



ALL DAY BREAKFAST

CAP'N CRUNCH FRENCH TOAST \$12

topped with real captain crunch cereal, served with berries, maple syrup and powdered sugar

BREAKFAST EGG SANDWICH \$9

scrambled or fried egg, white cheddar cheese on brioche bun *Add bacon +2 avocado +2 on bagel or croissant +2*

HAM AND CHEESE CROISSANT \$9

turkey ham, cheddar cheese, melted on a croissant *Add bacon +2 avocado +2*

WARM ORGANIC OATMEAL \$ 8

Served hot with maple syrup
add fresh berries +2 banana +1

BELGIAN WAFFLE \$8

maple syrup & whipped butter
add fresh berries +2 banana +1 Nutella +2 chocolate chip / whipped cream +1

BREAKFAST BURRITO \$9.50

scrambled egg, bacon, cherry tomato, fresh avocado, cheddar cheese on spinach tortilla or *GLUTEN FREE* tortilla +1

The New Yorker Bagel Lox - smoked salmon, cream cheese, tomato, pickled cucumber, onion, capers \$13 *Add a fried or poached egg +2*

The Vegetarian Bagel - cream cheese, tomato, cucumber, onion, capers, fresh avocado \$9

BAGELS \$2.75

plain, sesame, everything or wheat
Add cream cheese or strawberry jam +1
Add egg + 2 / avocado +2 / cheddar cheese +1.5

NUTELLA & STRAWBERRY CROISSANT \$8.5

Served warm with fresh strawberries

SANDWICHES & TOASTS

HOT TUNA MELT SANDWICH \$12

melted cheddar cheese, onions, black pepper on whole wheat

BLT \$10.5

bacon, spring mix, tomato, aioli mayo on french white *Add avocado +2*

CUBAN STYLE SANDWICH \$12

roasted pork, cheddar cheese, turkey ham, pickles, mustard, mayo on ciabatta

TURKEY BREAST HAM & CRANBERRY PEAR AND BRIE SANDWICH \$12

on whole wheat

ROASTED BUTTERNUT SQUASH & GOAT CHEESE TOAST \$9

on three pain levain toasts, drizzled with balsamic glaze

SMASHED AVOCADO TOAST \$12

fresh chopped avocado & marinated onions, cherry tomato on pain levain
add fried, poached or scrambled egg +2

PEAR WALNUT AND BRIE TOAST \$9

three pain levain toasts, fresh pears drizzled with honey

KENSINGTON GRILLED CHEESE \$9

white cheddar cheese, pear chutney on french white drizzled with truffle oil

CLASSIC GRILLED CHEESE \$8

white cheddar cheese, on french white sliced
Add tomato slice + .75 bacon +2 avocado +2

BEYOND VEGGIE BURGER \$12

spring mix, tomato, cheddar cheese, pickles, onion, aioli mayo on brioche bun *Add bacon+2 avocado +2*

SALADS & SOUPS

POACHED PEAR WALNUT SALAD \$12 *GLUTEN FREE*

spring mix, fresh poached pear, shaved parmesan, walnuts and dried cranberries with citrus dressing
Add bacon +2 tuna salad +2.50

ROASTED BUTTERNUT SQUASH & GOAT CHEESE SALAD \$12 *GLUTEN FREE*

fresh spinach, goat cheese, cherry tomato, radish with balsamic dressing
Add bacon +2 tuna salad +2.50

HOT SOUP OF THE DAY \$5.5 add ½ grilled cheese +5

SNACKS, DESSERTS AND SWEETS

DEATH BY CHOCOLATE BROWNIE \$3.5 *GLUTEN FREE*

TRUFFLE POPCORN \$8 *GLUTEN FREE* topped with shaved parmesan cheese

HOMEMADE WARM BREAD PUDDING \$5 - ask for current selection

BELGIAN GELATO WAFFLE \$12 – Belgian waffle topped with scoop of gelato of choice!



ESPRESSO & DRIP (HOT OR ICED)

COUNTER CULTURE DRIP COFFEE

Hot-\$2.5 Iced \$2.6

COLD BREW \$3.2

ESPRESSO \$2.9

MACCHIATO \$3.1

CUBAN CORTADO \$3.9

LATTE

Hot-\$3.5 Iced \$3.75

LAVENDER LATTE \$4.5

CAPPUCCINO \$3.5

FLATWHITE \$3.5

CHAI \$3.5

DIRTY CHAI \$4

SALTED CARAMEL LATTE \$4.5

MOCHA \$3.9

AMERICANO \$2.9

MATCHA LATTE \$4.5

HOT CHOCOLATE \$3.9

CAFÉ CON LECHE (Au Lait) \$4.5

MAPLE BOURBON LATTE \$4.5 (sugar free)

LONDON FOG LATTE \$4.5

CINNAMON TOAST CRUNCH LATTE \$4.5

GINGERBREAD LATTE \$4.5

SNICKERDOODLE LATTE \$4.5

BLENDED COLD DRINKS & SMOOTHIES

BLENDED CAPPUCCINO \$5

BLENDED MOCHA \$5

BLENDED CHAI \$5

BLENDED DIRTY CHAI \$5.25

STRAWBERRY BANANA SMOOTHIE \$6.50

GREEN GODDESS SMOOTHIE \$6.50
fresh spinach, banana, apple

NUTELLA BANANA SMOOTHIE \$7

SPECIALTY DRINKS

MILKSHAKES \$6.5-7

VANILLA, CHOCOLATE, STRAWBERRY, OREOS OR ESPRESSO

AFFOGATO (GELATO + ESPRESSO) \$6

MATCHA AFFOGATO (GELATO + MATCHA TEA) \$6

OTHER BEVERAGES

JUICES \$3-3.5

Apple, orange juice, or lemonade

COKE \$2.75

Diet, Coke Zero, regular

ICED TEA \$3

Black or Green

HOT TEA \$3.25

Black Early Grey, Persian Nectar or Green Fiji
Chamomile Lavender or Peppermint (Decaf)



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DISCLAIMER: Please be advice that food prepared here may contain: milk, eggs, wheat, soybeans, peanuts, tree nuts and fish. Let our staff know in advance of any food allergens. A 3% processing fee applies to credit cards.