

Our Team

Our team includes a psychologist, social care workers, a chef, a musician and a qualified fitness instructor. All staff are Garda Vetted, trained in manual handling, first aid, fire safety and safeguarding.

We will be working with lecturers from Gurteen College over the weekend to deliver workshops about farming topics chosen by the participants.

Our MINIMUM staff ratio for all activities is 3 participants to 1 staff member - but we adapt that based on the needs of the group. At night time there will be two staff members awake at all times.

Cost

Residential Weekend €750

Day Programme Only €375

One to one support and transport available at an additional charge - please contact us for details.

Bookings



info@social-circles.eu



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www.social-circles.eu

Farm Academy



Social Circles is Ireland's newest education and assisted short break provider for adults with intellectual disability.

We put YOU at the centre so that you can have a break away from home, learn new skills, meet new people and have fun!

The Farm Academy

We are holding a weekend Farm Academy for up to 15 adults with intellectual disability between 27th -29th October 2023 at Gurteen Agricultural College, Co. Tipperary.

This is a chance to get a break away from home, spend some time in the countryside, learn new skills, meet new people and HAVE FUN!

Accommodation

We will have exclusive use of Gurteen House and all participants will have their own bedroom with wash hand basin. Toilet and shower facilities are shared. Bed linen and towels are provided. All meals are included.

Please Note: The house has a stair case and it is important that all participants can walk up and down the stairs.

Friday

The weekend begins on Friday at 3pm and we start by settling in and meeting the staff and participants. We agree the ground rules over some afternoon tea and then meet the Principal of the Agricultural College to hear about farm safety. This is followed by 'Come Dine With Me!' where some of the group will treat everyone else to a beautiful meal. Later that evening we'll have a country music singalong - and for those who might like a quieter evening, there is an option to watch a movie.

Saturday

On Saturday morning, we start with a hearty breakfast and attend our first practical session on the farm. This is followed by 5 a side soccer / badminton / zumba depending on what people enjoy. We then head for a picnic lunch and after that attend the second of the practical farm sessions. Then we do some relaxation and mindfulness and start to prepare for the evening BBQ. This is followed by a disco and for those who don't fancy that, there are other options including a movie, or board games.

Sunday

After a leisurely Sunday morning breakfast, we complete the portfolios for our Lifeskills Challenge, spend some time on the tractor simulator and have lunch together. At 2pm we commence our award ceremony and all head home at 3pm - hopefully exhausted and looking forward to the next time!

- Our weekends are smoke / vape / alcohol and drug free
- We do not administer medication but we can remind you to take it
- The weekend is suitable for adults over 18 with mild - moderate intellectual disability who can use the stairs safely
- In advance of the weekend, we meet with every participant (and their family or support worker if needed) via Zoom to get an understanding of your goals for the weekend, agree your ASDAN Lifeskills Challenge and find out what support you will need to get the most out of the weekend away.
- Facilities on site include pool tables, SMART TV, computers, tractor simulator and gym.