

## Nicole Eskins

### Blytheville Community Liaison

Nicole is a resident of Blytheville Arkansas and an alumnus of Blytheville High School. She brings experience in mental health and home healthcare. She was a licensed cosmetologist for 21 years and through her journey she found herself being a mentor for the community of Blytheville. Nicole became a Mental Health First Aid instructor in August 2019, and a Certified Life Coach in 2021. She is the founder of Daddy's Diamond nonprofit organization.

Nicole's career speaks to her passion for improving her community. She hosts a number of speaking engagements and works rigorously to inspire the youth in her community.

When asked what she is looking forward to about this program, her response was simple; "I didn't realize where you live plays a vital role in your health and so I want to help others to understand how important it is to take care of their health."

