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 **The Healing Solutions Center**

 **Presents:**

**Wellness Retreat on the Rainbow River
September 30, 2022 – October 3, 2022**

Join us for this 4-day immersive spiritual wellness retreat; a time to reflect, cultivate and restore your mental, physical, and emotional well-being. By creating the time and space to shift out of your everyday stresses and deadlines, you can revitalize yourself from the inside out. Taking time out has been scientifically proven to boost productivity, increase happiness, create a feeling of peace, and make you live longer. In the interest of your long-term health,

IT'S TIME FOR A RESET *Take part in a beautiful journey of self-awareness while releasing stress, anxiety, and more*

**YOUR ALL-INCLUSIVE INVESTMENT IN YOURSELF IS ONLY $899**Includes Beautiful Accommodations, Delicious Group Meals and Beverages, Workshops, and Goodie bags**,** Yoga, Guided Meditation, Breathwork, Crystal Singing Bowls, Qi Gong, Hiking,
Pre and post retreat support, Wi-Fi, Gifts, and More!

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| NAME | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| ADDRESS | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| CITY, STATE, ZIP | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| EMAIL | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| FOOD ALLERGIES | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| GENDER | M\_\_\_\_\_F\_\_\_\_\_O\_\_\_\_\_ |  DATE OF BIRTH \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| # OF REGISTRANTS | \_\_\_\_\_\_\_\_\_\_  | REGISTRANT NAME AND CONTACT INFO BELOW:NAME \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_EMAIL \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_PHONE \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| EMERGENCY CONTACT NAME AND RELATION | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | PHONE \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

**\*Payment plans available; call to make your reservations!**

**\*Mail registration, and make checks payable to:**
The Healing Solutions Center
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Dunnellon FL, 34431
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