

Client Chart Order Check List

- ☐ _____ Client Chart Billing Log (always on top)
- ☐ _____ Completed Treatment Plans and Signature Pages on first tab
(Treatment Advocate Forms with each Signature Page when applicable)

✓ Initial

- ☐ _____ Chart Order Check List
- ☐ _____ Referral Form
- ☐ _____ Client Handbook (given to client/guardian)
- ☐ _____ Consent for treatment
- ☐ _____ Consent to Bill Private Insurance (when applicable)
- ☐ _____ Release of Information (if applicable)
- ☐ _____ HIV Form
- ☐ _____ Client Orientation/Acknowledge Check List
- ☐ _____ Fee Schedule
- ☐ _____ Court Action Fee Agreement
- ☐ _____ Outpatient telehealth form

✓ Initial

- ☐ _____ Bio psychosocial Attestation (telehealth only)
- ☐ _____ Bio psychosocial Packet
- ☐ _____ Mental Status Exam
- ☐ _____ Screeners (Trauma, SI/Self-Harm, Depression, etc)
- ☐ _____ Transitional Plan
- ☐ _____ ACE Screener (for 18+)
- ☐ _____ Card Authorization Form (pull from chart/scan to TheraNest and shred) *Priv. Ins. Only

Other Forms:

- ☐ _____ Testing Reports
- ☐ _____ IEP/504 Plans or Attestations
- ☐ _____ Other: _____

TRANSITION PLAN

Client's name _____ Insurance# _____ Admit date _____

How will you know that you are nearing completion of services and ready to transition into your community? (to be asked of client at assessment- direct quote required):

Below this line to be completed at Discharge:

Progress (In client's own words): _____

Gains (In client's own words): _____

Strengths/abilities _____

Needs/liabilities _____

Presenting problem (from intake) _____

The following care services have been developed with my knowledge and cooperation. My response regarding these plans is as follows: _____

Referral Source: (Name, contact information, agency, hours available)

Below this line to be completed at Discharge:

Client Signature (if over 12)

Date

Guardian Signature

Date

Therapist Signature & Credentials

Date

INTEGRATED THERAPY SOLUTIONS OF OKLAHOMA, LLC

CONSENT FOR TREATMENT

1. I, We (Parent, legal guardian if applicable) authorize **Integrated Therapy Solutions of Oklahoma, LLC** and representative mental health and substance abuse providers to administer treatment to me and to continue such treatment as deemed professionally necessary.
2. I/We do hereby authorize psychiatric, psychological, diagnosis or treatment by a physician, therapist and /or authorized mental health provider by **Integrated Therapy Solutions of Oklahoma, LLC**. Treatment may be rendered to said client under general, specific or special consent of **Integrated Therapy Solutions of Oklahoma, LLC**, whether such diagnosis or treatment is rendered at the office of the psychiatrist, therapist, or provider. I understand that this consent is given in advance of any specific diagnosis of treatment being required, but is given to encourage and authorize those persons, (physicians, providers) to exercise their judgment as to the requirements of such diagnosis or psychotherapeutic treatment.
3. I/We further agree to be actively involved in the treatment plan as prescribed by the treatment team of **Integrated Therapy Solutions of Oklahoma, LLC** while the client is in treatment. I/We understand that included in such treatment plan would be my/our involvement in regular family, individual, or group therapy sessions, scheduled in accordance with State, Federal and/or pay or source guidelines.
4. No guarantees or assurance have been given by anyone to the results that may be obtained.

This consent shall remain in effect commencing on the date of admission to **Integrated Therapy Solutions of Oklahoma, LLC** unless sooner revoked in writing and delivered to said physician, therapist, or provider of **Integrated Therapy Solutions of Oklahoma, LLC**.

By signing below, I/we understand and agree to the following:

I/We understand that **Integrated Therapy Solutions of Oklahoma, LLC** provides these services regardless of the client's ability to pay. If able I/we agree to pay when services are rendered and charged.

I/We have read the Consent for Treatment form, understand all its content and sign my/our name(s) here freely, voluntarily and without coercion.

I/We agree to give 24-hour notice of cancellation if not participating in planned services and understand that by *consistently* not showing up for planned services, the treatment plan may be reviewed by treatment staff to determine the appropriateness of continued treatment or discharge.

I/We have provided the information in the Initial Intake Packet and, upon review, find it to be accurate to the best of my/our knowledge.

I/We have read and received the Privacy Practice Notice Forms and this information been discussed with me, and I/we understand how my health information will be handled and used through **Integrated Therapy Solutions of Oklahoma, LLC**.

I/We have read and received the Client Grievance Policy and Procedure Form and has been discussed with me, and I/we understand that if there is a grievance I/we may file a complaint with the Grievance Officer.

Signature of Client (if 14 years or over)

Date

Signature of Parent/Guardian

Date

Signature of Staff with Credentials

Date

01.05.2025

**CLIENT ORIENTATION
REVIEW & ACKNOWLEDGEMENT**

I/we received the Integrated Therapy Solutions of Oklahoma, LLC Client Handbook, and reviewed it with the intake counselor. By signing below, I/we acknowledge that I/we have reviewed each area below and asked questions as needed to fully understand each section and subject below.

Welcome to ITS-OK, LLC (p.2)	ITS-OK, LLC Privacy Policy (p.12-15)
Descriptions of Services Offered (p.8)	HIV/AIDs/STD Education & Testing Locations (p.18)
Program and Participation Rules (p.6)	Emergency Evacuation Procedures (p.11-12)
Confidentiality of Records (p.8)	Consent for Follow-Up/Satisfaction Survey (p.7)
Consumer Rights (p.3-6)	Grievance Policy (p.6)
Good Faith Estimate (p.16-17)	Discharge Policy (p.10)

Consent for Follow Up

I, _____ (Patient, Parent/Legal Guardian if applicable) authorize Integrated Therapy Solutions of Oklahoma, LLC to contact me by phone/mail/in person for the purpose of evaluation of treatment progress, service satisfaction and other information as deemed necessary in order to enhance the quality of care. ☐ Yes ☐ No

By signing below, I/we understand and agree to the following:

I/We agree to notify the agency in advance if unable to keep a scheduled appointment.

I/We agree to notify the agency of any changes to my address or phone number.

I/We understand that missing *three consecutive scheduled appointments* may result in discharge.

I/We have received the synopsis of the Consumer Bill of Rights in the Client Handbook.

I/we acknowledge that failure to provide appropriate insurance information, including coverage other than SoonerCare will result in full financial responsibility for any sessions and services accrued.

****Requests for court-related services may incur additional costs as they are not SoonerCare approved services. These services have a base rate of \$200 PER HOUR.**

Medical Records Requests: Base rate is \$25 for the first 75 pages and \$0.10/per page after + cost of mailing (if requested). Invoice must be paid in full before request is processed.

Signature of Client, 12 and older Date

Signature of Parent/Guardian (if applicable) Date

Signature of Staff with Credentials Date

Integrated Therapy Solutions of Oklahoma, LLC

620 NW 5th St. Suite D

Moore, Oklahoma 73160

Ph: (405) 208-4469 Fax: (405) 208-4472

FEE SCHEDULE AGREEMENT

Client Fiscal Responsibility Policy

I understand that I am expected to pay the agreed upon fee at the time services are rendered.

Proof of income may be required. (Copy of income tax return or recent pay stub.)

The fee for intake services is \$250.00 per intake.

The fee for psychotherapy services is \$200.00 per hour.

The fee for psychosocial rehabilitation and case management is \$50.00 per hour.

Group Psychotherapy is \$20.00 per person per hour.

Group Psychosocial rehabilitation is \$10.00 per person per hour.

I will talk to my therapist if I am unable to for any reason to abide by the above regulations.

*****Requests for court-related services may incur additional costs as they are not SoonerCare approved services. These services have a base rate of \$200 PER HOUR.***

Medical Records Requests: Base rate is \$25 for the first 75 pages and \$0.10/per page after + cost of mailing (if requested). Invoice must be paid in full before request is processed.

I understand that I am expected to pay my insurance co-payment in the amount of \$ 0 at the time services are rendered for therapy services. (Court costs and medical records requests not included)

Sliding Scale Fee has been adjusted from 100% to 0 %, due to: SoonerCare Coverage.

(We) agree to the (adjusted) fee of \$ 0. (Court costs and medical records requests not included)

I acknowledge that failure to provide appropriate insurance information, including coverage other than SoonerCare will result in full financial responsibility for any sessions and services accrued.

Client/Guardian Signature

Date

Staff Signature with Credentials

Date

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SAMPLE SLIDING FEE SCHEDULE

Maximum Annual Income Amounts for each Sliding Fee Percentage Category (except for 0 percent discount)

Poverty Level	100%	110%	120%	130%	140%	150%	160%	170%	180%	190%	200%	>200%
Family Size	Discount 100%	Discount 90%	Discount 80%	Discount 70%	Discount 60%	Discount 50%	Discount 40%	Discount 30%	Discount 20%	Discount 15%	Discount 10%	Discount 0%
1	\$15,060	\$16,566	\$18,072	\$19,578	\$21,084	\$22,590	\$24,096	\$25,602	\$27,108	\$28,614	\$30,120	>\$30,120
2	\$20,440	\$22,484	\$24,528	\$26,572	\$28,616	\$30,660	\$32,704	\$34,748	\$36,792	\$38,836	\$40,880	>\$40,880
3	\$25,820	\$28,402	\$30,984	\$33,566	\$36,148	\$38,730	\$41,312	\$43,894	\$46,476	\$49,058	\$51,640	>\$51,640
4	\$31,200	\$34,320	\$37,440	\$40,560	\$43,680	\$46,800	\$49,920	\$53,040	\$56,160	\$59,280	\$62,400	>\$62,400
5	\$36,580	\$40,238	\$43,896	\$47,554	\$51,212	\$54,870	\$58,528	\$62,186	\$65,844	\$69,502	\$73,160	>\$73,160
6	\$41,960	\$46,156	\$50,352	\$54,548	\$58,744	\$62,940	\$67,136	\$71,332	\$75,528	\$79,724	\$83,920	>\$83,920
7	\$47,340	\$52,074	\$56,808	\$61,542	\$66,276	\$71,010	\$75,744	\$80,478	\$85,212	\$89,946	\$94,680	>\$94,680
8	\$52,720	\$57,992	\$63,264	\$68,536	\$73,808	\$79,080	\$84,352	\$89,624	\$94,896	\$100,168	\$105,440	>\$105,440
For each additional person, add	\$5,380	\$5,918	\$6,456	\$6,994	\$7,532	\$8,070	\$8,608	\$9,146	\$9,684	\$10,222	\$10,760	>\$10,760

*Based on the 2024 [Federal Poverty Guidelines for the 48 contiguous states and the District of Columbia](#). Please note that there are separate guidelines for Alaska and Hawaii, and that the thresholds would differ for sites in those two states. Sites in Puerto Rico and other outlying jurisdictions would use the above guidelines.

Court Action/Legal Fees Agreement

Records Requests – PER CLIENT/PER REQUEST

A charge of up to \$10.00 may be collected for administrative costs.

A fee, not to exceed \$5.00, for certifying the medical records may also be charged. The cost of postage may also be charged.

Fees for copying documents may be: \$25.00 flat rate for the first 100 pages /\$0.10 for each page copied in excess of 100 pages

Writing a Treatment Summary - PER CLIENT/PER REQUEST

A flat rate fee of \$200 may be charged for each treatment summary requested. We do require 10 business days turnaround when requesting this information.

Court Related Fees: PER CLIENT/PER REQUEST

I/we understand that clients are discouraged from having their therapist subpoenaed. Even though you are responsible for the testimony fee, it does not mean that the testimony will be solely in your favor. Your provider can only testify to the facts of the case and not to any professional opinion. By initialing this line, you acknowledge that your provider's testimony cannot include anything other than fact, per state licensing regulations and acknowledge that your provider is not an expert witness.

I/we acknowledge that if any court involvement is required and the court orders the therapist to participate, or if a subpoena is received for the therapist, or the therapist attendance is requested, the following fees are due *before* the therapist will take any action.

The minimum charge for a court appearance: **\$1500**

A retainer of \$1500 is due 14 days in advance. If a subpoena or notice to meet attorney(s) is received without a minimum of 72-hour notice there will be an additional \$500 "express" charge.

Additionally, if the case is reset with less than 72 business hours' notice, then the client will be charged \$500 (in addition to the retainer of \$1500 becoming non-refundable). In order to appear in court, the therapist must cancel sessions and rearrange services for other clients who may not be able to reschedule on short notice.

The following fees apply for court involved cases: (PER COURT APPEARANCE/SUBPOENA)

- | | |
|--|--|
| ➤ Preparation time (including submission of records): \$200/hour | ➤ Mileage: \$0.40/mile |
| ➤ Phone calls/consultations related to the case: \$200/hour (with any attorney/GAL, legal representation, DHS case worker, etc.) | ➤ Time away from office due to depositions or testimony: \$200/hour (includes travel time to and from) |
| ➤ Depositions: \$200/hour | ➤ All attorney fees and costs incurred by the therapist as a result of the legal action. |
| ➤ Time required in giving testimony: \$250/hour | ➤ Additional fees not specifically covered. |

I/we understand that non-compliance with the fee schedule or non-payment will result in immediate termination of the counseling relationship and immediate discharge of the client.

I/we have read the Court Action/ Legal Fees Agreement, understand all of its content and sign my/our name(s) here freely, voluntarily and without coercion.

Signature of Client (if 12 years or over)

Date

Signature of Parent/Guardian

Date

Signature of Staff with Credentials

Date

Integrated Therapy Solutions of Oklahoma, LLC

Release of Confidential Information

I understand that the medical records requested are protected under the Federal and State Confidentiality laws and regulations and cannot be released without my consent unless otherwise provided for in the regulations. State and Federal laws and regulations prohibit any further disclosure without the specific written consent of the subject or as otherwise permitted by such regulation. I also understand that the signing of this consent may be revoked **(in writing to the program coordinator or designee)** at any time unless action has already been taken based upon it and that in any event this consent expires one year from the date of signature.

I, _____ Request That Information Concerning: _____
(Name of requesting party) (Print Name of Client)

DOB _____

Be released and authorized from:

(Name/Agency) (Address) (City, State, Zip)

To exchange with: Integrated Therapy Solutions of Oklahoma, LLC
620 NW 5th St. Suite D
Moore, Oklahoma 73160
Ph: (405) 208-4469 Fax: (405) 208-4472

The following written, verbal and/or electronic information – ***including an explicit description of the substance use disorder information that may be disclosed:*** (Kind and/or extent of information to be released) _____

To be released for the following purpose(s): _____

I understand that the information I authorize for release may include records which may indicate the presence of a communicable or venereal disease, which may include but are not limited to, substance use or abuse disorders; diseases such as hepatitis, syphilis, gonorrhea, and the human immunodeficiency virus, also known as acquired immune deficiency syndrome (AIDS). **The release of information form has been explained to me and the consent has been given of my own free will.**

It has been explained to me that my treatment services are not contingent upon or influenced by my decision concerning the release of information.

(Signature of client or legally authorized representative) Date

I request this Consent for Release to expire on _____ Client/Guardian Initials _____

(Signature of staff requesting release) Date

This information has been disclosed to you from records protected by Federal confidentiality rules (42 CFR part 2). The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 CFR part 2. A general authorization for the release of medical or other information is NOT sufficient for this purpose. The Federal rules restrict any use of the information to criminally investigate or prosecute any alcohol or drug abuse patient.

RlsofInfo.01.05.2025

**Client Acknowledgement of
HIV/A.I.D.S./STD & TB EDUCATION & REFFERAL**

Integrated Therapy Solutions of Oklahoma, LLC offers information and referral for Human Immunodeficiency Virus (HIV), Sexually Transmitted Diseases (STD), and Acquired Immunodeficiency Syndrome (AIDS) and Tuberculosis (TB). Information/Education/Referral is for consumers, all drug dependent persons, and the significant other(s) of the consumer(s). Documentation of this is either by acknowledgement of Client Handbook or Clinical Consultation note in the consumers record. Referral and documentation is confidential.

CONFIDENTIAL AND ANONYMOUS COUNSELING AND TESTING SITES IN OKLAHOMA:

HIV/STD: GUIDING RIGHT * 7901 NE 10th, Suite A-111 in Midwest City, OK 73110 * 405-733-0771
RAIN Oklahoma * 600 NW 23rd , Suite 101 in Oklahoma City, OK 73103 * 405-232-2437
RED ROCK BH SCIENCES * 4400 N. Lincoln Blvd in Oklahoma City, OK 73105 * 405-425-0473
COMMUNITY HEALTH CENTER * 12716 NE 36th in Oklahoma City, OK 73140 * 405-769-3301

TB: OKLAHOMA COUNTY HEALTH DEPT. * 400 NE 50th in OKC, OK 73105 * 405-419-4000
MED-EVAL CLINIC * 4001 N. Classen Blvd, #101 in Oklahoma City, OK 73118 * 405-840-2180

ACKNOWLEDGEMENT OF RECEIPT OF INFORMATION BY CLIENT:

(Both lines must be completed – N/A on Significant Other if needed)

_____ I, (and my significant other, if applicable) have received the HIV/A.I.D.S./STD & TB Education Information and have been offered referrals for testing for these conditions.
_____ I, as the significant other of _____, have received the HIV/AIDS/STD & TB Information and have been offered referrals for testing for these conditions.

I DO WISH to be referred* for testing for (circle as many as desired): HIV/A.I.D.S - STD - TB

* Client was referred to: _____

* Significant other was referred to: _____

-- OR -- (Both lines must be completed – N/A on Significant Other if needed)

_____ I DO NOT WISH to be tested or referred for **HIV/A.I.D.S./STD & TB (client)**

_____ I DO NOT WISH to be tested or referred for **HIV/A.I.D.S./STD & TB (significant other)**

Acceptance of this form in the client record indicates that this Integrated Therapy Solutions of Oklahoma, LLC client has received basic HIV/A.I.D.S./STD/TB prevention education.

Client/Guardian Signature Date

Significant Other (if applicable) Signature Date

Therapist Signature with Credentials Date

05.2023

OUTPATIENT TELEHEALTH CLIENT INFORMED CONSENT

Telehealth is the use of electronic information and communication technologies by a Mental Health Provider to deliver services to an individual when he or she is located at a different site than the client.

I, _____, agree to participate and receive therapy via the use of a HIPAA compliant platform video telehealth delivery system. I will be receiving mental health services through interactive videoconferencing. I understand the use of videoconferencing is an alternative method of mental health care delivery and that my therapist will not be physically in the same room as me.

By signing below, I/we understand and agree to the following:

- I understand that I have the option to withhold or withdraw consent at any time without affecting the right to future care or treatment or risking the loss or withdrawal of any program benefits to which I am currently receiving or would otherwise be entitled. I understand that my participation in this is voluntary, and I may decide to terminate my treatment at any time.
- I also understand that there are several benefits of receiving telehealth services that have been identified including increased access to specialized services in remote areas, lower healthcare costs, reduced travel, minimizing time off work, and decreased waiting time for services.
- I understand that there are potential risks and consequences from telehealth, including, but not limited to, the possibility, despite reasonable efforts on the part of the therapist and Integrated Therapy Solutions of Ok, LLC, that the transmission of my telehealth session could be disrupted or distorted by technical failures. Furthermore, with telehealth, I understand there is the risk of being overheard by anyone near me if I do not place myself in a private area and protected from other's intrusion. I understand that I maintain sole responsibility for ensuring the privacy of my surroundings when participating in telehealth sessions. I also understand with any form of mental health services despite my efforts and the efforts of my therapist that my mental health issues may not get better.
- I understand that telehealth is not always appropriate for emergency medical and suicidal ideations and if such emergencies arise, I will be required to seek face to face consultation and evaluation, and by signing this consent, I agree in advance to seek such care if I or my provider deem this necessary.
- I understand that my privacy and confidentiality will be protected in the same manner if I were to receive therapy face to face with my therapist in the same room. I understand that I am responsible for providing a confidential setting in my location. I understand the laws that protect privacy in the confidentiality of medical information also apply to telehealth. As always, OHCA will have access to medical records for quality review/audit.
- I understand that there will be no recordings of my therapy sessions. I also agree to not record my own therapy sessions without my therapist's knowledge or permission.

I give my consent to receive mental health services through a **telehealth HIPPA compliant platform** that I agree to use with my therapist. I also understand that the telehealth services I receive will become part of my mental health records.

Client Signature

Date

Client Parent/Guardian Signature

Date

Staff Signature & Credentials

Date

Telehealth Policy and Procedures

Telehealth Delivery of Mental Health Services

Integrated Therapy Solutions of Ok, LLC offers the ability to deliver mental health services through telehealth.

Definition: Telehealth is the use of electronic information and communication technologies by a Mental Health Provider to deliver mental health services to the client when he or she is located at a different site than the client. Telehealth is not meant to take the place of regular face to face therapy.

Telehealth delivers mental health services using a Secure HIPAA compliant platform.

- Expand the geographical area over which a mental health provider can offer direct service
- Save time and energy without compromising quality
- Allow providers and the client greater flexibility and increased access when delivering or receiving services
- Allow clients to receive needed services without having to travel long distances, when weather and road conditions are problematic.

Eligible Clients

Clients are eligible to receive their mental health services via telehealth when:

- Telehealth is determined an appropriate method of conducting a therapy session.
- The provider is able to document a medically necessary reason for telehealth.
- Client or Client's guardian has signed an Informed Consent agreeing to receive therapy services via a secure HIPAA compliant platform.
- Client has the ability to access the secure HIPAA platform identified for use by the assigned Clinician.

Eligible Providers

Providers currently authorized to provide telehealth services in compliance to OHCA and 3rd party payers.

Guidelines are as follows:

- Clinician must have a current individual contract with client's insurance company.
- Clinician must be employed or under contract with Integrated Therapy Solutions of OK, LLC
- Clinician must have signed the Provider Telehealth agreement Form
- Indicate on the Provider Telehealth agreement Form which secure HIPAA compliant platform will be used.
- Sign a Business Associate Agreement with the HIPAA Compliant Platform to be used.

When delivering services via telehealth, clinicians must do the following:

- Employ strategies to minimize vulnerabilities in technological equipment when conducting sessions via telehealth.
- Ensure procedures are in place to protect client confidentiality
- It is the responsibility of the Clinician to ensure that a HIPAA compliant platform is being used.

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- Ensure that an interactive telehealth system is compliant with HIPAA privacy and security requirements and regulations and meets all policy and procedures from OHCA/DMH/COA/3rd Party Payers.

Non-covered Services

Integrated Therapy Solutions of OK, LLC does not reimburse for connection charges, or origination, set-up or HIPAA compliant platform fees.

Billing

Refer to the following when billing for services provided through telemedicine:

- Services provided via telemedicine have the same service thresholds, authorization requirements and reimbursement rates as services delivered face-to-face.
- Progress Note must be entered using the billing system in the same manner as services delivered face-to-face.
- Client Treatment Plan must include telehealth as a service delivery option, and telehealth must be listed on the service plan signature page.
- Progress Note must indicate for mental health services delivered via telehealth with telehealth billing modifier GT or 95, depending on insurance.
- Progress Note must indicate the place of service code using the EHR's drop down menu that identifies the location of the client when the service was provided. Progress Note must also include that the session was provided via telehealth by clinician in a secure location to protect client confidentiality.
- Progress Note must include medically necessary reason(s) for telehealth.

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Client Name: _____ Client Age: _____
Date Completed: _____ Start Time: _____ Stop Time: _____

SERVICE PLAN SIGNATURE PAGE

CLIENT ACTIVE PARTICIPATION STATEMENT: I/We (client/guardian) have actively participated in the development of this service plan and understand the treatment goals and objectives listed. I have the following comments/response:

Member Signature, 12 or older _____ Date _____ Parent/Guardian Signature _____ Date _____

***Adult members: Has the Treatment Plan Advocate form been completed and signed?** ☐ Yes ☐ No
Has the Advanced Directive/Living Will form been completed and signed? ☐ Yes ☐ No
(Attach to signature page and submit together – required by OHCA and ODMHSAS)

If unable to legibly sign, document reason: _____

Responsible LBHP Signature, Degree/License/Under Supervision _____ Date _____

Agency Supervising LBHP Signature & Credentials _____ Date _____

TREATMENT TEAM:

Service Type	Treatment Methodology	Frequency of Service(Week/Month)	Provider Name & Credentials
Individual Therapy	_____	_____	_____
Group Therapy	_____	_____	_____
Family Therapy	_____	_____	_____
Rehab-Individual	_____	_____	_____
Case Management	<u>refer, link, monitor, advocate, follow-up</u>	<u>up to 12 units/mo</u>	_____
Telehealth	_____	_____	_____
Other	_____	_____	_____

For Office Use Only:

TxSignPage 03.14.2025

Logged: _____ Treatment Team Verified: _____

MCD

Child and Adolescent Trauma Screen (CATS) – Youth Report

Name: _____ Date: _____ Time: _____
☐ Do not bill Start: _____
Stop: _____

Stressful or scary events happen to many people. Below is a list of stressful and scary events that sometimes happen. Mark YES if it happened to you. Mark NO if it didn't happen to you.

- | | | |
|--|------------------------------|-----------------------------|
| 1. Serious natural disaster like a flood, tornado, hurricane, earthquake, or fire. | ☐ Yes | ☐ No |
| 2. Serious accident or injury like a car/bike crash, dog bite, sports injury. | ☐ Yes | ☐ No |
| 3. Robbed by threat, force, or weapon. | ☐ Yes | ☐ No |
| 4. Slapped, punched, or beat up in your family. | ☐ Yes | ☐ No |
| 5. Slapped, punched, or beat up by someone not in your family. | ☐ Yes | ☐ No |
| 6. Seeing someone in your family get slapped, punched, or beat up. | ☐ Yes | ☐ No |
| 7. Seeing someone in the community get slapped punched or beat up. | ☐ Yes | ☐ No |
| 8. Someone older touching your private parts when they shouldn't. | ☐ Yes | ☐ No |
| 9. Someone forcing or pressuring sex, or when you couldn't say no. | ☐ Yes | ☐ No |
| 10. Someone close to you dying suddenly or violently. | ☐ Yes | ☐ No |
| 11. Attacked, stabbed, shot at or hurt badly. | ☐ Yes | ☐ No |
| 12. Seeing someone attacked, stabbed, shot at, hurt badly or killed. | ☐ Yes | ☐ No |
| 13. Stressful or scary medical procedure. | ☐ Yes | ☐ No |
| 14. Being around war. | ☐ Yes | ☐ No |
| 15. Other stressful or scary event? | ☐ Yes | ☐ No |

Describe: _____

Which one is bothering you the most now? _____

Mark 0, 1, 2 or 3 for how often the following things have bothered you in the last two weeks:

0 Never / 1 Once in a while / 2 Half the time / 3 Almost always

If you marked "YES to any stressful or scary events, then turn the page and answer the next questions.

- | | | | | |
|--|---|---|---|---|
| 1. Upsetting thoughts or pictures about what happened that pop into your head. | 0 | 1 | 2 | 3 |
| 2. Bad dreams reminding you of what happened. | 0 | 1 | 2 | 3 |
| 3. Feeling as if what happened is happening all over again. | 0 | 1 | 2 | 3 |
| 4. Feeling very upset when you are reminding of what happened. | 0 | 1 | 2 | 3 |
| 5. Strong feelings in your body when you are reminding of what happened (sweating, heart beating fast, upset stomach). | 0 | 1 | 2 | 3 |
| 6. Trying not to think about or talk about what happened. Or to not have feelings about it. | 0 | 1 | 2 | 3 |
| 7. Staying away from people, places, things, or situations that remind you of what happened. | 0 | 1 | 2 | 3 |
| 8. Not being able to remember part of what happened. | 0 | 1 | 2 | 3 |
| 9. Negative thoughts about yourself or others. Thoughts like I won't have a good life, no one can be trusted, the whole world is unsafe. | 0 | 1 | 2 | 3 |
| 10. Blaming yourself for what happened, or blaming someone else when it isn't their fault. | 0 | 1 | 2 | 3 |
| 11. Bad feelings (afraid, angry, guilty, ashamed) a lot of the time. | 0 | 1 | 2 | 3 |
| 12. Not wanting to do things you used to do. | 0 | 1 | 2 | 3 |
| 13. Not feeling close to people. | 0 | 1 | 2 | 3 |
| 14. Not being able to have good or happy feelings. | 0 | 1 | 2 | 3 |
| 15. Feeling mad. Having fits of anger and taking it out on others. | 0 | 1 | 2 | 3 |
| 16. Doing unsafe things. | 0 | 1 | 2 | 3 |
| 17. Being overly careful or on guard (checking to see who is around you). | 0 | 1 | 2 | 3 |
| 18. Being jumpy. | 0 | 1 | 2 | 3 |
| 19. Problems paying attention. | 0 | 1 | 2 | 3 |
| 20. Trouble falling or staying asleep. | 0 | 1 | 2 | 3 |

Total Score _____
Clinical = 15+

Please mark "YES" or "NO" if the problems you marked interfered with:

- | | | | | | |
|------------------------------|------------------------------|-----------------------------|-------------------------|------------------------------|-----------------------------|
| 1. Getting along with others | ☐ Yes | ☐ No | 4. Family relationships | ☐ Yes | ☐ No |
| 2. Hobbies/Fun | ☐ Yes | ☐ No | 5. General happiness | ☐ Yes | ☐ No |
| 3. School or work | ☐ Yes | ☐ No | | | |

Therapist Signature with Credentials

Date

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INTAKE/ASSESSMENT SCREENING – (Child) – BLACK INK ONLY

All areas MUST be completed – use None Reported if Not Applicable.

Date: _____ Start Time: _____ Stop Time: _____

Client Legal Name: Last: _____ First: _____ MI: _____ Maiden: _____

Preferred Name (if different from above): _____

DOB: _____ Age: _____ Legal Gender: (required for insurance) ☐ Female ☐ Male

Gender Identity: _____ Sexuality: _____ Preferred Pronouns: _____

Address: (city,St,zip) _____ County: _____

Phone #: (Primary) _____ Other: _____

Marital Status:

☐ single ☐ married ☐ divorced ☐ civil union/domestic partnership ☐ widowed ☐ Other: _____

Immediate/Urgent Needs: (including medical)

Provider of Screening and Assessment Information: ☐ Self ☐ Parent/Guardian ☐ Other: _____

Do you have a pending court date we should be aware of for OJA/DHS/Child Custody: _____

Are you currently homeless: ☐ Yes ☐ None Reported If yes, for how long: _____

Race (check all that apply): ☐ Alaska Native ☐ American Indian ☐ Asian ☐ Black or African American

☐ Pacific Islander ☐ White/Caucasian Ethnicity: ☐ Hispanic/Latino

Employment: ☐ Full time ☐ Part time ☐ Unemployed ☐ Not in work force ☐ Student

Preferred Language: _____ Other Languages Spoken: _____

Emergency Contact Information:

Name: _____ Relationship: _____

Phone #: _____ Address: (city,St,zip) _____

Type of treatment services needed/requested: *eligibility required

☐ Individual ☐ Family ☐ Psychosocial Rehabilitation* ☐ Case Management*

*Not all consumers qualify for these services

Do you currently have an IEP/504 to submit for BHRS services? ☐ Yes ☐ None Reported

Frequency of Services Desired: ☐ Once weekly ☐ Twice weekly ☐ Other

Are there any referrals to and/or collaboration with another agency? ☐ Yes ☐ None Reported

If yes, list name and telephone number: _____

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CDC Info: (Basic CDC Tab)

Annual Household Income: _____ Number of Dependents: _____

Are you currently in school? ☐ Yes ☐ None Reported

In the past 90 days of the school year, how many days was the consumer absent from school? (00-90) _____

In the past 90 days of the school year, how many days was the consumer suspended from school? (00-90) _____

In the past 90 days, how many days was the consumer not permitted to return to day care? (00-90) _____

Inpatient History: ☐ None Reported

In the past 90 days, how many days was the consumer in restrictive placement? (00-90) _____

In the last 90 days, on how many days did an incident of self-harm occur? (00-90) _____

Do you currently have a VPO in place for any reason? ☐ Yes ☐ None Reported

If yes, is it an emergency VPO? Please provide a copy to the office for our records and your safety.

Additional Details: _____

I. BEHAVIORAL: INCLUDING MENTAL HEALTH AND ADDICTIVE DISORDERS

(a) Presenting Problem(s) – including symptomology:

Do you have a history of violent behavior? ☐ Yes ☐ None Reported If yes, describe and include dates:

Have you ever attempted suicide? ☐ Yes ☐ None Reported If yes, describe and include dates:

Do you currently have thoughts of hurting yourself or others? ☐ Yes ☐ None Reported

If yes, do you have a plan? ☐ Yes ☐ None Reported ☐ N/A

If yes, what is it?

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Any risk-taking behaviors? ☐ Yes ☐ None Reported

If yes, please describe:

II. Emotional, including issues related to past or current trauma and domestic violence:

Have you ever been a victim of or witnessed emotional abuse and/or neglect? ☐ Yes ☐ None Reported

If yes, describe:

Have you ever been a victim of or witnessed domestic violence and/or other physical abuse?

☐ Yes ☐ None Reported If yes, describe:

Have you ever been a victim of or witnessed sexual assault /abuse? ☐ Yes ☐ None Reported

If yes, describe:

History of Additional Trauma:

(b) Previous Treatment History:

Previous Treatment History and/or Diagnostic History (Include diagnoses, treatment information and dates):

Mental Health:

Substance Abuse:

Domestic Violence:

SUBSTANCE USE ☐ Not Applicable Reason: _____

Do you smoke? ☐ Yes ☐ None Reported If so, how much? Do you have a desire quit? ☐ Yes ☐ None Reported

Substance	First Use	Last Use	How Often	How Much	Method

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Consequences of use:

- ☐ Problems in your life ☐ Problems in your job/school ☐ Problems in your relationships
☐ Problems with your health
☐ Convulsions ☐ Blackouts ☐ Hallucinations ☐ Shakes ☐ Nausea ☐ Overdose ☐ DT's
☐ Memory problems ☐ Legal Problems ☐ Other:

(C) Current and Past Psychotropic and Addiction Medications:

Current Medications:

Are you currently taking prescribed or over-the-counter **psychotropic or addiction** medication?

☐ Yes ☐ None Reported

If yes, list medications below:

Medication	Dosage/Frequency	Date Initiated

How have you adjusted to treatment/medication?

Past Medications:

Medication	Dosage/Frequency

(D) Family history of mental health and other addictive disorders.

Any history of alcohol/drug abuse or mental illness in family of origin? ☐ Yes ☐ None Reported

If yes, list family member(s): _____

Does significant other drink, smoke, use prescription drugs or use any other mood-altering substances?

☐ Yes ☐ None Reported ☐ N/A If yes, please describe:

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III. Physical/medical including medications:

(a) HEALTH HISTORY/CURRENT BIOMEDICAL CONDITIONS

Any current medical/health/dental problems? ☐ Yes ☐ None Reported

If yes—what is the diagnosis/problem(s)?

If applicable - What treatments are you receiving?

Do you have an advanced directive? ☐ Yes ☐ None Reported

If so, how will it impact your treatment?

Any disabilities that would affect your treatment? ☐ Yes ☐ None Reported

If yes, please describe: _____

Any allergies to medication? ☐ Yes ☐ None Reported If yes, List

(b) current and past physical health medications:

****For consumers 14 years and up***

****Do you desire assistance in accessing birth control/family planning, or other resources?***

☐ Yes ☐ None Reported

List resources requested: _____

For consumers of all ages:

Are you currently receiving hormone therapy? ☐ Yes (list below) ☐ None Reported

If yes, do you feel supported by your family/friends? _____

Current Medications:

Are you currently taking prescribed or over-the-counter ***physical health*** medication?

☐ Yes ☐ None Reported

If yes, list medications below:

Medication	Dosage/Frequency	Date Initiated

How have you adjusted to treatment/medication?

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Past Medications:

Medication

Dosage/Frequency

IV. SOCIAL AND RECREATIONAL

(a) family and other relationships:

FAMILY/MARITAL, SOCIAL HISTORY, LIVING SITUATION

With whom do you currently live?

Who have you lived with in the past?

Any significant childhood losses? Include divorce, death, and estrangement. (include ages)

(b) recovery and community support:

To whom do you currently look for support?

Do they support your entering treatment? ☐ Yes ☐ None Reported

Are you experiencing severe isolation or withdrawal from social contact? ☐ Yes ☐ None Reported

If yes, explain:

Do you feel supported by your family in regards to your identity? ☐ Yes ☐ None Reported

(c) leisure and wellness activities:

What do you currently like to do for recreation?

How have you spent your leisure time in the past?

(d) culture, including traditions and values.

Cultural Attitude/Orientation: (Values/Beliefs/Culture of Violence/Culture of Sexual abuse/Ethnic Culture/Religious Culture). ****Cannot be NONE REPORTED****

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How could your cultural orientation/practices affect treatment?

What is your religious background? ☐ _____

What are some of your favorite traditions?

V. Vocational

(a) educational attainment, difficulties, and history:

EDUCATIONAL HISTORY ☐ **Not Applicable** Reason: _____

Last year completed & Name of school: _____

Which grades, if any, did you repeat? _____

What vocational school or college have you attended? _____

List specialized training, if any _____

Do you have a desire to go to college/higher education? _____

Would you like help with pursuing higher education resources? ☐ Yes ☐ No

(b) current or previous military service including discharge status:

MILITARY HISTORY (clients 16 years +) ☐ **Not Applicable** Reason: _____

Have you ever been in the military? ☐ Yes ☐ No

If yes, what branch, dates of service, and type of discharge? _____

Did you have combat experience? ☐ Yes ☐ No

Are you currently experiencing any of the following symptoms? ☐ Nightmares/flashbacks

☐ outbursts of anger ☐ feelings of sadness or guilt ☐ intrusive memories or thoughts

(c) current and desired employment status.

OCCUPATIONAL HISTORY (clients 16 years +) ☐ **Not Applicable** Reason: _____

Employer/Job Title: _____ How long employed? _____

Other sources of income (i.e. SSI, disability, VA, retirement, child support, etc.): _____

What kinds of work are you qualified to perform? _____

CLIENT'S QUALITIES (client responses needed)

What are your strengths/abilities? (assets, resources, natural positives)

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What are your needs/liabilities? (weaknesses, what do you need to recover)

What are your abilities/interests? (skills, aptitudes, capabilities talents, competencies)

What are your preferences? (what will enhance treatment experience?)

What do you expect from this program in terms of service?

Therapist's expectations:

Diagnosis -ICD 10 DIAGNOSIS - WRITE OUT ENTIRE DIAGNOSIS – DO NOT ABBREVIATE

ICD 10 DIAGNOSIS (If using DC: 0-3, use the appropriate crosswalk and enter the appropriate ICD-10 diagnosis code and diagnosis)

PRIMARY CODE: _____ **DISORDER:** _____

SECONDARY CODE: _____ **DISORDER:** _____

TERTIARY CODE: _____ **DISORDER:** _____

Psychosocial Interpretive Summary:

(Therapist summary of biopsychosocial information – this is NOT the same as the interpretive summary for the treatment plan)

BIOPSYCHOSOCIAL ADDENDUM
CHILDREN AND ADOLESCENTS

SCHOOL HISTORY

1. Is the child currently enrolled in school? ☐ Yes ☐ No

2. Present school attending/will attend: _____ Grade: _____

3. Has the child had to repeat a grade? ☐ Yes ☐ None Reported If yes, what grade? _____

4. Does the child currently have an active IEP/504 in place at school?
☐ Yes ☐ None Reported If yes, explain: _____

5. Has the child been diagnosed with a learning disability? ☐ Yes ☐ None Reported

6. Does your child have difficulty reading? ☐ Yes ☐ None Reported

7. Does your child have difficulty writing? ☐ Yes ☐ None Reported

8. How are grades now? _____

9. Has your school performance changed? ☐ Yes ☐ None Reported If yes, explain: _____

DEVELOPMENTAL HISTORY

1. Any problems at birth? _____

2. Prenatal exposure to alcohol, tobacco, or other drugs?
☐ Yes ☐ None Reported If so, explain: _____

3. Age first walked? _____ 4. Age first talked? _____

5. Known developmental delays _____

6. Any hearing problems? ☐ Yes ☐ None Reported Has this been tested? ☐ Yes ☐ None Reported

7. Any vision problems? ☐ Yes ☐ None Reported Has this been tested? ☐ Yes ☐ None Reported

8. Do you have problems with speech? ☐ Yes ☐ None Reported

9. Have you had any speech therapy? ☐ Yes ☐ None Reported

FAMILY HISTORY/PLACEMENTS

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Current legal custody or legal guardianship (may not be the same as current physical custody):

☐ Mother ☐ Father ☐ Joint ☐ DHS Other _____

***Please provide a copy of most recent custody paperwork if there is a current divorce/custody agreement in place – can be emailed to admin@itsofok.com**

Parents'/guardians' ability/willingness to participate in services:

Parents'/guardians' strengths/abilities:

Parents'/guardians' preferences:

IMMUNIZATIONS

1. Are immunizations currently up to date? ☐ Yes ☐ No

Source of information

PEER INTERACTIONS

1. Who are your friends?

2. What do you like to do together?

3. Do any of them drink or use drugs? ☐ Yes ☐ None Reported If yes, explain:

4. Any problems with peers?

5. SUMMARY OF DEVELOPMENTAL ASSESSMENT

(Therapist summary of information provided – have milestones been met, are referrals to additional supports needed,etc)

Therapist Signature/Credentials

Date

Guardian Signature

Date

Client Signature (if over 12)

Date