

PMU PRE-TREATMENT

YOUR COLOR RETENTION AND COMFORT DEPENDS ON YOUR COMPLIANCE WITH THESE INSTRUCTIONS.

Do not schedule a procedure prior to major events, such as a vacation, wedding, photos, important social outings, etc. Be advised at least one touch up is required 4-6 week after initial application. Plan all activities accordingly to avoid having to prolong your touch up. In the event that your initial touch up application exceeds 12 weeks, you will be required to pay the touch up application price and an additional touch up after will be required, since it will be like starting over.

- If you are planning an eyeliner procedure and use contact lenses, please wear or bring your eye glasses to all appointments.
- For eyeliner/lash enhancement procedures please remove lash extensions at least one week prior to appointment. It is recommended to keep them off until after your initial touch up.
- If you are planning a lip color procedure and have ever experienced a cold sore, it is recommended you obtain a prescribed anti-viral medication (Valtrex). The medication must be taken two days prior to the procedure.
- If you become sick with anything viral or bacterial you will be required to reschedule your appointment.
- It is necessary to be off of Accutane for one year, prior to all procedures. It is necessary to be off any exfoliating products for 7 days prior to treatment.
- Try to avoid aspirin products for 7 days prior to all procedures unless medically necessary. Tylenol and Ibuprofen must be avoided for 48 hours prior to procedure.
- Avoid alcohol 24-48 hours before all procedures.
- Avoid caffeine the day of procedure.
- Avoid planning your procedure during or directly before your menstrual cycle as you will be more sensitive.