cx present example! (Not a real client)

Integrated Therapy Solutions of Oklahoma, LLC

Discharge Summary

(To be completed within 30 days of termination of services) (date of referral)

CLIENT NAME: Gina Pearson **ADMISSION DATE:** 1/1/21

PRIMARY CLINICIAN: Destani Malicoat, LPC and **DISCHARGE DATE:** 8/1/22 **TRANSFER DATE:** n/a

I. Presenting Problem:

Described by client during assessment:

at intake

Cx presented to intake alone and reported the following symptoms: anxiety, insomnia, and flashbacks. The symptoms had been present for one year following a traumatic event.

II. Assessment:

Initial Condition: Mental Status, Affect, High Risk Indicators, Medical Director's Impressions, Clinical Strengths

at intake

Cx was oriented x4 at intake.
Cx presented with appropriate affect.
Cx reported no high risk factors (like homelessness, suicidality, family hx of suicide, hopelessness, etc.) Cx was assessed to be appropriate for agency services. Strengths reported were strong communication skills and prior therapy.

III. Diagnoses

At Initial Assessment

Diagnosis I: Posttraumatic stress disorder (F43.10)

Diagnosis II:

Diagnosis III:

↳ at intake

IV. Services: List services provided

Psychiatric diagnostic evaluation
individual psychotherapy
(Throughout services here)

V. Medication:

What Patient was prescribed at Intake?

Drug Name	Dose	Frequency
Zoloft	100mg	daily
Hydroxzine	5mg	daily

↳ at intake

What Patient was prescribed at Discharge?

Drug Name	Dose	Frequency
Zoloft	50mg	daily
Hydroxzine	5mg	daily

↳ at discharge

VI. Final Assessment of patient/prognosis

Referrals/Recommendations: Strengths, needs, abilities and preferences at discharge. Include extent to which goals/objectives were achieved and the reason for discharge.

Cx has completed goals and objectives. Cx and therapist have mutually agreed to discharge. Cx will be referred back to ITS for additional needs after discharge. Cx reported decreased anxiety, no disordered sleep, and no longer meets criteria for PTSD. Strengths gained include increased emotional insight and less reactivity to triggers.

↳ info at discharge

Malicoat, LPC and 8/1/22

Therapist Signature *DATE*

☐ DISCHARGE CDC COMPLETED IN MILAN
☑ TRANSITION PLAN COMPLETED (IF CLIENT IS PRESENT)