# Sing, Play, Say

*Confidence through singing*

1:1 sessions · Ages 3+ · Louth studio or home visits

Some children find their voice easily. Others need a little more time, space and encouragement. **Sing, Play, Say** is a gentle one-to-one session for little ones, and for any child who finds speaking up, joining in or expressing themselves a bit harder than others.

It isn't a technique class, and there's no performing or pressure. It's a warm, playful space where your child can enjoy using their voice, at their own pace.

## What we do together

### S Songs & rhymes

Familiar tunes and new favourites to sing and join in with

### R Rhythm games

Clapping, tapping and drumming to feel the beat of words

### B Breath & voice play

Bubbles, sounds and silly voices to explore what voices can do

### L Listening & turns

Call-and-response games that build listening and turn-taking

### M Movement & expression

Actions, stories and play that help feelings find words

## Who it's for

- Children aged 3 and up who are shy, quiet or nervous in groups
- Children who are building their speech, language and communication skills
- Children who light up around music and love to move and make noise
- Families looking for something creative alongside support their child already receives

**Made for little attention spans.** Each 30-minute session is built from short, playful activities, bookended by a hello song and a goodbye song, so children always know what to expect.

# How it works

### 1 First session

A relaxed 45-minute session with you and your child. We play, sing, chat and agree a few gentle goals together.

### 2 Regular sessions

30-minute 1:1 sessions, booked as you go or in a block of 5. You choose dates that suit you, no fixed weekly slot.

### 3 Keeping in touch

Short notes on what we've worked on, so you can carry the songs and games on at home.

### Working alongside speech and language therapy

Sing, Play, Say is not therapy and isn't a replacement for speech and language therapy. If your child is working with a therapist, I'm very happy to work alongside them, with your permission, so our sessions support what they're already doing.

## Prices

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| **First session**<br>45 minutes, with parent chat and goal-setting | **£40** |
| **Studio session**<br>30 minutes, Louth studio | **£35** |
| **Home visit**<br>30 minutes, in your home (see radius) | **£45** |
| **Block of 5: studio**<br>Works out at £30 a session | **£150** |
| **Block of 5: home**<br>Works out at £40 a session | **£200** |

## Good to know

- **Consistency is key.** Block sessions should be no more than 2 weeks apart.
- **Flexible booking.** No fixed day or time, we book each session together.
- **Home visits** are available within 3 miles of Louth town centre.
- **Grown-ups are welcome** to stay for every session.
- Brief notes for your child's therapist are included with block bookings.

## About Sharon

Sharon Sexton is a qualified singing teacher and tutor at Voice College London, a Vocal Habilitation Professional, and holds vocal health certification through Vocal Health Education UK. Alongside a long career on the West End stage, she has extensive experience with young children in nursery and primary settings, including work as a special needs assistant and substitute teacher, and as Head of Drama and Head of Voice at a London theatre school.

**Your child's safety comes first.** Sharon holds an enhanced DBS certificate, is fully insured, and works to a written safeguarding policy, available on request.

Book your first session

scienceofsinging.co.uk/book-here
Studio: Fairfield Industrial Estate, Louth

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