

COON RAPIDS ALANO MEETING SCHEDULE (UPDATED SEPT. 2025)

Our website has MANY resources for AA & AL-anon!* coonrapidsalano.com

AA

*MONDAY	10:00 AM	Design for Living - AA/AL-Anon Open, Mixed	SQUAD 20
MONDAY	5:00 PM	Voices of Recovery - Open, Women	SQUAD 17
MONDAY	6:30 PM	Open, Mixed	SQUAD 8
*TUESDAY	10:00 AM	Design for Living - AA/AL-Anon Open, Mixed	SQUAD 20
TUESDAY	5:00 PM	*NEWLY ADDED 4/25* Open, Mixed - Plain Language Big Book Study	SQUAD 15
TUESDAY	6:30 PM	Open, Mixed	SQUAD 6
*WEDNESDAY	10:00 AM	Design for Living - AA/AL-Anon Open, Mixed	SQUAD 20
WEDNESDAY	6:30 PM	Serenity Sisters - Open, Women	SQUAD 11
WEDNESDAY	8:00 PM	Open, Mixed	SQUAD 3
*THURSDAY	10:00 AM	Design for Living - AA/AL-Anon Open, Mixed	SQUAD 20
THURSDAY	4:30 PM	Women's Big Book Study - Closed	SQUAD 13
THURSDAY	8:00 PM	Closed, Mixed	SQUAD 5
*FRIDAY	10:00 AM	Design for Living - AA/AL-Anon Open, Mixed	SQUAD 20
SATURDAY	8:05 AM	Open, Mixed	SQUAD 2
*SATURDAY	7:00 PM	AA/AL-Anon - Open, Mixed	SQUAD 7
SUNDAY	7:00 PM	Open, Mixed	SQUAD 10

AL-Anon

*MONDAY	10:00 AM	SQUAD 20 (OPEN)	*THURSDAY	10:00 AM	SQUAD 20 (OPEN)
MONDAY	6:30 PM	SQUAD 14 (CLOSED)	*FRIDAY	10:00 AM	SQUAD 20 (OPEN)
*TUESDAY	10:00 AM	SQUAD 20 (OPEN)	*SATURDAY	7:00 PM	SQUAD 7 (OPEN)
TUESDAY	2:00 PM	SQUAD 9 (CLOSED)			
*WEDNESDAY	10:00 AM	SQUAD 20 (OPEN)			

**AA/AL-Anon - Open, Mixed*

"OPEN" Meeting→families, friends, observers welcome

"CLOSED" Meeting→AA= for those who have a drinking problem and have a desire to stop drinking

AL-Anon = for families and friends who have been affected by the disease of alcoholism