PHOTO 12a. You really need to watch all directions at traffic circles, including behind you. Cars can and will be coming at you from all directions. If there are cars, you can either wait for them all to pass (including those behind) or use the cross walks. Notice at there are NO bike lanes at this and many other traffic circles.



PHOTO 12b. Shows how San Francisco has solved the traffic circle dilemma, they added a STOP sign to each entrance making it safer for everyone, but, defeating the whole purpose of the traffic circle in the first place. I'm waiting for San Francisco to also add much needed stop signs at the exits as well.





PHOTO 13a. So, what do you think is wrong with this picture? Several years ago, there were several cyclists (San Diego State University students returning to school) hit in this transition area where the cars go from the left lane to the right lane and the cyclists need to go from the right lane to the left lane (See PHOTO 13b). A 'GREEN zone' was added which, as you can hasn't made much of a difference since cars and trucks use the 'right turn only' lane AND the bicycle lane as a single EXTRA-WIDE lane.

In other words, even though there are clearly marked bike lanes, most cars don't respect them. So, be careful in these 'transition' areas.





PHOTO 13b is an overhead view of PHOTO 13a. This is a bizarre design that still causes problems. **PHOTO 13b** 



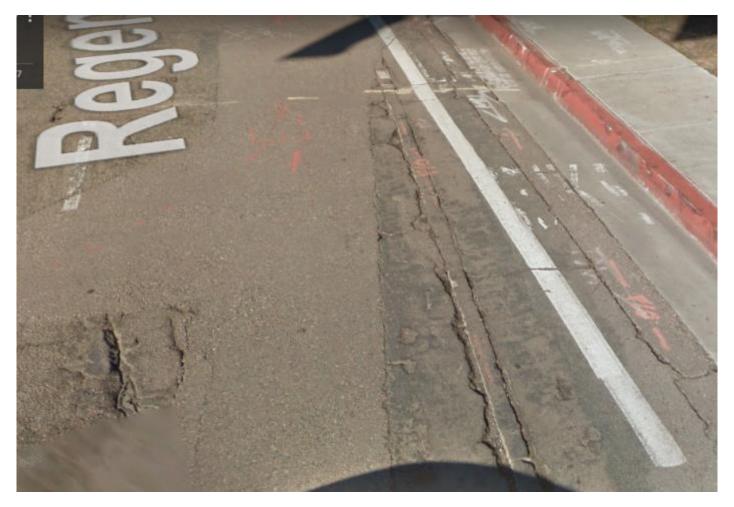
The next series of photos show, in my opinion, the worst road in San Diego. The problem is that this section of road is part of a LARGE Saturday group ride. For those that have ever done the San Diego Bicycle Club (SDBC) ride, up to 500 cyclists will do this ride on any given Saturday in summer. There are so many cyclists that SDBC has organized this ride into different groups, A, B, C, D1, D2, D3, D4. This ride is a very well-organized ride with a safety talk immediately prior to the departing A group. Every club ride should follow the SDBC example of how a ride should be organized.

Back to Regents Rd. For those that do this ride, they will know exactly which area this is. Regents road is so rough, so full of pot holes and other dangers obstacles that 3-4 cyclists lose their water bottles on this section of road.

See if you can pick out the dangers in this 'Worst maintained street in San Diego'.



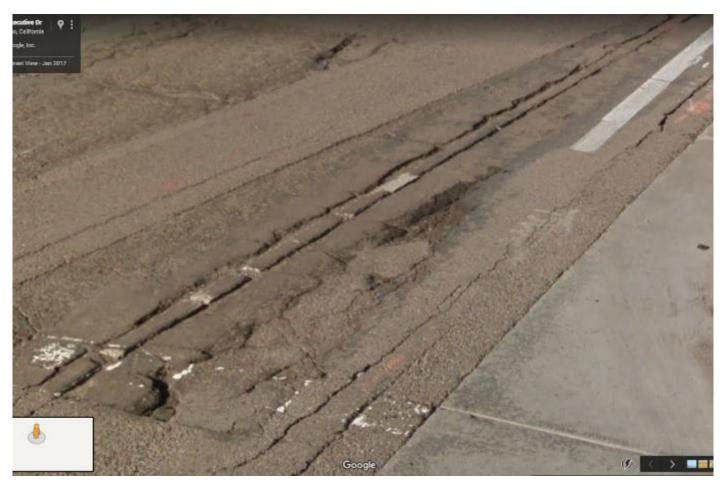




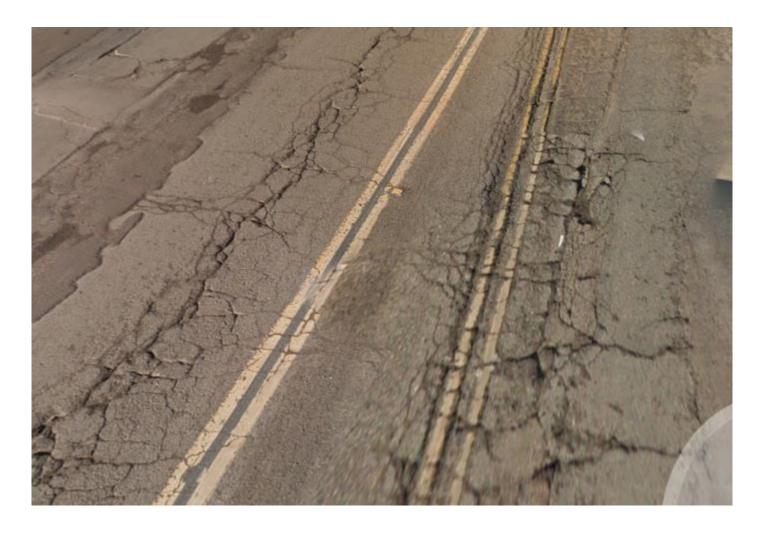


















And yes, this is actually part of the Saturday group ride!

## PART 3. TOP 5 DO'S WHEN RIDING IN A GROUP + BONUS DO

In part 1 we discussed ...

7.Paceline

8. Single file – 3 foot rule, community relations

9. Right to the right -3 foot rule

10.No unexpected moves

11.Stay on your side of the road

12.No unexpected speed changes

13.No quick hard braking

14.Usac bike handling skills

Doing a group ride this weekend, I noticed some very bad decisions, riding styles and things NOT to do when riding in a group. Most of these I saw were on the part of less experienced riders coming the other way. These are especially dangerous behaviors when you are trapped within a bike trail."

