Healthy Haven Counseling 2905 N. Prince St. Ste H Clovis, NM 88101

Ph. 888-374-4460; fax 575-742-5328

PAYMENT OPTIONS

Self-Pay:

Self-Pay options include payment by all major credit cards, cash, money orders, and verified personal checks. Fees for services are well below the average reimbursable insurance rates. Prices range from \$40-\$150 depending on service. After the Free initial consultation, each session ongoing is \$80 (*An average session is usually 50 min in length*). Shorter or longer sessions are available and can be discussed during initial consultation. Coaching services are offered starting at \$50/hr. Assessments/Evaluations needed for Referral Programs; Court-ordered; and/or Eligibility requirements (ie Social Security, Disability, etc.) are charged a separate fee ranging from \$120-\$150.

Referral Programs:

Employee Assistance Programs

EAP programs are a referral program. Check with your Employer HR to find out if you are eligible under an EAP Referral Program. If you do not see your program listed below, please contact me and I can start the process of getting credentialed with your EAP.

- The Solutions Group
- Health Advocates
- H&H Health Associates

Other Referral Programs:

HelpNet LLC is a referral program that connects individuals experiencing brain injury to people who can help them. HelpNet does this by offering its services to the Brain Injury Program ("the Program") in New Mexico. I am contracted to provide coaching/counseling services.

For more information and referral process, click the link below: https://www.hsd.state.nm.us/LookingForInformation/overview-1.aspx

Open Path Psychotherapy Collective is a non-profit nationwide network of mental health professionals dedicated to providing in-office mental health care—at a steeply reduced rate—to individuals, couples, children, and families in need.

For more information and referral process click the link below: https://openpathcollective.org/open-path-staff/

Veteran's Community Care Program- Key aspects of community care eligibility is noted below:

- 1. Veterans must receive approval from VA prior to obtaining care from a community provider in most circumstances.
- 2. Veterans must either be enrolled in VA health care or be eligible for VA care without needing to enroll to be eligible for community care.
- 3. Eligibility for community care will continue to be dependent upon a Veteran's individual health care needs or circumstances.
- 4. VA staff members generally make all eligibility determinations.
- 5. Veterans will usually have the option to receive care at a VA medical facility regardless of their eligibility for community care.

For more information. Click on link below: https://www.va.gov/COMMUNITYCARE/docs/pubfiles/factsheets/VA-FS_CC-Eligibility.pdf#

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HSA/FSA:

Health Savings Account

A health savings account is a tax-advantaged medical savings account available to taxpayers in the United States who are enrolled in a high-deductible health plan. The funds contributed to an account are not subject to federal income tax at the time of deposit. (Ask your employer about FSA and eligibility)

Flexible Savings Account

A flexible spending account, also known as a flexible spending arrangement, is one of a number of tax-advantaged financial accounts, resulting in payroll tax savings. A flexible Savings account is an arrangement through your employer that lets you pay for many out-of-pocket medical expenses with tax-free dollars. Allowed expenses include insurance copayments and deductibles, qualified prescription drugs, insulin, and medical devices. You decide how much to put in an FSA, up to a limit set by your employer. You aren't taxed on this money. (*Ask your employer about FSA and eligibility*)

Fees & Insurance Plans

Although, I do not currently participate in any managed care provider programs, I have attempted to keep my fees/rates affordable. I will provide necessary invoices or receipts for services if you would like to file out of network reimbursement claims to your insurance provider. If you are unable to pay the Fees/Rates listed, please feel free to discuss this during your introductory session or send me a message.

FEES/RATES ARE SUBJECT TO CHANGE BASED ON PERIODIC RATE STUDY ADJUSTMENTS. QUESTIONS? PLEASE CONTACT ME FOR FURTHER INFORMATION