances of success in finding somebody special.

KNOW WHAT WOMEN WANT



In the complex maze of modern relationships, finding love can be both exhilarating and challenging.

This is where the expertise of a relationship and dating coach can truly make a difference.

I am going to suggest some compelling reasons why investing in me could be your key to unlocking a fulfilling love life





- Personalised guidance: Tailored advice and strategies designed exclusively for you, considering your unique personality, preferences, and goals.
- Clarity in intentions: Gain a clear understanding of what you seek in a partner and the type of relationship that aligns with your aspirations.
- Overcome barriers: Identify and address any emotional or behavioural barriers that might hinder your path to a successful relationship.
- **Refine communication skills**: Learn effective communication techniques to express yourself authentically and foster meaningful connections.
- <u>Boost confidence</u>: Build self-assurance and a positive self-image, empowering you to approach dating with newfound confidence.





- Navigate online dating: Master the nuances of online dating platforms, optimising your profile and interactions to attract compatible matches.
- Break unhealthy patterns: Break free from repetitive relationship patterns by understanding and modifying your dating habits and understand your attachment style (Secure, anxious or avoidant!).
- Manage expectations: Learn to set realistic expectations and boundaries, ensuring healthier and fulfilling relationships.
- <u>Supportive accountability:</u> Receive ongoing support and accountability to stay focused on your goals and progress consistently.
- Long-term relationship skills: Acquire valuable skills to not just find love but to cultivate and sustain a fulfilling, long-term relationship.

- Personalised dating strategies for you.
- Overcome personal dating barriers.
- Boost confidence and self-esteem.
- Clarify relationship goals and intentions.
- Navigate online dating with expertise.
- Break unhealthy dating patterns.
- Establish realistic expectations and boundaries.
- Understand where you are going wrong.

I will help you to;

- Understand from a women's perspective!
- Improve your profile I will give feedback on your current dating profile, including the images!
- Increase your confidence when dating.
- Know what to say to secure a date
- Make the date a success from what to wear, where to go, what you should and should not say!
- Analyse dating conversations you've had with feedback given on how to improve.
- Help you to discover your attachment style.

Get in touch to book your first **<u>FREE</u>** session!





All sessions are online



NEXT

"If nothing changes, then nothing changes!".

"Insanity is doing the same thing over and over and expecting different results!".

If you have been on a dating site for over a year with little result, you are doing something wrong!

Let me help!

Get in touch to book that FREE informal chat?