COON RAPIDS ALANO MEETING SCHEDULE (UPDATED MARCH 2024)

<u>AA</u>

*MONDAY	10:00 AM	Design for Living - AA/Al-Anon Open, Mixed	SQUAD 20
MONDAY	5:00 PM	Voices of Recovery - Open, Women	SQUAD 17
MONDAY	6:30 PM	Open, Mixed	SQUAD 8
*TUESDAY	10:00 AM	Design for Living - AA/Al-Anon Open, Mixed	SQUAD 20
TUESDAY	6:30 PM	Open, Mixed	SQUAD 6
*WEDNESDAY	10:00 AM	Design for Living - AA/Al-Anon Open, Mixed	SQUAD 20
WEDNESDAY	6:30 PM	Serenity Sisters - Open, Women	SQUAD 11
WEDNESDAY	8:00 PM	Open, Mixed	SQUAD 3
*THURSDAY	10:00 AM	Design for Living - AA/Al-Anon Open, Mixed	SQUAD 20
THURSDAY	4:30 PM	Women's Big Book Study - Closed	SQUAD 13
THURSDAY	6:30 PM	Women's Step Study - Closed	SQUAD 21
THURSDAY	8:00 PM	Closed, Mixed	SQUAD 5
*FRIDAY	10:00 AM	Design for Living - AA/Al-Anon Open, Mixed	SQUAD 20
FRIDAY	6:30 PM	Big Book - Open, Mixed	SQUAD 1
SATURDAY	8:05 AM	Open, Mixed	SQUAD 2
*SATURDAY	M9 00:F	AA/Al-Anon - Open, Mixed	SQUAD 7
SUNDAY	T:00 PM	Open, Mixed	SQUAD 10

Al-Anon

*MONDAY	10:00 AM	SQUAD 20	*THURSDAY	10:00 AM	SQUAD 20
MONDAY	6:30 PM	SQUAD 14	*FRIDAY	10:00 AM	SQUAD 20
*TUESDAY	10:00 AM	SQUAD 20	*SATURDAY	7:00 PM	SQUAD 7
TUESDAY	2:00 PM	SQUAD 9	SUNDAY	7:00 PM	SQUAD 19
*WEDNESDAY	10:00 AM	SQUAD 20			

$\underline{\textbf{AA/Al-Anon General Meeting}} \hspace{0.1cm} (Speaker Meeting)$

*2nd TUESDAY OF EVERY MONTH - 8:00 PM

*AA/Al-Anon - Open, Mixed

"OPEN" Meeting→families, friends, observers welcome

"CLOSED" Meeting→<u>AA</u>= for those who have a drinking problem and have a desire to stop drinking

Al-Anon = for families and friends who have been affected by the disease of alcoholism