



## PHYSICAL EXAMINATION

PLEASE PRINT

To be completed by certified and licensed physicians (MD, DO),  
nurse practitioners, or physician's assistants.

A current school or sports physical may substitute, if done during  
the current school year. Photocopy must be included in YMRB.

### YOUNG MARINE INFORMATION

Last Name	First Name	Middle Initial	Date of Birth (MM/DD/YYYY)
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**!** You are being asked to certify that this individual has no contraindication for participation in the Young Marines program.  
Please fill in the following information: **!**

### VITALS

Height	Weight	Blood Pressure	Pulse
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### EXAMINATION

	Normal	Abnormal	Explain Abnormalities
Eyes/Vision			
Ears/Nose/Throat			
Lungs			
Heart			
Abdomen			
Hernia			
Musculoskeletal			
Neurological			
Other			

### RESTRICTIONS

Provide additional remarks or instructions if participation in the Young Marines is conditional due to any medical conditions not provided in the remarks above.


### EXAMINER'S CERTIFICATION

I certify that I have reviewed the health history and examined the person identified above and find no contraindications for participating in the Young Marines program. This participant (with noted restrictions):

	True	False	Explain
Does not have uncontrolled heart disease, asthma, seizures, or hypertension.			
Has no uncontrolled psychiatric disorders.			
Does not have poorly controlled diabetes.			

Examiner's Signature	Date of Exam	<b>VALID ONLY WITH PHYSICIAN'S STAMP</b>	
Print Examiner's Name	Title		
Office Address	Suite		
City	State		Zip
Office Telephone Number			