

Cord Cutting

The importance of releasing attachments and healing from stained pain

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Ever feel like you're being drained? Like something is literally sucking the energy from you. There's a bet that it's a connection between you and someone. Or in other words a Cord. Etheric cords are made when you make a relationship/connection with someone, especially romantic connections. As we continue to communicate with these people the cords continue to get stronger. These cords are a high frequency communication tunnel in which we share, transmit, and transmute our energy with one another. In a good relationship/connection the cords can be used as a source of rejuvenation. However, in a bad relationship/connection you can lose lots of control and began to feel drained.

Cord Connections can be physically felt and seen. They all have different textures and feels based off of the type of relationship/connection it is. A good relationship/connection might have a soft feeling and it might be light weight. However, a bad relationship/connection would have a thick and rough kind of texture to it. Speaking of how they look they can also be connected to different places on your body. They can be any-where but they're usually attached to chakras and our energy centers. Which would explain the talk of it being draining. There is a difference with each cord level. A relationship with a toxic partner is on a completely differently level than a relationship with your dog.

Like said before, any bad connection with anyone can be frustrating and harming to your well-being. So, it's best to cut all cords/connections that means you harm in any type of way. This can be done by Cord Cutting and Burning, which is a very trusted and common method for removing this type of burden or issue. It helps with growth and making goals for yourself. It doesn't seek to remove any healthy relationships, only ones that are harming you and keeping you from moving forward with your life. Clearing away emotional obstructions that are limiting you consciously and unconsciously. These heavy and draining cords can keep us trapped in limiting patterns due to conscious or unconscious subtle-level dynamics.

When it comes to removing this connection and cutting this cord a skilled healer is usually around to support and severs the cord and heals the wound. These skilled healers get assistance of energy beings like the Archangels. Cords can't be removed alone because of their low vibrational nature which makes it difficult to remove. A very popular way of cutting a cord is visualization exercise in which our cords are pictured and detached in the mind's eye.

Now when it comes to the burning, all you'll need are candles, photograph of whoever you want to disconnect from, twine, salt and a bowl. You'll light your candles in the bowls full of salt and use the string to tie onto the candles. You'll then put the picture over the candles and let it burn. While doing so, try and feel gratitude for the person you chose. Saying something along the lines of : "(Their name), thank you for the lessons learned. This portion of our soul contract is now complete. I release you from my energy field now." Then pour the ashes into the bowls and burn the twine from the middle reciting words of gratitude. Let the candles burn all the way away and whatever is left discard of. Wash your hands and then you're done.

After everything is done, a sense of relief and peace will wash of you. It'll feel like something was lifted off of your shoulders. You might even cry due to all of the emotions coming to light. The relationship before will no longer exist, it'll take on a new form. There could be an outburst of anger from the other person as they are confronted with the new relationship. The other persons insecurities might have even flown to surface because of this removal of bad energy between you two. However, once this happens you have to maintain this energy, this peace. Maintaining this new healthier state requires that you set healthy boundaries and continually act in ways that reinforce your self-worth.

In the end cord cutting may be your best and only option to get rid of a draining or unwanted connection between you and someone else

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