

All Meetings listed below are held at 1635 Coon Rapids Blvd. NW, Suite 100 Coon Rapids, MN  
 Meetings **MUST** be kept to the 1 hour time limit  
 to give enough time to properly clean and sanitize for the next meeting scheduled.

Al-Anon & Alateen Meetings			
Day	Squad #	Meeting Type	Time
Monday	Squad 14	Al-Anon, Mixed	6:30 PM
Tuesday	Squad 22	Saved by Grace. AA/Al-Anon. Open, Mixed	10:00 AM
Tuesday	Squad 9	Al-Anon, Mixed	2:00 PM
Thursday	Squad 20	“Steps to Serenity”. AA/Al-Anon. Open, Mixed.	10:00 AM
Saturday	Squad 7	AA/Al-Anon. Open, Mixed	7:00 PM
Sunday	Squad 19	Al-Anon, Mixed	7:00 PM
Sunday	Squad 16	Alateen (virtual meeting only until Sept 12th)	7:00 PM
AA Meetings			
Day	Squad #	Meeting Type	Time
Monday	Squad 17	Voices of Recovery. Closed. Women.	5:00 PM
Monday	Squad 12	Women's Way. Open. Women.	6:30 PM
Monday	Squad 8	Open. Mixed	6:30 PM
Tuesday	Squad 22	Saved by Grace. AA/Al-Anon. Open, Mixed.	10:00 AM
Tuesday	Squad 6	Open, Mixed	6:30 PM
Wednesday	Squad 11	Open, Women.	6:30 PM
Wednesday	Squad 3	Open, Mixed.	8:00 PM
Thursday	Squad 20	“Steps to Serenity”. AA/Al-Anon. Open, Mixed.	10:00 AM
Thursday	Squad 13	Women’s Big Book Study. Closed	4:30 PM
Thursday	Squad 21	Closed, Women’s Step study.	6:30 PM
Thursday	Squad 5	Closed, Mixed	8:00 PM
Friday	Squad 4	TGIF AA/Al-Anon Open, Mixed	10:00 AM
Friday	Squad 1	Open, Mixed. Big Book	6:30 PM
Saturday	Squad 2	Open, Mixed.	8:05 AM
Saturday	Squad 7	AA/Al-Anon, Open, Mixed.	7:00 PM
Sunday	Squad 10	Open, Mixed.	7:00 PM

Meeting Definitions:

**Open:** Are meetings available to anyone interested in Alcoholics Anonymous’ program of recovery from alcoholism.

**Closed:** Are meetings for A.A. members only, or for those who have a drinking problem and “have a desire to stop drinking”.

**Mixed:** Both men and women can attend.

**Alano Board Meeting**

Second Monday of every month at 7:45 PM.

Service work is a great way to give back, all are encouraged to attend!