

## Notre Dame Catholic School Student Athlete Contract

In an effort to lessen the disparity between our team ideals and individual behavior, and to personalize these ideals in our athletic experience, the Notre Dame Catholic School Athletic Program adopts the following basic expectations of its members:

- 1. I will respect and abide by all school rules, regulations, and policies.
- 2. I will respect the dignity of all persons; therefore, I will not physically, mentally, or psychologically abuse or bully any person.
- 3. I will neither use nor support the use of illegal drugs, alcohol, or the smoking of any substance.
- 4. I will be in school on time every morning and I know I must be present in school to be eligible to practice or participate in a contest.
- 5. I will exhibit good sportsmanship on and off the field of play.
- 6. I will comply with instructions from all coaches and teachers immediately.
- 7. I will have a physical on file before participating in sporting events.
- 8. I will respect the property of others; therefore, I will neither abuse nor tolerate the abuse of property.
- 9. I will use language that is socially acceptable. Profanity, vulgar talk and obscene gestures will not be tolerated.
- 10. I will cooperate with teammates, coaches, and officials.
- 11. I will be on time for practice and team scheduled events.
- 12. I will strive for academic excellence and therefore; I will do my homework, go for extra help when needed, and do whatever it takes to strengthen my school experience.

I,	have read and understand this athletic contract. I
know if any rules are broken; the	e coach/principal has the right to take appropriate actions
including the possibility of suspe	ending/removing me from the team.
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Student Signature	Date
*	athletic team, I have read and understand the above ries and will help my son/daughter maintain these
Parent Signature	Date

