



# Vida

# FREE SPORTS PHYSICALS

**SCHEDULE ANY TIME. AVAILABLE ALL YEAR.**

Get ready for your 2024-25 sports season! Vida Medical Clinic in Appleton and Fond du Lac is offering *free sports physicals for student athletes* throughout the summer and school year.

A sports physical includes a medical history and physical exam. Vida's licensed nurse practitioner will administer the free sports physicals for student athletes. A sports physical helps ensure the health, wellbeing, and safety of an individual before participating in a sport. Student athletes from any school or school district are welcome!

Please bring your completed, school-required paperwork, including the completed and signed WIAA sports physical form, to your scheduled appointment. A parent or legal guardian must accompany the athlete during the sports physical.

Learn more and schedule at [www.vidamedicalclinic.org/sports-physicals](http://www.vidamedicalclinic.org/sports-physicals).



To schedule, call Vida at 920-731-4354 or visit  
[www.vidamedicalclinic.org/request-an-appointment](http://www.vidamedicalclinic.org/request-an-appointment)