

SAMPLE MENUS

Eastern Mediterranean

Kos Lettuce Salad

scallions | dill | haloumi cheese | red wine vinegar

Grilled Lemon Chicken

extra virgin olive oil | oregano

Sumac Rubbed Beef Roast

labneh-roasted garlic sauce

Turkish Stuffed Eggplant "Imam Bayaldi"

Green Bean "Fassolakia"

tomatoes | onions | extra virgin olive oil | herbs
Pita Bread | Walnut Baklava

American

Organic Baby Green Salad

strawberry | avocado | pickled red onion | farro | goat cheese | citrus-poppy dressing

Rosemary-Garlic Rubbed Beef Roast

sherry-roasted onion jus

Turkey-Parmesan Meatballs

basil cream

Goat Cheese-Kale Stuffed Portobello

tomato-shallot confit

Red Bliss Mashed Potatoes

Grilled Zucchini & Squash

Rustic Farm Rolls | Apple Lattice Pie

SAMPLE MENUS

Caribbean

Baby Kale and Arugula Salad

| lentils | bell peppers | pineapple | pickled red onions tortilla strips | vanilla bean dressing

Dry Rubbed Roasted Chicken Breast

spring onion-lime sauce

Pork "Lechón" Asado

mango-red onion compote

Jamaican Jerk Tofu

passion fruit sauce

Roasted Brown Sugar Sweet Potatoes

Curried Cauliflower

Rustic Farm Rolls | Key Lime Tart