

PMU AFTER CARE

YOUR COLOR RETENTION DEPENDS ON YOUR COMPLIANCE WITH THESE INSTRUCTIONS.
DO NOT DEVIATE FROM THESE INSTRUCTIONS

No cleansers, creams, make-up or any other products other than that given to you on the area for at least 10 days. No chemicals, vitamin A creams or exfoliants anywhere near the treated area until healed. No direct sun exposure until healed 21-30 days.

BROWS ONLY: Beginning three hours post procedure, wash the area with a gentle cleanser. Blot the area with a paper towel to remove any excess blood, lymph and ink. Continue carefully washing the brow area twice a day (morning and night) for 10 days. Apply a thin layer of grape seed oil or ointment given directly after. NO make up on brows for 7-10 days. No tinting of brows for 14-21 days following procedure.

LIPS ONLY: Apply petroleum jelly daily as needed. NOTHING ELSE! No lipstick, lip gloss or chap stick for 10 days.

EYES ONLY: Wash face as normal with a gentle cleanser for the first 7-10 days. Apply grape seed oil as needed when your liner gets cakey or crackled. No make up remover wipes, eyeliner, waterproof mascara or dirty brushes near the area for 7-10 days. Mascara may be worn but only if it's a new tube that contains no bacteria.

- DO NOT OVER APPLY OINTMENT OR GRAPE SEED OIL ON BROWS OR EYES! MORE IS NOT BETTER.
- DO NOT pick or scratch the area. Let any scabbing or dryness exfoliate naturally. Picking will cause loss of pigment and scarring.
- Avoid direct sun exposure for 3-4 weeks after procedure.
- Avoid excessive sweating for 24 hours.
- Avoid sleeping on your face for the first 10 days.

Your new semi-permanent make up will go through several phases during the healing cycle. The entire healing process can take 14 to 21 days. Itching and flaking may appear during the first 7 days post procedure.

- The pigment will appear very sharp and dark immediately after and for several days after the procedure. This is because the pigment is still sitting on the top of the skin and has not yet settled in completely. The color of the pigment will soften gradually.
- Do not be alarmed if you see pigment while applying your aftercare balm, as this is excess pigment and/or body fluid that is naturally exiting your skin.
- Once the healing of the skin starts taking place, it will look like dandruff flakes or dry skin/crust. This might give you the impression that the color pigment is fading too quickly, however, this is just the superficial color and dry skin being naturally removed from your skin.
- Once totally healed, always apply a layer of sunscreen of at least SPF 30 when they are exposed to any type of sun. Sun expose cases the pigment to fade more quickly.

Make sure your touch up is scheduled 4-6 weeks after your first initial procedure. It is imperative that one if not two touch ups be performed to finalize your procedure. The number of required touch ups will vary from person to person depending on but not limited to lifestyle, medications, illness, skin conditions and age. You can expect to need touch ups for Powder Brows every 12-18 months, Lash Enhancement 12-18 months, Eyeliner 1-2 years and Lips 1-2 years. Of course these are just guidelines and every person accepts and retains color very differently based on reasons stated above.

Please Call/Text me at (208) 369-6408 with any questions or concerns. Feel free to text progress photos, I love to know how things are looking!